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### This report looks at the following areas:

- An overview of the US today, including population trends, economic indicators and key issues currently affecting the lifestyles of Americans
- A review of consumer spending over the past year with sector-specific takeaways from Mintel's category experts
- A spotlight on Mintel's Global Trend Drivers Surroundings, Value and Wellbeing, and implications for the "next normal" of consumerism
- Consumers' outlook on American life today, including perceptions of their current financial situations, goals for the coming year and considerations when it comes to shopping locally

Consumers are in a period of recovery and rest after a tumultuous few years marked by the COVID-19 pandemic, economic uncertainty and personal financial hardship. Americans are ready to look toward the future and discover their "next normal"; however, many are still feeling the lingering effects of inflation while others continue to worry about the state of the country and the world. As new and old behaviors blend to form newfound routines, consumers are focused on improving their physical, financial and/or mental wellbeing.



"After several years of unprecedented turmoil and uncertainty, American consumers are ready to look to the future and discover their 'next normal.'

Lisa Dubina, AssociateDirector | Culture and Identity

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