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"Men's mental health has become an increasing concern in recent years. While there is often particular emphasis placed on the high number of male suicides, the problem is much broader than this, and many men suffer in silence."
– Jack Duckett, Senior Consumer Lifestyles Analyst

This report looks at the following areas:

For businesses there are undoubtedly reputational benefits to be had for those that help to break down the stigma that still surrounds mental illness and encourage men today to be more proactive towards their metal wellbeing.

- Getting men to "open up" about their mental wellbeing
- A more dynamic representation of older men in advertising

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DID YOU KNOW?

This report is part of a series of reports, produced to provide you with a more holistic view of this market



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The implications

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