

Report Price: £2195 | \$2995 | €2600

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

This report looks at the following areas:

- Encouraging women to be more active
- Brands have a duty to uphold the integrity of social trends they champion

The excitement generated around women's empowerment in recent years has provided marketers with many opportunities to craft engaging campaigns that celebrate the progressive rise in the status of women in society. However, there is evidence that it is time for them to revaluate their approach. Many women feel that advertisers have gone too far with gender politics and that their attempts at being inclusive are often seen as insincere. Indeed, certain brands have attached themselves to social movements with which their own corporate practices are not aligned with.

As more brands play into themes about female empowerment, women are starting to question how genuine brands are being and if they are truly walking the walk when it comes to equality measures in their own organisation. Brands must be cautious about the role they play in feminist discourse, playing a positive role in the movement's core equality mission, both in their own corporate efforts and in their marketing."



"When it comes to the role of gender in advertising, women, like men, are starting to feel as though advertisers are making too much of gender politics."

– George Zaborowski, Senior Analyst

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	s +1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

Report Price: £2195 | \$2995 | €2600

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



Table of Contents

OVERVIEW

What you need to know

EXECUTIVE SUMMARY

- The market
- Over-55s the fastest growing segment of the female population

Figure 1: Trends in the size of the UK female population, 2014-24

- Motherhood continues to be delayed further in life
- Women over 65 feel confident about their finances going into the new decade
- Proportion of women who qualify as overweight remains high
- The consumer
- Food and drink the most popular interest of women
 Figure 2: Women's top hobbies and interests, October 2019
- Online sources of health advice relevant across all categories

Figure 3: Where women would look for different types of health advice, October 2019

 Women most desire that others see them as friendly and trustworthy

Figure 4: Characteristics women hope to be associated with by others, October 2019

- Classical art forms arouse the emotions
 - Figure 5: Women's engagement with traditional "high-art" forms, Correspondence Analysis, October 2019
- Further improvements in workplace equality necessary
 Figure 6: Women's attitudes towards gender and gender equality, October 2019
- Gender politics is playing too much of a role in advertising
 Figure 7: Women's attitudes towards gender stereotypes and gender politics in advertising, October 2019
- Foodie culture helping to boost interest in new food brands
 Figure 8: Categories women indicate an interest in experimenting with unfamiliar brands, October 2019
- Women welcome the added diversity offered by new food and drink brands

Figure 9: Attitudes towards supporting start-up food and drink brands, October 2019

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

Report Price: £2195 | \$2995 | €2600

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



 Pricing and trust concerns the biggest issues facing food and drink start-ups

Figure 10: Attitudes towards supporting start-up food and drink brands, October 2019

• In-store advertising key to new product discovery
Figure 11: Sources of information for new food, drink and
beauty and grooming products, October 2019

What we think

ISSUES AND INSIGHTS

- Encouraging women to be more active
- The facts
- The implications
- Brands have a duty to uphold the integrity of social trends they champion
- The facts
- The implications

THE MARKET - WHAT YOU NEED TO KNOW

- Growth in the female population is being driven by over 55s
- Motherhood continues to be delayed further in life
- Employment levels for women hits a record high
- Close to half of women over 65 describe their finances as 'healthy'
- Women's fitness levels need improving
- Social media usage nearly universal among women

MARKET DRIVERS

- Demographic factors
- One third of women will be 55 or older by 2024
 Figure 12: Trends in the age structure of the UK female population, 2014-24
- Average age of motherhood continues to rise
 Figure 13: Standardised mean age of mother and father by year, England and Wales, 2009 to 2018
- Appealing to women without children
- Economic factors
- Employment levels for women at a record high
 Figure 14: Employment and unemployment for UK women
 aged 16 years and older (seasonally adjusted), September-

November 2009 to September-November 2019

 Over a quarter of women say their financial situation is healthy

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

EMEA +44 (0) 20 7606 4533 Brazil 0800 095 9094
Brazil 0800 095 9094
Americas +1 (312) 943 5250
China +86 (21) 6032 7300
APAC +61 (0) 2 8284 8100

Report Price: £2195 | \$2995 | €2600

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



Figure 15: Financial situation amongst women, by age, December 2019

- Older women the most confident about their finances
- Women's health
- Three in five women qualify as overweight

Figure 16: Proportion of men and women aged 16+ who are overweight or obese, by region

Women's activity levels fall behind
 Figure 17: Levels of activity, by gender, 2015/16-2018/19

- Social media usage
- Most women are on social media, with Facebook the most popular platform

Figure 18: Women's usage of social media platforms in the last month, October 2019

THE CONSUMER - WHAT YOU NEED TO KNOW

- Food and drink the top interest for women
- · Online sources of health advice valued by women
- · Personable character traits most important to women
- · Classical art forms stir the emotions
- · Improvements in the workplace remain a top priority
- Advertisers may have gone too far with gender politics
- · Foodie culture helping to drive interest in new food brands
- Pricing and trust the biggest barriers for food and drink start-ups
- In-store advertising crucial to building awareness about new products
- Social media a vital resource for young women

WOMEN'S HOBBIES AND INTERESTS

- Food and drink proves most common female interest
 Figure 19: Women's top hobbies and interests, October 2019
- · Relatively low interest in health, exercise and sports
- Could exercise advice on food labels help drive women's activity levels?
- Film industry goes after female audiences
 Figure 20: Proportion of UK women who include cinema/
 theatre in their main hobbies/interests, by age, October 2019

SOURCES OF HEALTH ADVICE

Online resources are key, but a personal touch is still relevant

Figure 21: Where women would look for different types of health advice, October 2019

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

Report Price: £2195 | \$2995 | €2600

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



Most women will seek guidance via multiple outlets

Figure 22: Repertoire analysis on where women would look for different types of health advice, October 2019

The power of health apps to educate and motivate women into action

Figure 23: Proportion who would consider using social media or health apps for health advice, by age, October 2019

HOW WOMEN WANT TO BE PERCEIVED BY OTHERS

 Women most want to be viewed as friendly and trustworthy...

Figure 24: Characteristics women hope to be associated with by others, October 2019

...but young women most keen to be seen as determined and successful

Figure 25: Selected characteristics women hope to be associated with by others, by age, October 2019

Figure 26: No Room For Clichés. Royal Air Force campaign, 2019

Figure 27: Bumble The Ball is in Her Court campaign, 2019

Caution required with high aspirational marketing
 Figure 28: This Girl Can Campaign, January 2019

Over-55s more focused on the simpler things

ENGAGEMENT WITH DIFFERENT ART FORMS

Classical art forms evoke emotive response

Figure 29: Women's engagement with traditional "high-art" forms, Correspondence Analysis, October 2019
Figure 30: Women's engagement with traditional "high-art"

forms, October 2019

Updating classical arts for younger women

Figure 31: Proportion of women who consider selected art

forms to be "Boring", by age, October 2019

Figure 32: Marin Alsop in February, 2019

Figure 33: Irish conductor Eímear Noone

ATTITUDES TOWARDS GENDER

Women demand improvements to workplace equality ...
 Figure 34: Women's attitudes towards gender and gender equality, October 2019

Brands must be prepared to walk the walk

• The term 'Feminism' is a turn off for over half of all women

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

Report Price: £2195 | \$2995 | €2600

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



ATTITUDES TOWARDS EQUALITY IN ADVERTISING

Advertisers have gone too far with gender politics
 Figure 35: Women's attitudes towards gender stereotypes
 and gender politics in advertising, October 2019

- Stereotypes abound
- · Authenticity key to successful campaigns

EXPERIMENTING WITH NEW BRANDS

- Foodie trend drives willingness to try out new food brands
 Figure 36: Categories women indicate an interest in experimenting with unfamiliar brands, October 2019
- Clothing and beauty experimentation highest amongst younger women...

Figure 37: Selected categories women indicate an interest in experimenting with unfamiliar brands, by age, October 2019

 ...but opportunities remain to engage older female audiences

ATTITUDES TOWARDS FOOD AND DRINK START-UPS

 Women are eager to support and come across new brands...

Figure 38: Attitudes towards supporting start-up food and drink brands, October 2019

- ...but retailers need to ensure the right mix of old and new
- Pricing and trust prove the biggest barriers for start-ups to overcome

Figure 39: Attitudes towards supporting start-up food and drink brands, October 2019

Breaking through

SOURCES OF INFORMATION FOR NEW PRODUCTS

The importance of in-store marketing

Figure 40: Sources of information for new food, drink and beauty and grooming products, October 2019

Social media proves important source of information for younger women

Figure 41: Social media as an information source for new products by category and age, October 2019

APPENDIX – DATA SOURCES, ABBREVIATIONS AND SUPPORTING INFORMATION

- Abbreviations
- Consumer research methodology
- Methodology

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100



About Mintel

Mintel is the **expert in what consumers want and why.** As the world's leading market intelligence agency, our analysis of consumers, markets, product innovation and competitive landscapes provides a unique perspective on global and local economies. Since 1972, our predictive analytics and expert recommendations have enabled our clients to make better business decisions faster

Our purpose is to help businesses and people grow. To find out how we do that, visit mintel.com.