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## This report looks at the following areas:

- Trended types of cereal consumed
- Usage occasions and associations with specific cereal types
- Attitudes toward cereal
- Indicators of healthier cereal
- Interest in cereal packaging, formats, flavors and ingredients

With double-digit increases in consumer's reported cereal consumption, it is clear that cereal's convenience is resonating with consumers as an affordable at-home food solution. Inflated costs of cereal ingredients have been passed on to consumers at the store, but cereal remains an accessible comfort, especially for those struggling financially. Value options shine, as private label posts the greatest growth year over year for both the hot and cold cereal segments.

Throughout volatile times, the simplicity of hot and cold cereal has lent itself to a convenient food solution, and for the majority, a comfort food. Traditional products and occasions are key for the market. However, generational shifts suggest that innovation should support occasions outside of breakfast and that these products will be key for future growth.

BFY innovation is certainly one approach. Younger generations have expectations for healthy cereal that stray from traditional BFY cereal claims, such as high fiber and low sugar. Brands may need to pivot their marketing to use current buzzwords, like gut health, to make "old" news (like fiber) new again. Alternatively, a space for indulgence remains. Helping consumers remember that cereal can be a sweet snack makes indulgent cereal applicable all day. 66

"Convenience, comfort, and accessibility have helped cereal into bowls in the past year, despite inflations' strong influence on price. Cereal's future may look a little different, though, as younger generations show engagement with a wider range of non-traditional cereal occasions and innovative concepts that match them."

## – Kelsey Olsen, Food and Drink Analyst

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