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This report looks at the following areas:

- The impact of COVID-19 on healthcare spending
- Important factors in healthcare provider selection
- Attitudes toward healthcare and healthcare spending
- Preventative health measures taken by US adults

During the initial lockdown phase of COVID-19, stay-at-home measures and business closures to limit the spread of COVID-19 shut down elective and non-emergency medical services. Healthcare providers and insurers helped consumer navigate through an uncertain health climate, along with offering more digitized services to help consumers shelter at home. Spending plummeted during the initial peak of the pandemic, but as safety protocols to prevent the spread of infection in healthcare environments proved effective, consumers slowed returned to their standard medical care regimen, and began spending on healthcare services once again.



"At the peak of the pandemic, COVID-19 nearly shut down all medical facilities that were not considered 'necessary' beyond those treating adults diagnosed with COVID-19. Healthcare spending greatly decreased, but as with most essential services, consumers have needed to return medical care providers for their general health."

– Jennifer White Boehm,

Associate Director, Finance

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Table of Contents

OVERVIEW

- What you need to know
- Key issues covered in this Report
- COVID-19: market context

EXECUTIVE SUMMARY

- Top takeaways
- Healthcare spending behaviors are as varied as the patient population
- COVID-19 hit the industry, but consumers will return
- · Costs are still top of mind
- Impact of COVID-19 on healthcare spending
- Lockdown was a disaster for the industry, but patients are returning

Figure 1: Short-, medium- and long-term impact of COVID-19 on healthcare spending, November 2020

- Opportunities and challenges
- Cost will remain a factor as US economy recovers from recession
- Telehealth will remain an integral part of medical care and could bring cost savings
- Satisfaction levels are high, but healthcare providers need to prove they value their customers

THE MARKET - KEY TAKEAWAYS

- · Healthcare services is a \$2.6 trillion industry
- · Spending pressured with high unemployment
- Medicare coverage is a big change for Baby Boomers
- Chronic health conditions impact half of Americans
- · Heightened focus on mental wellbeing

MARKET SIZE AND FORECAST

- Healthcare services is a \$2.6 trillion industry
 Figure 2: Total US retail sales and forecast of healthcare, at current prices, 2015-25
- Healthcare spending represents second-largest category
 Figure 3: Consumer spending by category, at current prices
 (\$ billions), 2020

MARKET FACTORS

- Healthcare spending will improve with COVID-19 vaccine
- Spending pressures likely with high unemployment

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Figure 4: Consumer confidence and unemployment, 2000-October 2020

Medicare coverage is a big change for Boomers

Figure 5: Medicare coverage, by younger and older Baby Boomers, January 2020

Chronic health conditions impact half of Americans

Figure 6: Chronic health management status, July 2020

· Heightened focus on mental wellbeing

Figure 7: Experience of stress and select mental health conditions, May 2020

COMPANIES AND BRANDS - KEY TAKEAWAYS

- COVID-19 prompts all around outreach
- Amazon enters health wearables market with Halo smartwatch
- Insurers try to help unemployed get insured

COMPANIES AND BRANDS

- Insurers increase creative outreach during COVID-19
- Aetna

Figure 8: "Importance of making #timeforcare during a pandemic," Aetna national TV ad, July 2020

- · Anthem and Blue Cross Blue Shield of Illinois
- Cigna
- Humana
- UnitedHealth Group
- Insurers offer discounted premiums as elective procedures plummet
- Amazon enters health wearables market with Halo smartwatch
- Insurers grapple with special enrollment periods to help newly unemployed

THE CONSUMER - KEY TAKEAWAYS

- Cost is top priority in healthcare decision
- Several opportunities to market to men and women separately
- Healthcare costs are a significant part of household budgets
- Opportunity to help least affluent take more preventative measures
- Spending due to COVID-19 relatively low for now
- Telehealth services reaching a wide audience
- Consumers are satisfied with healthcare coverage

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FACTORS IN CHOOSING HEALTHCARE PLANS

- Financial consideration top factor in healthcare decision
 Figure 9: Top factors in selecting healthcare coverage, July 2020
- Financial considerations vary between men and women
 Figure 10: Top factors in selecting healthcare coverage, by gender, July 2020
- 18-24s not concerned about premiums...yet
 Figure 11: Top factors in selecting healthcare coverage, by age, July 2020
- Provider network key to those with employer-sponsored insurance

Figure 12: Top factors in selecting healthcare coverage, by insurance type, July 2020

HSA eligibility attractive to parents
 Figure 13: Top factors in selecting healthcare coverage, by parental status, July 2020

HEALTHCARE SPENDING BUDGET

Healthcare costs typically account for up to 20% of annual incomes

Figure 14: Percent of yearly income devoted to healthcare spending, July 2020

- Women less likely to know how much is spent on healthcare
 Figure 15: Percent of yearly income devoted to healthcare spending, by gender, July 2020
- 24-35s spending more of income on healthcare
 Figure 16: Percent of yearly income devoted to healthcare spending, by age, July 2020
- Individually insured spend higher share of income on healthcare

Figure 17: Percent of yearly income devoted to healthcare spending, by type of insurance, July 2020

PREVENTATIVE HEALTHCARE

- Majority of consumers take some preventative measures
 Figure 18: Preventative healthcare measures taken in the past year, July 2020
- An opportunity exists to push men toward more preventative measures

Figure 19: Preventative healthcare measures taken in the past year, July 2020

 Many of the youngest consumers are bypassing preventative measures

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Figure 20: Preventative healthcare measures taken in the past year, by age, July 2020

- Least affluent are least likely to take preventative measures
 Figure 21: Preventative healthcare measures taken in the past
 year, by household income, July 2020
- Healthy habits deteriorate with financial stress
 Figure 22: Preventative healthcare measures taken in the past year, by financial situation, July 2020

COVID-19'S EFFECTS ON SPENDING AND CARE

 COVID-19's effect on costs is relatively low
 Figure 23: COVID-19's effect on medical costs and healthcare scheduling, July 2020

 COVID-19 has more significant spending effect on young men

Figure 24: COVID-19 effect on medical costs and healthcare scheduling, by gender and age, July 2020

PRESCRIPTIONS

- High prescription drug costs are a real concern
 Figure 25: Prescription drug behaviors, July 2020
- Prescription drug issues most relevant to elderly
 Figure 26: Prescription drug behaviors, by age, July 2020
- Those struggling financially often forced to skip medications

Figure 27: Prescription drug behaviors, by financial situation, July 2020

HEALTHCARE BEHAVIORS

Not all consumers stay in-network, telehealth services more common

Figure 28: Financial implications of healthcare, July 2020

- Women more diligently checking provider is in-network
 Figure 29: Financial implications of healthcare, by gender,
 July 2020
- Telehealth services not only for the young
 Figure 30: Financial implications of healthcare, by generation, July 2020
- Parents utilizing telehealth services
 Figure 31: Financial implications of health

Figure 31: Financial implications of healthcare, by parental status, July 2020

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

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ATTITUDES TOWARD HEALTHCARE AND HEALTHCARE SPENDING

Lack of billing transparency tops list of concerns
 Figure 32: Attitudes toward healthcare, July 2020

· High satisfaction with healthcare coverage

Figure 33: Satisfaction with healthcare coverage, July 2020

• With higher income, consumers feel less value

Figure 34: Satisfaction with healthcare coverage, by household income, July 2020

· Satisfaction dips with financial struggles

Figure 35: Satisfaction with healthcare coverage, by financial situation, July 2020

APPENDIX – DATA SOURCES AND ABBREVIATIONS

- Data sources
- Consumer survey data
- Abbreviations and terms
- Abbreviations

What's included

Executive Summary

Full Report PDF

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