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This report looks at the following areas:

- The impact of COVID-19 on consumer behaviour and how it will influence what consumers are looking from food brands.
- How leading food brands score on metrics like usage, trust, satisfaction, likely recommendation and perceived differentiation.
- The top scoring brands for particular personality traits, including innovation, value, quality and taste.
- The leaders on hot topics in the food sector natural, indulgence, ethics, and health and wellness.

The closure of hospitality venues and shift towards at-home lifestyles that followed the coronavirus outbreak led consumers to redesign their diets and routines; since the introduction of COVID-19 restrictions, 54% of breakfast eaters have introduced some change in their breakfast eating. At the same time, lockdown periods and remote working practices determined a decline in on-the-go and out-of-home meals and an increase in home cooking and athome eating occasions.

COVID-19 and the UK government's "Better Health" campaign have put new emphasis on health and wellbeing, placing brands with a healthy and caring image, such as Ryvita, Actimel and Activia, in a particularly positive light. However, the emotional burden of the pandemic also generated a desire for small indulgences and premium food experiences. In line with the 2008-09 recession, this creates opportunities for affordable luxury concepts such as the Magnum Mini or Gü-Zillionaires' Cheesecake as economic uncertainty leads to more conscious shopping behaviours.

The new focus on value makes it crucial for brands to highlight the original features of their products to prevent consumers from preferring own-label or lower-priced options, particularly as private-label brands tap into key trends such as health and nutrition. For example, in 2021 Waitrose & Partners launched



"The coronavirus outbreak has urged consumers to review their eating habits, triggering a rise in at-home cooking and eating occasions. As the notion of holistic wellbeing becomes more influential, brands with a healthy and caring reputation become more appealing."

– Emilia Tognacchini, Brand and Household Care Analyst

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its Gut Health: range specially designed to support gut health through formulations with Bacillus coagulans, calcium and chicory inulin.

Although brands with an established reputation such as Heinz, Cadbury Dairy Milk and Cathedral City can leverage consumers' familiarity with their offering to maintain a relevant role in the market, ethical and sustainable considerations are becoming increasingly influential in determining final shopping choices. This means that both heritage and newer players will need to demonstrate their commitment towards social and environmental themes, while also ensuring that they deliver authentic messaging to promote a trustworthy image and resonate with consumers in the next normal.

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