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"The increasing prevalence of snacking creates an opportunity for healthier, more nutritious snacks. And with relatively low usage incidence of many newer types of better-for-you snacks, there's plenty of room for further growth. For better-for-you snack makers, new use occasions and pairings and exciting new flavors represent paths to increased consumption." - John Owen, Senior Food & Drink Analyst

This report looks at the following areas:

- Fresh fruit remains the most popular healthy snack option
- Relatively few better-for-you snacks eaten on a daily basis
- Consumer skepticism a substantial issue for healthy snack marketers

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DID YOU KNOW?

This report is part of a series of reports, produced to provide you with a more holistic view of this market



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Salty snack segments represent increasing competition for BFY snacks

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