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This report looks at the following areas:

- Market growth and competitive landscape in the cooking oil industry
- Innovations and marketing activities for cooking oils
- Consumers' usage and behaviours towards cooking oils
- Consumers' choice factors when purchasing cooking oils
- Consumers' interest in niche oils and functional benefits of cooking oil products
- Effective marketing approaches towards different age groups

55% of respondents who cook every day or almost every day are reported to use at least four types of cooking oils, indicating consumers' need for diverse oil types. The preference for diversity is likely to be caused by the demand for various flavours and nutrients to satisfy appetite and maintain good health. COVID-19 has enhanced health awareness among consumers and changed consumers' purchase behaviours. As a result, consumers have reduced their cooking oils consumption and are asking for healthy, quality products. Meanwhile, consumers also shop more for cooking oils online. The biggest threat to the cooking oil market is the lack of diversity in product innovations. In the past year, innovations in cooking oil products have focused more on packaging but less on ingredients and functions. Given consumers'

high interest in functional benefits and better-for-you options, brands should invest more in product innovations to satisfy the needs accordingly.

Growth opportunities in the market include launching gift sets of diverse oil types and tailoring product offerings and marketing approaches to different age groups. Specifically, when marketing to consumers aged 50-59, brands are recommended to focus less on functional benefits and more on brand image. While for consumers aged 25-49, brands should launch cooking oils with multiple functions such as boosting brain power, protecting eyesight and relieving fatigue to satisfy their individual and family needs.



"The retail value of cooking oil continues growth momentum in the post-pandemic era thanks to the rising oil prices. However, the long-term growth is expected to slow down as the consumption of oil has been declining with consumers' eating out occasions increasing."

Joy Yin, Senior ResearchAnalyst

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