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"Convenience and value for money remain key strengths for the category and should support the market if inflation remains high and consumer incomes are squeezed. Meanwhile, encouraging new dish and cuisine pairings for pasta, rice and noodles remains key to establish new usage occasions and drive volume growth." – Anita Winther, Research Analyst

This report looks at the following areas:

- Quick-to-cook microwave pasta is well placed to tap demand for convenience
- Stronger image as filling is needed to boost noodle pots' lunch potential
- Opportunities to tap demand for five-a-day side dishes

Volume sales of pasta, rice and noodles fell by 6% over 2012-16 as the growth enjoyed by rice was not strong enough to offset the declines seen in pasta. Growing competition from rice and noodles and negative health perceptions around refined carbohydrates have impacted on pasta sales. However, market volumes saw a 1% uptick in 2017 as the volume decline in pasta eased. Meanwhile, inflation has propped up value sales against the falling volumes, with the market growing by 9% over 2012-17 to an estimated \pounds 1.3 billion.

While the near-universal usage of pasta and rice limits the opportunities to expand the user base, opportunities remain for innovation in formats and varieties to drive engagement and trading up. Convenience remains a key driver in the market, supporting continued demand for quick-to-use microwave variants. Meanwhile, looking to beans and legumes as ingredients and additions should appeal to consumers who are looking to reach their five-a-day targets.

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DID YOU KNOW?

This report is part of a series of reports, produced to provide you with a more holistic view of this market



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