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This report looks at the following areas:

- What types of dairy and non-dairy milk prove more (and less) popular.
- The importance of dairy milk being 'made in Canada' relative to other considerations.
- · Consumers' views on milk and sustainability.
- The evolving demographic landscape's impact on preferences.
- Examples of launches to provide 'thought starters'.

Just because milk is a deeply entrenched part of most Canadians' diets, doesn't mean there is no competition. In fact, when one factors in both dairy and non-dairy milk, the space has arguably never been more competitive. Nearly all Canadians purchase dairy milk, with half claiming to purchase nondairy milk. Although there's a clear gap between the two when it comes to penetration, non-dairy milk is growing at a faster rate based on feedback from Canadians. This is thanks, in no small part, to oat milk. Long-term trends also point to softness for dairy milk when it comes to growth. It's unlikely, however, that Canadians will ever give up on dairy milk with just 4% claiming they just drink non-dairy milk (and no dairy milk). That said, this doesn't mean plantbased alternatives to dairy milk aren't making inroads.

This Report provides a benchmark for dairy and non-dairy milk in terms of the percent of Canadian adults who claim to purchase each of these beverages. It also looks at whether consumers perceive themselves to be drinking more, the same or less of these milks compared to a year ago along with an exploration of what matters to consumers when purchasing dairy and non-dairy milk. Furthermore, areas of innovation that hold appeal are discussed. Additionally, attitudes toward milk and inflation, sustainability, health and variety, and being produced in Canada are also discussed to provide added context with respect to Canadians' views on the category. As with other Reports, as appropriate, breakdowns are provided by age, parental status, region and how long individuals have resided in Canada.



"The continued emergence of non-dairy options and innovation in the dairy space affords shoppers different levels of quality, benefits and flavours. Understanding what Canadians want is complicated by concerns around sustainability, an evolving demographic landscape and shifting health demands."

- Joel Gregoire, Associate Director for Food and Drink

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