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"Compared to older generations, Millennials exhibit a unique set of behaviors regarding their eating and food shopping habits. They prioritize health and freshness, have a foodie mentality at home and away, and shop for food across a variety of retail channels."

- Amanda Topper, Food Analyst

# This report looks at the following areas:

- Older Millennials less likely to trust large food manufacturers
- Millennials are focused on their own health
- Shopping behavior varies drastically between Millennials and Non-Millennials

This report is the first of its kind from Mintel and builds on the analysis presented in Marketing to Millennials - US, February 2015 . Readers of this report may also be interested in Black Millennials -US, February 2015, Hispanic Millennials - US, February 2015, and Millennials and Finance - US, April

For the purposes of this report, Mintel has used the following definitions:

Millennials are defined as the generation born between 1977 and 1994. In 2015, Millennials are aged 21-38.

In reference to the consumer survey findings, Millennials are defined as:

- Younger Millennials are between the ages of 21 and 28
- Older Millennials are between the ages of 29 and 38

Mintel also has discovered important sub-groups of Millennials and explores them throughout this report. Each group is color coded throughout the report as indicated below. For exploration of the key components of each sub-group and what makes each unique, see Millennial Sub-Group Profiles.

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This report is part of a series of reports, produced to provide you with a more holistic view of this market



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#### Table of Contents

#### Overview

What you need to know

Definition

#### Who are Millennials?

## Millennials represent one quarter of the US population and continue to grow

Figure 1: US population, by generation share, 2015

Figure 2: US population, by generation, 2010-20

#### Millennials are racially diverse

Figure 3: Distribution of generations by race and Hispanic origin, 2015

# Millennials waiting longer to marry, but have households with children

Figure 4: Households with own children, by generation of householder, 2013

## Younger and Older Millennials' spending power differ

Figure 5: Median household income, by age/generation of householder, 2013

#### **Executive Summary**

#### Why focus on Millennials?

The issues

## Older Millennials less likely to trust large food manufacturers

Figure 6: Select attitudes toward food – Any agree, by Millennials, June 2015

## Millennials are focused on their own health

Figure 7: Select attitudes toward food – Any agree, by Millennials, June 2015

## Shopping behavior varies drastically between Millennials and Non-Millennials

Figure 8: Agreement with select grocery shopping behaviors, by Millennials, June 2015

## The opportunities

## Be authentic and open

Figure 9: Importance of food factors - Any important, by Millennials and Millennial Parents, June 2015

## Focus on freshness

Figure 10: Agreement with select food and shopping behaviors, by Millennials, June 2015

Figure 11: Agreement with select grocery shopping behaviors, by Millennials, June 2015

## Potential to boost in-store and online retail offerings

Figure 12: Select attitudes toward food - Any agree, by Millennials, June 2015

Figure 13: Agreement with select food and shopping behaviors, by Millennials, June 2015

## What it means

## Who's Getting it Right?

# A Millennial-focused retail channel

Figure 14: Jeff Turnas of 365 by Whole Foods Market

## Big food makes big changes



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Figure 15: A big commitment for our cereals

## Customized and personalized brand experiences

Figure 16: Doritos Jacked 3D Promo

Figure 17: S'mores Flavored Oreo Cookies "Cubicle Campfire"

#### The Consumer - What You Need to Know

Function, convenience important to food purchases

When building trust, offering transparency is vital

Millennials shop frequently, and across channels

Millennials are foodies and value premium, high quality products

Millennials differ drastically by sub-group

## Millennial Sub - Group Profiles

Younger and Older Millennials

Younger Millennials (ages 21-28)

Older Millennials (ages 29-38)

Millennial Parents

Millennial Moms

Millennial Dads

Hispanic Millennials

# Consumer Segmentation

Figure 18: Millennial clusters, June 2015

Group one: Foodie Skeptics

Group two: Health-Conscious Independents

Group three: Brand Loyal Eaters

Cluster methodology

## Attitudes toward Food

## Older Millennials desire transparency

Figure 19: Select attitudes toward food – Any agree, by Millennials, June 2015

## Older Millennials self-identify as foodies

Figure 20: Attitudes/opinions about food, any agree, by Millennials, February 2014-March 2015

Figure 21: Select attitudes toward food - Any agree, by Millennials, June 2015

# Importance of Food Factors

## Millennials, Millennial Parents value retailer, brand

Figure 22: Importance of food factors - Any important, by Millennials and Millennial Parents, June 2015

# Nutrition, retailer, brand more important among Hispanic Millennials

Figure 23: Importance of food factors - Any important, by Hispanic origin, June 2015

# Importance of Food Drivers

Freshness, flavor and nutrition most important

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Figure 24: Importance of food drivers - Any important, by Millennials, June 2015

## Millennial Moms focused on nutrition, dads focused on fun

Figure 25: Importance of food drivers - Any important, by Millennial Parents, June 2015

#### Influential Product Factors

## Local products, packaging most influential for Young Millennials

Figure 26: Attitudes/opinions about the environment, any agree, February 2014-March 2015

Figure 27: Influential product factors, by older and younger millennials, June 2015

## **Grocery Shopping Behaviors**

## Millennials make frequent, impromptu grocery visits

Figure 28: Select attitudes toward grocery shopping online, November 2013 and August 2015

Figure 29: Agreement with grocery shopping behaviors, by Millennials, June 2015

## Hispanic Millennials key group for in-store dining

Figure 30: Grocery shopping behaviors - CHAID - Tree output, June 2015

## Food and Shopping Behaviors

## Older Millennials use mobile devices to aid shopping experience

Figure 31: Agreement with food and shopping behaviors, by Millennials, June 2015

## Millennial Dads more likely to shop fresh sections

Figure 32: Agreement with food and shopping behaviors, by Millennial Parents, June 2015

## Higher earning households with children only shop fresh

Figure 33: Food and shopping behaviors – CHAID – Tree output, June 2015

# Appendix – Data Sources and Abbreviations

Data sources

Consumer survey data

Consumer qualitative research

Abbreviations and terms

Abbreviations

# Appendix – Consumer

Figure 34: Attitudes/opinions about food, Any agree, by Millennials, February 2014-March 2015

## Appendix - CHAID Analysis

## Methodology

# Grocery shopping behaviors

Figure 35: Grocery shopping behaviors - CHAID - Table output, June 2015

# Food and shopping behaviors

Figure 36: Food and shopping behaviors - CHAID - Table output, June 2015

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