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This report looks at the following areas:

- Restaurant visits and access modes used.
- Comparing visit occasions before and during the pandemic.
- The tactics, if any, that consumers will use to offset rising prices.
- Usage of restaurant tools like website, apps, coupons and loyalty programs.
- The parts of the restaurant experience that consumers want to see be improved.
- How digital tech is used and whether or not consumers want more.
- The importance of teens to the industry and their top motivators.

Restaurant sales in 2021 were more than \$11 billion lower than in 2019 – a 15% drop in revenues for the industry (per Statistics Canada). But these revenue losses are not a result of declining relevance or consumers exiting the industry; 92% of Canadians visited a restaurant in the three months leading up to mid-March 2022. Few other industries in the entire market have that level of reach.

Of course, those revenue declines were a direct result of the COVID-19 pandemic. Closures throughout 2020 and 2021 were massive barriers for restaurants – and even the relaxed restrictions (eg capacity limits instead of dining room closures) created challenges. Furthermore, the indirect effects from other struggling industries – like travel and live entertainment – exacerbated the difficulties for restaurants. Today, the pandemic is still a factor, but in a more nuanced way; rather than restrictions on operations, it is now consumer attitudes and behaviours that are influencing their willingness to dine out. Moreover, rapid inflation rates have compounded the issue for restaurants. Many businesses are financially challenged after years of restrictions and now their margins are shrinking, forcing them to increase prices – at a time when consumers are increasingly price-sensitive due to market-wide inflation.



"It's been over two years of incredible challenges for the foodservice industry. There is positive momentum and broad usage, but lasting behaviour changes will delay its return to pre-pandemic levels.

Looking ahead, consumers' increased comfort with digital tech opens the door for restaurants to differentiate and improve profitability with streamlined operations."

Scott Stewart, Associate Director, Lifestyles & Retail

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The more existential threat, though, is the possibility of long-term behaviour changes. The pandemic and inflation are immediate threats, but should eventually subside. But the fact that consumers have become so much less likely to use restaurants for special meals – such as date nights, birthdays or meeting up with friends before a movie – means that some of those occasions may be lost forever. If consumers developed new habits around those occasions during the pandemic – such as hosting dinner parties at home or skipping movie theatres and opting for digital streaming releases – it will be very difficult to win them back and re-establish pre-pandemic traffic levels. Businesses that can weather the short-term storm of COVID concerns and inflation should focus on how to bring customers back for those occasions before their new habits become further entrenched.

There is plenty of reason for optimism, though. The ubiquity of restaurant usage means that the industry remains highly relevant; it can focus on driving frequency rather than adoption. And the digital technology advancements in recent years are not only creating opportunities to improve the dining experience, but also develop more cost-efficient operations. From the simple (eg mobile app loyalty programs) to the complex (eg fully automated restaurants), there is a constant stream of innovations that businesses can use to stay relevant, differentiate and maintain profitability.

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