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## This report looks at the following areas:

- A broad overview of how the pandemic has impacted consumer attitudes and behaviours in general
- A discussion on the state of the grocery retailing market with specific regard to consumer attitudes and behaviours before the pandemic
- Strategy recommendations in the short-, medium- and longer-term discussed from the lens of Mintel Consumer Trend Drivers.

The next six months will be challenging as the gains seen by the grocery sector during the immediate weeks/early months after lockdown (eg larger cart sizes, increased online activity) cannot be taken for granted and will take effort to sustain – particularly as the conditions will create the temptation for consumers to resume old habits. Moreover, grocers will need to actively moderate less positive behavioural changes when it comes to grocery shopping like reduced spontaneity or browsing, lesser interest in tactile stimulus like sampling and even the elimination of micro-trips. The middle period will be critical for grocery retailers to get ahead of behaviours and to guide consumers towards new habits.

In the long run, supporting consumers will ultimately be more about empowerment – giving them more opportunities to shop with their morals, as Canadians will come away with a heightened sense of community.



"With much investment and actions like putting safety barriers into place, sending communications about shelves not being empty, supporting vulnerable segments of the population and stepping up employee support, the grocery sector has come to shine as a partner in supporting the needs and interests of consumers during the outbreak."

# Carol Wong-Li, Associate Director Lifestyles & Leisure

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### The Impact of COVID-19 on Grocery Retailing - Canada - June 2020

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#### **Table of Contents**

#### **OVERVIEW**

- Scope
- Topics covered in this Report
- COVID-19: Canadian context

#### **EXECUTIVE SUMMARY**

- Analyst perspective: COVID-19 and grocery retailing
- Key Takeaways

Figure 1: Short-, medium- and longer-term impact of COVID-19 on the grocery retailing category, June 2020

- · Grocery retailing in the short term
- · Grocery retailing in the medium term
- Grocery retailing in the longer-term

#### THE IMPACT OF COVID-19 ON CONSUMERS

 Uncertainty shapes navigation through day-to-day life, including the shopping mindset

Figure 2: COVID-19 exposure and life disruption concerns, March 3, 2020 – May 29, 2020

- Crowd avoidance changes how Canadians shop, accelerating e-commerce adoption
- The role of food-at-home becomes more central in satiating emotions
- Lessons from other regions:
- Mintel Trend Drivers

Figure 3: Mintel Trends Drivers

- Wellbeing
- Technology
- Value
- Rights
- Experiences
- Surroundings
- Identity

#### STATE OF THE GROCERY MARKET PRE-COVID-19

- Canadians struggled with managing their wellbeing
- Busy culture forced mental wellness into the spotlight, ahead of physical wellness

Figure 4: #EatTogether 2019, December 2018

- · Canadians were hungry for shortcuts and time-saving tools
- The act of grocery shopping was frequent and enjoyable

#### What's included

**Executive Summary** 

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 Mass merchandisers making in-roads as consumers seek value and convenience

Figure 5: Store types shopped (net any grocery item), May 2018

- Weight is given to company ethics as Canadians practice conscious consumerism
- Canada lags behind other markets in terms of e-commerce adoption

Figure 6: Shop online at least once a month, Canada vs US, August 2015 and April 2018 (Canada)/March 2015 and March 2018 (US)

- · Ordering groceries online growing, but still niche
- Grocery stores are missing out in the ideation process for meals – before store arrival

#### SHORT-TERM CHANGES IN GROCERY RETAILING

- Self-protection is the top priority
- Meeting short-term consumer needs from the lens of the Wellbeing Trend Driver
- Investigating impact

Figure 7: Select behavioural changes regarding food and drink as of mid-April, April 13-17, 2020

Meeting consumer needs

Figure 8: No Frills Instagram post, May 2020 Figure 9: A Cart Apart – A No Frills Track, May 2020

- Meeting short-term consumer needs from the lens of the Technology Trend Driver
- Investigating impact
- Meeting consumer needs

Figure 10: Walmart Instagram post, May 2020

- Meeting short-term consumer needs from the lens of the Value Trend Driver
- Investigating impact
- Meeting consumer needs
- Meeting short-term consumer needs from the lens of the Rights Trend Driver
- Investigating impact
- Meeting consumer needs

Figure 11: Sobeys One Big Family, April 2020

#### MEDIUM-TERM CHANGES IN GROCERY RETAILING

 Behaviours will adjust, making active management/ moderation efforts necessary

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- Meeting medium-term consumer needs from the lens of the Wellbeing Trend Driver
- Meeting medium-term consumer needs from the lens of the Technology Trend Driver
- Meeting medium-term consumer needs from the lens of the Value Trend Driver
- Meeting medium-term consumer needs from the lens of the Surroundings Trend Driver

Figure 12: Kraft Peanut butter Instagram post, May 2020

#### LONGER-TERM CHANGES IN GROCERY RETAILING

 Meeting longer-term consumer needs from the lens of the Wellbeing Trend Driver

Figure 13: Bon Appétit Instagram post, January 2020

 Meeting longer-term consumer needs from the lens of the Value Trend Driver

Figure 14: PC Express - The Talk 30sec, May 2019

 Meeting longer-term consumer needs from the lens of the Surroundings Trend Driver

Figure 15: Sobeys Instagram post, January 2020 Figure 16: How to Flashfood LIKE A MOTHER, September 2019

 Meeting longer-term consumer needs from the lens of the Rights Trend Driver

#### APPENDIX - DATA SOURCES AND ABBREVIATIONS

- Data sources
- Consumer survey data
- Abbreviations
- Terms

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