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This report looks at the following areas:

- The impact of COVID-19 on Black moms.
- Black moms' overall satisfaction with the various aspects of their life over the last year.
- What Black moms consider the most challenging aspects of motherhood.
- Black moms top concern for their children.

Black moms are overall more satisfied with their life than the average US adult. While the majority carry the weight of household, children and financial responsibilities, they have an overall positive attitude and see themselves as resilient. A larger shift in focus on their children has made some of motherhood's most difficult challenges even more difficult over the last year. As they look to the future, they have many concerns for their children that only seem to get more concerning as their children get older.



"Black moms have chosen joy and resiliency, even in the face of a difficult year. Black moms display a deep love for their children, and over the last year have shifted their time and energy to focus even more on their children's needs. Brands have an opportunity to help Black moms manage their day-to-day life and remind them to spend time to take care of themselves." – Ariel Horton, Lifestyle and

Leisure Analyst

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