Cooking Oils - China - 2022

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This report looks at the following areas:

- Market outlook of cooking oil segments
- Innovative products and marketing activities in the industry
- Penetration and consumption trend of different oil types
- Choice factors and premium attributes perceived by consumers
- Consumers' preference towards Medium- and Long-chain Triacylglycerols (MLCT) oils and nutrients in cooking oils
- NPD and marketing strategy for niche oils.

Niche oils – including linseed oil, tea seed oil and walnut oil – have much lower repurchase rates compared to major oils, with over 30% of respondents claiming to not use these oils in the upcoming year. Brands would need to change their promotional strategy or find solid using occasions for their niche oil products to improve the repurchase rates.

COVID-19 has contributed to a global supply shortage of oils, leading to a surge in the retail price of packaged cooking oils in the past two years. In addition, the pandemic has enhanced health awareness among consumers and triggered their demand for 'better-for-you' features in cooking oil products.

Consumers' growing awareness of controlling their daily fat intake may hamper the future consumption of cooking oils. Brands are thus recommended to launch low-fat oils – such as MLCT oils – to sustain its retail volume. Moreover, the niche oil segment continues to have growth potential. Brands may want to leverage the rising short video platforms to promote premium niche oils. And especially for walnut oils, its current marketing focus on babies can thwart future development. Brands can start to explore new demographic groups such as middle-aged brain workers and the elderly to encourage the consumption of walnut oils.



"Cooking oil brands would face stagnant consumption due to consumers' growing awareness of daily fat intake. To sustain growth, brands can capitalise on low-fat cooking oils such as MLCT oils, or keep tapping into niche oil – especially walnut oil – by expanding their target audience and leveraging effective promotional channels."

– Joy Yin, Senior Research Analyst

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Table of Contents

OVERVIEW

- What you need to know
- Key Issues covered in this report
- Covered in this report

EXECUTIVE SUMMARY

- The market
- Value growth is largely driven by rising prices

Figure 1: Retail market value of cooking oils, China, 2017-2027 Figure 2: Retail market volume of cooking oils, China, 2017-2027

The share of blended oils and soybean oils keeps declining
 Figure 3: Retail value share of cooking oil segments, China,
 2020–2022

- Companies and brands
- Leading players have steady performance

Figure 4: Leading companies in cooking oil market, by value share, China, 2019-2022

- Product launches are focused on healthy and sustainable attributes
- The consumer
- Blended oils down, sunflower seed oils up

Figure 5: Product penetration, 2021 vs 2022

Repurchase rates of major oils are higher than niche oils
 Figure 6: Consumption trend, 2022

Offline channels still dominate

Figure 7: Purchase channels, 2022

Nutrients top choice factors

Figure 8: Choice factors, 2022

Content of vitamins/minerals is the most valued

Figure 9: Premium attributes, 2022

Consumers seek nutrient supplement and fat control

Figure 10: Consumer behaviours, 2022

· What we think

ISSUES AND INSIGHTS

- Capitalise on MLCT cooking oils
- The facts
- The implications

Figure 11: Jinlongyu's 'Qing Yi' MLCT cooking oil, China, 2022 Figure 12: Product examples of DAG cooking oils, China, 2022

Extend the positioning of walnut oil beyond children

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

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Cooking Oils - China - 2022

Report Price: £3695 | \$4995 | €4400

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- The facts
- The implications

Figure 13: Walnut oils with functional claims, global, 2020-2022

- Use short video platforms to promote premium niche oils
- The facts
- The implications

Figure 14: Video examples of using niche oils for specific cuisines on Douyin, China, 2022

MARKET SIZE AND FORECAST

Value grows due to rising retail prices

Figure 15: Retail market value of cooking oils, China, 2017-2027

Volume is stagnant with increasing health awareness

Figure 16: Retail market volume of cooking oils, China, 2017-2027

MARKET SEGMENTATION

Blended oil and soybean oil decline further

Figure 17: Retail value share of cooking oil segments, China, 2020-2022

MARKET FACTORS

- · Cooking is becoming quicker and healthier
- · Growing needs to reduce daily intake of fat
- Rising costs push up retail prices
- Stricter and more detailed national standards

MARKET SHARE

· Leading companies show steady performance

Figure 18: Leading companies in cooking oil market, by value share, China, 2019-2022

Baby food brands enter the market with walnut oils

Figure 19: Walnut oil for babies by baby food brands, China, 2022

MARKETING ACTIVITIES

Ride on Guochao trend to showcase cultural identity

Figure 20: Daodaoquan's tea seed oil ads, China, 2022

Figure 21: Hujihua x 'Zhi Ci Qing LV' promotional video clip,

China, 2022

Figure 22: Hujihua's 'Super Moon' at Shanghai Metro-City during mid-autumn festival, China, 2022

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

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Tap into ESG to promote sustainability

Figure 23: Jinlongyu's ESG report, China, 2022

Figure 24: Hema's carbon-neutral tea seed oil, China, 2022

 Collaborate with cross-category brands for multi-sensory experience

Figure 25: Gu Wei Duo x multiple brands 'Rice Field Concert', China, 2022

Figure 26: Onsite pictures of 'Rice Field Concert', China, 2022

NEW PRODUCT TRENDS

2022

'Organic' claims are on the rise

Figure 27: Percentage of new cooking oil launches with 'organic' claims, China, 2017-2022

Figure 28: Percentage of new cooking oil launches with 'organic' claims, by selected markets, Oct 2021 – Sep 2022 Figure 29: Product examples with 'organic' claims, China,

Sustainability gains attention

Figure 30: Percentage of ethical and environmental claims among new cooking oil launches, China, 2017-2022
Figure 31: Product examples with ethical & environmental claims, China, 2021-2022

Capitalising on the content of oleic acid

Figure 32: Product examples of high oleic oils, China, 2021-2022

Specially designed for cuisines

Figure 33: Hujihua's peanut oil designed for steamed fish, China, 2022

PRODUCT PENETRATION

The use of sunflower seed oil keeps rising

Figure 34: Product penetration, 2021 vs 2022

Multi-generation families show the strongest interest in diverse oils

Figure 35: Product penetration, by living situation, 2022

Figure 36: Product penetration – repertoire analysis, by living situation, 2022

Peanut oil for Chinese cuisines, niche oils for Western cuisines

Figure 37: Product Penetration, by cooking frequency, 2022

CONSUMPTION TRENDS

Repurchase of major oils holds up

Figure 38: Consumption trends, 2022

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Did you know?

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Walnut oil has opportunities among highly-educated consumers

Figure 39: Consumption trend – walnut oil, by education, 2022

Baking occasions can be leveraged to increase usage

Figure 40: Consumption trend – 'will use more', by cooking and baking frequency, 2022

PURCHASE CHANNELS

Offline supermarkets predominate

Figure 41: Purchase channels, 2022

• Gen Z prefer traditional channels

Figure 42: Purchase channels – offline channels, by age, 2022

Marketing on short video platforms needs a different focus

Figure 43: Choice factors, by purchase channels, 2022

Figure 44: Premium attributes, by purchase channels, 2022

CHOICE FACTORS

Better-for-you features are the most important

Figure 45: Choice factors, 2022

Besides nutrients, different ages show diverse needs

Figure 46: Choice factors – top 5 factors, by age, 2022

PREMIUM ATTRIBUTES

Content of vitamins/minerals matters the most

Figure 47: Premium attributes, 2022

Figure 48: Premium attributes – top 5 attributes, by age, 2022

High earners value organic claims and unsaturated fat content

Figure 49: Premium attributes, by monthly personal income, 2022

 Niche oil users are more willing to pay more for oleic acid and delicate packaging

Figure 50: Premium attributes – selected attributes, by product penetration, 2022

CONSUMER BEHAVIOURS

Most consumers seek to supplement nutrients through cooking oils

Figure 51: Consumer behaviours – supplementing nutrients, 2022

Figure 52: Consumer behaviours – supplementing nutrients, by gender and age, 2022

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Did you know?

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Cooking Oils - China - 2022

Report Price: £3695 | \$4995 | €4400

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



Figure 53: Consumer behaviours – supplementing nutrients, by monthly personal income, 2022

Use low-fat cooking oils to control daily fat intake

Figure 54: Consumer behaviours – controlling fat intake, 2022 Figure 55: Consumer behaviours – controlling fat intake, by age, 2022

MLCT oils are preferred by the majority

Figure 56: Consumer behaviours – preference for MLCT oils, 2022

Figure 57: Premium attributes, by consumers' preference for MLCT oils, 2022

Portion-controlled cap is necessary, while small packages are not as popular

Figure 58: Consumer behaviours – packaging, 2022

Figure 59: Consumer behaviours – preference for portion-

controlled cap, by education, 2022

Figure 60: Examples of oil dispensers, 2022

FOOD PERSONAS

· Who are they?

Figure 61: Food personas, 2022

Figure 62: Food personas, by generation, 2022

Emotional Eaters prefer large packages

Figure 63: Consumer behaviours – packaging, by food persona, 2022

Better-for-you features attract New Trend Explorers and Critical Shoppers

Figure 64: Choice factors – selected items, by food persona, 2022

Figure 65: Premium attributes – selected items, by food persona, 2022

APPENDIX - MARKET SIZE AND FORECAST

Figure 66: Total retail market value of cooking oils, China, 2017–2027

Figure 67: Total retail market volume of cooking oils, China, 2017–2027

APPENDIX – MARKET SEGMENTATION

Figure 68: Retail market value of cooking oils, by segment, China, 2019-2022

APPENDIX - METHODOLOGY AND ABBREVIATIONS

Methodology

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

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Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

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