

This report looks at the following areas:

- Change in consumer finances within the past year
- Sentiments toward consumers' financial futures
- Consumers' past spending behaviors
- Consumers' future spending expectations
- How consumers plan to manage ongoing inflation

Compared to the first half of 2022, inflation levels have declined for the past six months of the year, with labor markets showing no signs of weakness in spite of the Federal Reserve's aggressive tightening cycle. While economic activity is expected to slow down in 2023, 48% of consumers still believe they will be financially better off over the next twelve months. Easing inflationary pressures and year-ahead CPI expectations are likely the direct sources of this rosy outlook for some, alongside a tight labor market aiding this optimism. Despite inflation projected to moderate in 2023, further rate hikes are expected to lead to muted economic growth, alongside decelerating consumer spending as well as further exhaustion of households' pandemic-era accumulated savings. As with any period of slowing economic growth, low-earning households are most likely to feel the brunt of increased joblessness - only amplified amid a high-rate environment with rising credit card balances to match (see Opportunities and Challenges). For those financially better off, there are no expected slowdowns when it comes to their discretionary expenses, with travel expected to still be a significant spending outlet for this group in 2023 (see Spending Behaviors). However, for those in financial dire straits, continuing to seek ways to stretch their limited budgets will be even more pressing amid a recessionary environment expected to commence in the second half of 2023.



"Cooling inflation and a solid labor market are likely the direct contributors to consumers' positive outlook entering the new year. With further rate hikes and unemployment projected to rise, revisiting these sentiments six months from now – which is when experts project the US to enter a mild recession – will be interesting to observe."

- Amr Hamdi, Senior Finance Analyst

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	s +1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



#### Table of Contents

#### **OVERVIEW**

- What you need to know
- · This Report looks at the following areas
- Market context

#### **EXECUTIVE SUMMARY**

- Top takeaways
- Despite economic challenges, nearly half of consumers are optimistic about their finances in 2023

Figure 1: Consumers' one-year ahead expected inflation rate, 2021-22

Figure 2: Opinions on financial future, 2022

 Adding to savings remains top of mind for consumers – a strong opportunity for FIs to prop up their high-yield savings accounts

Figure 3: Future spending expectations, 2022

Figure 4: Ally high-yield savings account email, 2022

Figure 5: Capital One 360 Performance Savings email, 2023

 The types of financial compromises households will make remains tied to their current financial situations

Figure 6: Changes consumers would make due to inflation, by financial situation, 2022

#### **MARKET OVERVIEW**

- Opportunities and challenges
- Consumers exhaust pandemic era savings

Figure 7: Personal Saving Rate, seasonally adjusted, 2004-22

Housing activity faces further slowdowns in 2023

Figure 8: 30-year fixed mortgage rate, 2005-2022

Figure 9: Inflation and wage growth over time, 2020-22

 Remain focused on customer-centricity in times of economic hardship

Figure 10: SoFi financial health email, 2022

- Key consumer insights
- Low-income households remain the most pessimistic about their financial futures

Figure 11: Opinions on financial future, by income, 2022

 Struggling households have had to make the most financial changes to manage rising inflation

Figure 12: Extent of financial changes made due to inflation, by financial situation, 2022

#### What's included

**Executive Summary** 

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

# Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

#### Consumers and the Economic Outlook - US - Winter 2023

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



#### STATE OF THE ECONOMY

Economic overview

Figure 13: Key economic indicators, 2022

Real GDP increased at an annualized rate of 3.2% in Q3
 2022

Figure 14: Real GDP change from previous period, Q1 2007-Q3 2022

 DPI dropped by nearly 2.5% for the 12-months ending November

Figure 15: Disposable Personal Income change from previous period, 2007-2022

Consumer confidence rebounded back to 59.7 in December

Figure 16: Consumer sentiment index, 2007-22

Inflationary pressures continued to ease

Figure 17: Consumer price index change from previous period, 2007-22

Labor markets remained resilient

Figure 18: Unemployment and underemployment, 2007-22

# CONSUMERS AND THE ECONOMIC OUTLOOK – FAST FACTS CHANGE IN FINANCIAL SITUATION

 Consumers' financial situations worsened since May 2022
 Figure 19: Change in financial situation in the past 12 months, 2022

 A third of retired adults are financially worse off than before

Figure 20: Change in financial situation in the past 12 months, by employment status, 2022

Figure 21: TIAA retirement planning email, 2022

#### **SPENDING BEHAVIORS**

 Spending slightly declined across key categories before the busy holiday season

Figure 22: Past spending behaviors, 2022

 Higher-income households' travel appetite remains high – a boon for card issuers

Figure 23: Future spending expectations, by income level, 2022

Figure 24: Highest priority financial goals in 2023, by income level, 2023

Figure 25: Chase Sapphire Preferred card offer, 2023

Figure 26: Attitudes and behaviors toward credit card

upgrades, by generation, 2022

Figure 27: Amex Platinum email, 2023

#### What's included

**Executive Summary** 

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

# Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
Americas China	+1 (312) 943 5250 +86 (21) 6032 7300

#### Consumers and the Economic Outlook - US - Winter 2023

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



#### CHANGES CONSUMERS WOULD MAKE DUE TO INFLATION

 Tapering back spending on dining out and clothes remains the top ways consumers plan on stretching their dollars

Figure 28: Changes consumers would make due to inflation, 2022

 21% of Millennials expect to buy more on credit – the highest out of any generation

Figure 29: Willingness to use more credit, by generation, 2022

Figure 30: Klarna financial wellness blog, 2023

#### **APPENDIX - DATA SOURCES AND ABBREVIATIONS**

- Data sources
- Consumer survey data
- Marketing creative
- Abbreviations and terms
- Abbreviations

#### What's included

**Executive Summary** 

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

# Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

	Visit	store.mintel.com
	EMEA	+44 (0) 20 7606 4533
	Brazil	0800 095 9094
	Americas	+1 (312) 943 5250
	China	+86 (21) 6032 7300
	APAC	+61 (0) 2 8284 8100



# **About Mintel**

Mintel is the **expert in what consumers want and why.** As the world's leading market intelligence agency, our analysis of consumers, markets, product innovation and competitive landscapes provides a unique perspective on global and local economies. Since 1972, our predictive analytics and expert recommendations have enabled our clients to make better business decisions faster

Our purpose is to help businesses and people grow. To find out how we do that, visit mintel.com.