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"Snacking continues to be an ingrained part of UK lifestyles. With COVID-19 prompting a nationwide lockdown, out-of-home snacking disappeared overnight, but the traditional associations of many snacks as offering a low-cost mood boost kept them firmly on the menu at home."

Alice Pilkington, UK Food and Drink Analyst, 17
 July 2020

# This report looks at the following areas:

- The impact of COVID-19 on consumer behaviours related to the snacking market.
- Launch activity and opportunities for 2020.
- The role of healthiness in snacking and what consumers look for in a healthy snack.
- What consumers snack on and where they snack.
- Consumer behaviours and attitudes related to snacking.

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Over two thirds snack at least once a day

Home snacking will become even more pertinent post COVID-19

Taste is top priority in snacks

Two in five look for healthy snacks all or most of the time

No clear winner in terms of health priorities

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