

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations

This report looks at the following areas:

- COVID-19 offers opportunity to promote flavour exploration and can be a source of comfort.
- In-home meal preparation will continue to experience a higher degree of importance versus foodservice, which elevates its position in exposing Canadians to 'new' flavours and ingredients.
- Age, gender and one's background impact Canadians' view of flavour and ingredients in different ways.
- Canadians clearly have a sweet tooth, but this does not exclude the importance of a variety of flavours.

The majority of Canadians are open to trying new flavours and ingredients. This Report quantitatively demonstrates the share of Canadians who are most interested in exploring new flavours and ingredients, the occasions at which Canadians say they are most likely to try new flavours and ingredients, how they learn about such, what flavours are most appealing to Canadians, what's most important when selecting ingredients to cook with at home and general attitudes in this space. The aim of this Report is to provide readers with an overview of what flavours appeal to Canadians and quantitatively demonstrate what matters to Canadians when it comes to these ingredients to inform marketing and product development initiatives.



"Canadians' demands of flavours and ingredients are complex. While many show a clear openness to trying new options, there's also a strong pull to familiarity that can also bring comfort."

Joel Gregoire, Associate
 Director for Food & Drink

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
America	s +1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



Table of Contents

OVERVIEW

- What you need to know
- · Key issues covered in this Report
- Definition

EXECUTIVE SUMMARY

- Top takeaways
- Most Canadians are open to new flavours
 Figure 1: Openness to trying new flavours, June 2020
- · Canadians look to blend 'the new' and 'the familiar'
- · Canadians have a sweet tooth

Figure 2: Flavours that are most appealing (top three), June 2020

Canadians look to restaurants to be exposed to flavour innovation

Figure 3: Where consumers typically learn about new flavours and ingredients, June 2020

- Chinese Canadians and South Asians exhibit different flavour preferences
- Impact of COVID-19 on flavours and ingredients

Figure 4: Short, medium and longer-term impact of COVID-19 on flavours and ingredients, September 2020

- Opportunities and challenges
- Familiar flavours can soothe the soul
- Immunity-boosting ingredients hold during pandemic
- Recessionary conditions adversely impact foodservice but support in-home cooking
- Pantry-loading takes on greater importance as COVID-19 wears on
- Technology and food entertain during difficult times
- Pandemic or no pandemic, ease still matters
- Internationally inspired foods can be positioned as a proxy for travel

THE MARKET - KEY TAKEAWAYS

- COVID-19 leads to more in-home cooking, and the potential for more exploration in the kitchen
- Asia is the primary source of immigration to Canada
- Opportunity to promote less commonly eaten international cuisines in Canada
- Brand partnerships between in and out of home can bring excitement

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



MARKET FACTORS

 The role of new flavours and ingredients evolves with the pandemic

Figure 5: Short, medium and longer-term impact of COVID-19 on flavours and ingredients, September 2020

- COVID-19: Canada context
- COVID-19 leads to more in-home cooking, and the potential for more exploration in the kitchen
- · Immigration is fuelling Canada's population growth...

Figure 6: Percentage of Canadians who are visible minorities or not visible minorities, by age, 2016

...and Asia is the primary source

Figure 7: Distribution of immigrants living in Canada, by region of birth, 1996-2036

· Travel opens Canadians up to new flavour ideas

Figure 8: Visit by Canadians to overseas countries (000s), 2018

MARKET OPPORTUNITIES

Opportunity to promote less commonly eaten international cuisines in Canada

Figure 9: Types of internationally inspired foods consumers have eaten and show interest in trying, July 2019

- Looking close to home can inspire flavours and ingredient ideas
- The potato chip aisle serves as a source of inspiration

Figure 10: Private Selection Pimento Cheese & Harissa

Naturally Flavored Ripple-Cut Chips (US), April 2018 Figure 11: Kroger Kettle Cooked Cuban Style Sandwich

Flavored Potato Chips (US), May 2019

Figure 12: Lay's Grilled Cheese and Tomato Soup Flavored Chips (US), December 2019

Figure 13: Lay's Chalet Sauce Flavoured Potato Chips (Canada), December 2016

- Brand partnerships between in and out of home can bring excitement
- Occasion-specific flavours can spice things up in the COVID-19 era

Figure 14: Hellmann's Big Night In Kebab Tzatziki Sauce (UK), June 2020

Hemp – the next functional ingredient to watch
 Figure 15: Bean Supreme Hemp Burgers (New Zealand),
 August 2020

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

Report Price: £3695 | \$4995 | €4400

10 por 1 1100. 20070 | \$4770 | \$4400



The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

Figure 16: Bon Vivant Coffee & Chocolate Hemp Bar (Canada), September 2020

- Ingredient makers play a role in caring for the planet
 Figure 17: Annie's Homegrown Honey Bunny Grahams (US),
 April 2018
- 'Nodogoshi' is this the next 'comfort food' sensation?

THE CONSUMER - KEY TAKEAWAYS

- The vast majority of Canadians try new flavours
- Restaurants, online and TV represent the trifecta of flavour inspiration
- Canadians have a sweet tooth
- Nutrition matters most when choosing what ingredients to cook with
- Flavour exploration grounded in familiarity resonates

OPENNESS TO NEW FLAVOURS

- The vast majority of Canadians try new flavours
 Figure 18: Openness to trying new flavours, June 2020
 - Figure 19: Openness to trying new flavours, by age, June 2020
- Parents of young children show greater enthusiasm for trying new flavours

Figure 20: Going out of one's way to try new flavours, parents of children aged 5 and under vs overall, June 2020

WHEN AND WHERE CANADIANS TRY NEW FLAVOURS

- The vast majority of Canadians try new flavours
 - Figure 21: Where consumers like to try new flavours, June 2020 Figure 22: Consumers who like to try new flavours and ingredients when cooking at home, by gender, June 2020
- Parents of young children show greater enthusiasm for trying new flavours

Figure 23: Consumers who like to try new flavours and ingredients when cooking at home and when eating out, by household income, June 2020

Figure 24: Chefs' Menu Thai Coconut Chicken Meal Kit (Canada), January 2019

 As the day progresses, Canadians' willingness to try new flavours and ingredients grows

Figure 25: When consumers like to try new flavours and ingredients, June 2020

Figure 26: Consumers who like to try new flavours and ingredients in snacks, by region, June 2020

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

	Visit	store.mintel.com
	EMEA	+44 (0) 20 7606 4533
	Brazil	0800 095 9094
	Americas	+1 (312) 943 5250
	China	+86 (21) 6032 7300
	APAC	+61 (0) 2 8284 8100

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



Figure 27: Consumers who like to try new flavours and

ingredients, by occasion, South Asians vs overall, June 2020

WHERE CANADIANS GET NEW FLAVOUR/INGREDIENT IDEAS FROM

Restaurants, online and TV represent the trifecta of flavour inspiration

Figure 28: Where consumers typically learn about new flavours and ingredients, June 2020

 Women are more likely to read about new flavours/ ingredients

Figure 29: Where consumers typically learn about new flavours and ingredients (select), by gender, June 2020 Figure 30: The PERFECT Chocolate Chip Cookie Recipe – Baking Basics, May 16, 2020

Figure 31: Where consumers typically learn about new flavours and ingredients – women, by age, June 2020

 Canadians with higher incomes view travel as a source of culinary education

Figure 32: Learning about new flavours and ingredients at restaurants and when travelling, by household income <\$70K vs >\$70K, June 2020

Figure 33: Statements related to travel as a means for discovery and paying for quality ingredients, June 2020

Meal kits are a source of education for the young and affluent

Figure 34: Consumers who typically learn about new flavours and ingredients through meal kits, by age, June 2020

FLAVOURS THAT PROVE MOST (AND LEAST) APPEALING

Canadians have a sweet tooth

Figure 35: Flavours that are most appealing (top three combined), June 2020

Figure 36: Flavours that are most appealing (top three broken out), June 2020

Flavour preferences differ by gender...

Figure 37: Flavours that are most appealing (top three combined), by gender, June 2020

...by background...

Figure 38: Flavours that are most appealing (top three combined), Chinese Canadians and South Asians vs overall, June 2020

...and by region

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

Report Price: £3695 | \$4995 | €4400



The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

Figure 39: Flavours that are most appealing (top three combined), by region, June 2020

IMPORTANT CONSIDERATIONS WHEN CHOOSING INGREDIENTS

Nutrition matters most when choosing what ingredients to cook with

Figure 40: What matter most when selecting ingredients to cook with (top three combined), June 2020

Figure 41: What matter most when selecting ingredients to cook with (top three broken out), June 2020

 Nutrition matters more to women when choosing what ingredients to cook with

Figure 42: What matter most when selecting ingredients to cook with (top three combined), by gender, June 2020

 Age, background and region impact what matter to consumers when choosing ingredients to cook with

Figure 43: What matter most when selecting ingredients to cook with (top three combined), 18-44s vs over-45s, June 2020

Figure 44: What matter most when selecting ingredients to cook with (top three overall), Chinese Canadians and South Asians vs overall, June 2020

Figure 45: What matter most when selecting ingredients to cook with (top three combined), Quebec vs overall, June 2020

ATTITUDES TOWARDS FLAVOURS AND INGREDIENTS

 Most Canadians are open to more flavours because more flavours are available

Figure 46: Statements about exploring new flavours and ingredients, June 2020

Figure 47: Statements about exploring new flavours and ingredients (% agree), Chinese Canadians and South Asians vs overall population, June 2020

Figure 48: Statements about exploring new flavours and ingredients (% agree), 18-44s vs over-45s, June 2020

Flavour exploration grounded in familiarity resonates

Figure 49: Statements about familiarity in flavours and ingredients, June 2020

Figure 50: Statements about familiarity in flavours and ingredients (% agree), by gender, June 2020

Providing 'help' is key to encouraging flavour exploration

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
Americas China	+1 (312) 943 5250 +86 (21) 6032 7300

Report Price: £3695 | \$4995 | €4400



The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

Figure 51: Statements about expertise in flavours and ingredients, June 2020

Figure 52: Statements about expertise in flavours and ingredients (% agree), by age, June 2020

Figure 53: Statements about expertise in flavours and ingredients (% agree), Chinese Canadians and South Asians vs overall, June 2020

Figure 54: "I'm more likely to try new flavours/ingredients if they're prepared for me" (% agree), Quebec vs overall, June 2020

Figure 55: "I would like help in discovering more exciting flavours and ingredients" (% agree), parents vs non-parents, June 2020

APPENDIX - DATA SOURCES AND ABBREVIATIONS

- Consumer survey data
- Consumer qualitative research
- Global Trend Drivers
- Abbreviations and terms
- Abbreviations

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100



About Mintel

Mintel is the **expert in what consumers want and why.** As the world's leading market intelligence agency, our analysis of consumers, markets, product innovation and competitive landscapes provides a unique perspective on global and local economies. Since 1972, our predictive analytics and expert recommendations have enabled our clients to make better business decisions faster

Our purpose is to help businesses and people grow. To find out how we do that, visit mintel.com.