

are subject to change due to currency fluctuations.

This report looks at the following areas:

- The evolution of the omnichannel grocery shopping experience
- The impact of inflation and economic pressures on the grocery market
- Where consumers do their shopping and what they look for in their primary grocer
- Consumers' shopping behaviors and attitudes toward grocery shopping
- Consumer interest in shopping concepts and loyalty program benefits

The grocery landscape has undergone a major evolution, driven by shifts in the market caused by both the pandemic and ongoing economic uncertainty. While the store remains the preferred channel, the rapid, wide-scale adoption of ecommerce has permanently altered how consumers shop for groceries, resulting in more omnichannel shopping routines. With inflation at a 40-year high, rising food costs have become a growing source of frustration. More than three quarters of consumers feel that grocers could do more to combat rising food prices as they remain focused on ways to find savings. This means that grocery retailers are highly focused on retention and loyalty at a time when consumers are shifting more to private label and value-based retailers, increasing competition from mass retailers, discount chains and dollar stores.

Despite the focus on savings, consumers still emphasize a quality grocery experience. While price is top of mind, they don't want to sacrifice important factors such as freshness, nutrition or sustainability. Grocers that can deliver a compelling overall value proposition - including convenience, quality and premium options - will resonate with shoppers looking to get the most out of their experience.



"The grocery landscape is still in the midst of an evolution after the pandemic accelerated ecommerce and omnichannel shopping routines. Currently, savings are top of mind amid inflationary pressures and consumers are adapting by shifting toward more budget-conscious behaviors."

- Brittany Steiger, Senior Analyst, Retail & eCommerce

| Visit | store.mintel.com |
|----------|----------------------|
| EMEA | +44 (0) 20 7606 4533 |
| Brazil | 0800 095 9094 |
| Americas | +1 (312) 943 5250 |
| China | +86 (21) 6032 7300 |
| APAC | +61 (0) 2 8284 8100 |

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



Table of Contents

OVERVIEW

- What you need to know
- This Report looks at the following areas
- Definition
- Market context

EXECUTIVE SUMMARY

- Top takeaways
- Consumer trends
- In-store still the primary channel, but omnichannel is the path forward

Figure 1: Grocery shopping methods, 2023

Consumers want action on food prices

Figure 2: Impact of inflation on grocery shopping, 2023

 Shopping behaviors continue to evolve, but generational nuances shift the experience

Figure 3: Select grocery shopping habits, by generation

- Competitive strategies
- Aldi makes savings a lifestyle

Figure 4: Aldi releases clothing line, "Aldi Gear"

 Instacart, The Fresh Market leverage generative AI to liven up ecommerce

Figure 5: Instacart, The Fresh Market tap generative AI to boost the customer experience

Market predictions

Figure 6: Total US sales and fan chart forecast of groceries, at current prices, 2017-27

Figure 7: Grocery outlook, 2023-28

- Opportunities
- Make deal-seeking a destination
- Embrace technology to expand ecommerce and omnichannel capabilities
- Support consumers' health and wellness goals
- Lean into the omnichannel experience

MARKET SIZE AND FORECAST

Inflation driving growth, but volumes are declining

Figure 8: Total US sales and fan chart forecast of groceries, at current prices, 2017-27

Figure 9: Multi-outlet sales and forecast of groceries, at current prices, 2017-27

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

| Visit | store.mintel.com |
|----------|----------------------|
| EMEA | +44 (0) 20 7606 4533 |
| Brazil | 0800 095 9094 |
| Americas | +1 (312) 943 5250 |
| China | +86 (21) 6032 7300 |
| APAC | +61 (0) 2 8284 8100 |

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



Continued growth for grocery ecommerce, but pace of growth decelerates

Figure 10: Total US online sales and fan chart forecast of groceries*, at current prices, 2017-27

Figure 11: Total US online sales and forecast of groceries*, at current prices, 2017-27

SEGMENT PERFORMANCE

Other multi-outlets outpace supermarkets

Figure 12: Multi-outlet sales of groceries, by segment, at current prices, 2017-27

· Food and drink still account for the bulk of grocery

Figure 13: Multi-outlet sales of groceries, by category, at current prices, 2017-27

Figure 14: Share of total US multi-outlet sales of groceries, by segment and category, 2022

 Health and beauty comprise majority of online sales, but food and drink continue to accelerate

Figure 15: Total US online sales of groceries*, by segment, at current prices, 2017-27

Figure 16: Share of total US online sales of groceries*, by category, 2017-27

MARKET DRIVERS

· Food inflation eats away at grocery budgets

Figure 17: Consumer Price Index change from previous period, all items plus food at home, 2007-23

 What it means for grocery retail: value-conscious behaviors stick around

Figure 18: Consumers and grocers respond to viral egg prices, 2023

- Low-income shoppers bear the brunt as SNAP emergency allotments end
- Kroger-Albertson's merger threatens a major shake-up to the grocery landscape

Figure 19: Coverage of potential Kroger/Albertson's merger

- What the merger could mean for consumers: fewer choices, higher prices
- What the merger could mean for grocers: reduced competition
- Tech innovation ushers in a new omnichannel era
 Figure 20: Grocery Dive covers tech and automation in the grocery industry

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

| Visit | store.mintel.com |
|----------|----------------------|
| EMEA | +44 (0) 20 7606 4533 |
| Brazil | 0800 095 9094 |
| Americas | +1 (312) 943 5250 |
| China | +86 (21) 6032 7300 |
| APAC | +61 (0) 2 8284 8100 |

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



What it means for consumers: omnichannel drives convenience

- Sustainability remains critical amid the threat of climate change
- What it means for consumers: help me help myself

COMPETITIVE STRATEGIES AND MARKET OPPORTUNITIES

- Make deal-seeking a destination
- Aldi makes it hip to save
 Figure 21: Aldi releases clothing line, "Aldi Gear"
- Support consumers' health and wellness goals
- Albertsons, Hy-Vee create online health and wellness programs

Figure 22: Albertsons, Hy-Vee offer health and wellness programs

- Embrace technology to expand ecommerce and omnichannel capabilities
- Instacart, The Fresh Market innovate with generative AI
 Figure 23: Instacart, The Fresh Market tap generative AI to
 boost the customer experience
- · Lean into the omnichannel experience
- Walmart leads the way in omnichannel

Figure 24: Walmart invests in omnichannel capabilities

THE GROCERY CONSUMER – FAST FACTS GROCERY SHOPPING OVERVIEW

Nearly all adults shop for groceries, but many share the task
 Figure 25: Grocery shopping responsibility, by gender and
 age, 2023

Most consumers shop at least once a week
 Figure 26: Grocery shopping frequency, 2023

The store is still preferred, but omnichannel is the future
 Figure 27: Grocery shopping methods, 2023

THE OMNICHANNEL GROCERY EXPERIENCE

- How consumers choose their shopping method
- Stores suit most shopping occasions, but retailers can innovate in fresh departments

Figure 28: Shopping method by trip type, 2023

- eCommerce wins on convenience, but some barriers persist Figure 29: Attitudes toward shopping method, 2023
- Pricing must be seamless across channels

 Figure 30: Instacart boots customer-worker relationships;

 Walmart makes plays on Amazon's delivery fees

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

| Visit | store.mintel.com |
|----------|----------------------|
| EMEA | +44 (0) 20 7606 4533 |
| Brazil | 0800 095 9094 |
| Americas | +1 (312) 943 5250 |
| China | +86 (21) 6032 7300 |
| APAC | +61 (0) 2 8284 8100 |

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



Younger consumers fuel ecommerce and omnichannel growth

Figure 31: Grocery shopping methods, by generation, 2023

 Meeting generational consumers where they are: personalizing the digital experience

Figure 32: Select shopping methods by occasion, by generation, 2023

Usage of online fulfillment methods is mixed

Figure 33: Online grocery fulfillment method, by location, 2023

SHOPPING BY CATEGORY

Shoppers still prefer the store in most categories
 Figure 34: Shopping for major categories – In-store versus online, 2023

- Opportunity to innovate the in-store experience in fresh, bakery and deli departments
- Beverages, non-perishable and frozen categories are top online performers

Figure 35: Walmart sells viral Tik-Tok "Pink Sauce"

- Freshly prepared meals an opportunity for innovation
 Figure 36: Any purchase of fresh prepared meals, by key demographics, 2023
- Millennials and parents widely adopt ecommerce across categories

Figure 37: Online shopping for major categories, by generation, 2023

Figure 38: Shopping list app Cart Drop simplifies household shopping

RETAILERS SHOPPED

- Walmart continues to dominate grocery across channels
- Mass, discount and dollar chains grow share amid inflation
 Figure 39: Retailers shopped across channels, 2023
- Walmart, Amazon lead grocery ecommerce
- Room to grow omnichannel; mass retailers positioned to lead the way

Figure 40: Select retailers shopped – Multichannel, 2023 Figure 41: Target focuses on customer-driven, omnichannel expansions

Figure 42: Instacart, Walmart offer third-party omnichannel solutions to grocers

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

| Visit | store.mintel.com |
|----------|----------------------|
| EMEA | +44 (0) 20 7606 4533 |
| Brazil | 0800 095 9094 |
| Americas | +1 (312) 943 5250 |
| China | +86 (21) 6032 7300 |
| APAC | +61 (0) 2 8284 8100 |

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



 Younger consumers diversify into other outlets, seniors stand by supermarkets and warehouse clubs

Figure 43: Select retailers shopped, by generation, 2023

Figure 44: Online marketplace Consumerhaus targets the

Gen Z experience

REASONS FOR PREFERRED GROCERY RETAILER

- All facets of value matter, but most stay close to home
 Figure 45: Reasons for preferred grocery retailer, 2023
- Definition of value varies across generations
- Lower-income shoppers place everyday low prices ahead of deals and coupons and loyalty programs

Figure 46: Reasons for preferred grocery retailer – Budget, by household income, 2023

Figure 47: Save A Lot heightens the focus on low prices and savings

Cater to Asian American shoppers on value and freshness
 Figure 48: Reasons for preferred grocery retailer, Asian
 Americans versus all, 2023

GROCERY SHOPPING BEHAVIORS

- Most consumers live by their grocery list
- Opportunity to support consumers with meal planning
 Figure 49: Grocery shopping behaviors, 2023
- Younger consumers are breaking free from established routines; seniors set in their ways

Figure 50: Select grocery shopping behaviors, by generation, 2023

Figure 51: Kroger discontinues paper circulars; Giant Eagle reinstates them

IMPACT OF INFLATION ON GROCERY SHOPPING

Consumers want grocers to take action on prices

Figure 52: Attitudes toward grocery shopping – Prices, by household financial position, 2023

- In their own words: inflation at the grocery store
- High prices see consumers shift behaviors

Figure 53: Impact of inflation on grocery shopping behaviors, by household financial situation, 2023

Figure 54: Grocery Dive highlights actions grocers are taking to support SNAP recipients

Private labels key to supporting value-focused shoppers

Figure 55: Behaviors and attitudes toward store brands, by key demographics, 2023

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

| Visit | store.mintel.com |
|----------|----------------------|
| EMEA | +44 (0) 20 7606 4533 |
| Brazil | 0800 095 9094 |
| Americas | +1 (312) 943 5250 |
| China | +86 (21) 6032 7300 |
| APAC | +61 (0) 2 8284 8100 |

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



 Innovation is key to delivering on quality and premium store brand expectations

ENGAGEMENT WITH LOYALTY PROGRAMS

 Loyalty programs don't always translate to true shopper loyalty

Figure 56: Reasons for preferred grocery retailer – loyalty program, by key demographics, 2023

• Step up the value proposition

Figure 57: Interest in loyalty benefits, by household financial situation, 2023

- Motivate consumers with gamified rewards
- Ensure value at all tiers

Figure 58: Albertson's adds Apple Watch integration to its Sincerely Health platform; Kroger adds value tier to Boost membership

- Give consumers more flexibility and control
- Young consumers want to get more out of the loyalty experience

Figure 59: Interest in loyalty benefits, by generation, 2023

 In their own words: consumers describe their experience with loyalty programs

ATTITUDES TOWARD GROCERY SHOPPING

Consumers enjoy grocery shopping

Figure 60: Attitudes toward grocery shopping – Enjoyment, by age and gender, 2023

Figure 61: Albertson's tests out the metaverse with its MetaMEga Deal

 Digital tools and personalization add to enjoyment, but older consumers are slow to adapt

Figure 62: Attitudes toward grocery shopping – Digital and personalization, by generation, 2023

Despite a focus on value, freshness and nutrition remain critical

Figure 63: Attitudes toward grocery shopping – Freshness and nutrition, by household income, 2023

Figure 64: Schnuks opens second Eatwell Market store

Consumers continue to shop their values

Figure 65: Attitudes toward grocery shopping – Conscious consumerism, 2023

Sustainability is a key area of focus

Figure 66: Kroger's Al-powered "Chefbot" tackles food waste

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

| Visit | store.mintel.com |
|----------|----------------------|
| EMEA | +44 (0) 20 7606 4533 |
| Brazil | 0800 095 9094 |
| Americas | +1 (312) 943 5250 |
| China | +86 (21) 6032 7300 |
| APAC | +61 (0) 2 8284 8100 |

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



Localism benefits consumers and grocers alike
 Figure 67: Giant Foods' "Find Your Local" campaign

FRUSTRATIONS WITH GROCERY SHOPPING

 Focus on resolving frustrations to evolve the shopping experience

Figure 68: Frustrations with grocery shopping, 2023

 From checkout lines to deal-seeking: grocery shopping is a time-consuming task

Figure 69: Wegmans scraps scan-and-go; Amazon extends checkout tech in Whole Foods Market locations

- Out of stocks continue to be a pain point
- Delivery fees and timelines remain a barrier in ecommerce
 Figure 70: Frustrations with online grocery delivery, by
 generation and household income, 2023

EVOLVING THE SHOPPING EXPERIENCE

- · Consumers see opportunities to make the experience better
- Samples have near-universal appeal, regardless of shopping method

Figure 71: Interest in shopping features - Samples, 2023

Evolve the in-store shopping experience with compelling services

Figure 72: Interest in in-store shopping features, 2023 Figure 73: Dom's Kitchen & Market delivers on in-store services and local connection

In-store experiential concepts can unlock new markets
 Figure 74: Interest in select in-store shopping features, by race and Hispanic Origin, 2023

Evolving grocery ecommerce through speed, efficiency and personalization

Figure 75: Interest in online shopping features, 2023

 Personalization and engagement essential in reaching younger consumers

Figure 76: Interest in select online shopping features, by generation

APPENDIX - DATA SOURCES AND ABBREVIATIONS

- Data sources
- Sales data
- Forecast
- Consumer survey data
- Consumer qualitative research
- Abbreviations and terms

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

| Visit | store.mintel.com |
|-------------------|---|
| EMEA | +44 (0) 20 7606 4533 |
| Brazil | 0800 095 9094 |
| | |
| Americas | +1 (312) 943 5250 |
| Americas China | +1 (312) 943 5250 +86 (21) 6032 7300 |

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



Abbreviations

APPENDIX - THE MARKET

Inflation-adjusted forecasts

Multi-outlet

Figure 77: Multi-outlet sales and forecast of groceries, at inflation-adjusted prices, 2017-27

Figure 78: Supermarket sales and forecast of groceries, at inflation-adjusted prices, 2017-27

Figure 79: Other multi-outlet sales and forecast of groceries, at inflation-adjusted prices, 2017-27

eCommerce

Figure 80: Total US online sales and forecast of groceries*, at inflation-adjusted prices, 2017-27

· Retail channels by category sales

Multi-outlet

Figure 81: Supermarket sales of groceries, by category, at current prices, 2017-22

Figure 82: Other multi-outlet sales of groceries, by category, at current prices, 2017-22

Figure 83: Multi-outlet sales of food and drink, by retail channel, at current prices, 2017-22

Figure 84: Multi-outlet sales sales of HBC, by retail channel, at current prices, 2017-22

Figure 85: Multi-outlet sales of household, by retail channel, at current prices, 2017-22

eCommerce

Figure 86: Total US online sales of groceries*, by segment, at current prices, 2021 and 2022

Figure 87: Total US online sales of food and beverages*, at current prices, 2017-22

Figure 88: Total US online sales of health and beauty products, at current prices, 2017-22

APPENDIX – THE CONSUMER

Figure 89: Year-over-year comparison of grocery shopping frequency, 2019-23

Figure 90: Year-over-year comparison of shopping methods, 2020-23

Figure 91: Year-over-year comparison, any online shopping (net), by generation, 2019–23

Figure 92: Category penetration, any purchase, percent point change compared to year ago, 2022-23

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

| Visit | store.mintel.com |
|----------|----------------------|
| EMEA | +44 (0) 20 7606 4533 |
| Brazil | 0800 095 9094 |
| Americas | +1 (312) 943 5250 |
| China | +86 (21) 6032 7300 |
| APAC | +61 (0) 2 8284 8100 |

Report Price: £3695 | \$4995 | €4400





Figure 93: Retailers shopped online, rebased to online shoppers, 2023

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

| Visit | store.mintel.com |
|-------------------|---|
| EMEA | +44 (0) 20 7606 4533 |
| Brazil | 0800 095 9094 |
| | |
| Americas | +1 (312) 943 5250 |
| Americas China | +1 (312) 943 5250 +86 (21) 6032 7300 |



About Mintel

Mintel is the **expert in what consumers want and why.** As the world's leading market intelligence agency, our analysis of consumers, markets, product innovation and competitive landscapes provides a unique perspective on global and local economies. Since 1972, our predictive analytics and expert recommendations have enabled our clients to make better business decisions faster

Our purpose is to help businesses and people grow. To find out how we do that, visit mintel.com.