

Report Price: £2466.89 | \$3995.00 | €3133.71

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



"For parents, feeding their kids is largely driven by generational factors, as well as parenting styles and demographics. There are distinct differences in the attitudes and behaviors of parents based on what groups they belong to and identify with."

— Amy Kraushaar, US Category Manager

This report looks at the following areas:

Parents are impacted by many factors when making decisions on what and how to feed their kids: demographics, generational groups (how their parents raised them as well as their own generation attitudes, perceptions, and beliefs), and the style in which they raise their children.

The percentage of families with children has declined between 2003 and 2013, and with Millennials marrying and setting up households later, manufacturers and marketers need to understand parent issues, considerations, and strategies in terms of feeding their kids. This report identifies what impacts parent decision making when it comes to kids and eating.

BUY THIS REPORT NOW

VISIT: store.mintel.com

CALL: EMEA +44 (0) 20 7606 4533

> Brazil 0800 095 9094

Americas +1 (312) 943 5250

+61 (0) 2 8284 8100

EMAIL: reports@mintel.com

DID YOU KNOW?

This report is part of a series of reports, produced to provide you with a more holistic view of this market



Report Price: £2466.89 | \$3995.00 | €3133.71

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

Table of Contents

Scope and Themes

What you need to know

Definition

Data sources

Consumer survey data

Abbreviations and terms

Abbreviations

Executive Summary

Overview

Households with children likely to continue declining

Figure 1: Total US households, by presence of own children, 2003-13

Dads help, but women still primary decision makers when it comes to feeding the kids

Figure 2: Primary decision maker for feeding children at home, by gender, May 2014

Looking at the market through the lens of different generations...

Millennial Parents

Generation X Parents

Baby Boomers

...and parent feeding styles

Permissive parents

Strict parents

Health Pusher parents

Generations differ in key factors that impact feeding their kids

Figure 3: Factors that impact feeding decisions at home, by generations, top five responses, May 2014

Different parent styles also impact kid-feeding decisions

Figure 4: Factors that influence feeding decisions at home - Any use, by parenting food groups, May 2014

Income correlates highly with what and how parents feed their kids

Figure 5: Factors that influence feeding decisions at home - Parenting food groups, by household income, May 2014

Figure 6: Agreement with attitudes toward children's eating habits and nutrition, by income

Race/ethnicity factor into different types of decision making

Figure 7: Your attitudes, opinions, and interests, by race/Hispanic origin, January 2013-March 2014

Parents in the West most likely to push healthy foods

Figure 8: Parent behaviors on feeding decisions at home – Any do, by regions, May 2014

Media and others more likely to influence men's decisions on feeding kids

Figure 9: Parent influences on decisions related to feeding one's children at home, by gender, May 2014

What we think

Market Drivers



VISIT: store.mintel.com

CALL: EMEA +44 (0) 20 7606 4533 | Brazil 0800 095 9094 Americas +1 (312) 943 5250 | APAC +61 (0) 2 8284 8100



Report Price: £2466.89 | \$3995.00 | €3133.71

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

Key points

Childhood obesity driving parents to look for healthier food options

Figure 10: Percent of children* who are obese, 2001-02 to 2011-12, by age

Economic concerns such as employment and job instability still factors

Figure 11: Median household income in US, in inflation-adjusted dollars, 2001-11

Fewer children in the household impacting market

Figure 12: Total US households, by presence of own children, 2003-13

Parent Attitudes, Factors, and Influencers toward Feeding Their Kids

Key points

Primary decision maker for feeding kids at home

Women still primary decision makers on feeding kids

Figure 13: Primary decision maker for feeding children at home, by gender, May 2014

Higher-income levels suggests a more collaborative approach

Figure 14: Primary decision maker for feeding children at home, by household income, May 2014

Blacks more likely to be single parents and sole decision maker

Figure 15: Primary decision maker for feeding children at home, by race, May 2014

Factors that impact feeding decisions at home

Parents say foods/flavors kids like is most important; nutrition factors rank lower

Figure 16: Factors that impact feeding decisions at home, May 2014

Older parents, with likely older kids, say what kids like and can make themselves is important

Figure 17: Factors that impact feeding decisions at home, by age, May 2014

Higher-income parents say affordability has less impact, organic is considered

Figure 18: Factors that impact feeding decisions at home, by household income, May 2014

Other race parents most concerned about nutrition, organics; less about affordability

Figure 19: Factors that impact feeding decisions at home, by race, May 2014

Education

Figure 20: Factors that impact feeding decisions at home, by education, May 2014

Single parents say affordability, easy preparation for kids are key factors

Figure 21: Factors that impact feeding decisions at home, by marital/relationship status, May 2014

Midwest parents are more pragmatic; West influenced by organic

Figure 22: Factors that impact feeding decisions at home, by regions, May 2014

Parent behaviors around feeding decisions

Parents are proactive in helping kids eat healthy

Figure 23: Parent behaviors on feeding decisions at home, May 2014

Parents of older children impacted by kids' busy lives

Figure 24: Parent behaviors on feeding decisions at home - by age of child(ren), May 2014

Younger parents, likely with younger kids, try to build good habits early on

Figure 25: Parent behaviors on feeding decisions at home – Any do, by age, May 2014

Figure 26: Your attitudes, opinions, and interests, by age, January 2013-March 2014

BUY THIS REPORT NOW VISIT: store.mintel.con

CALL: EMEA +44 (0) 20 7606 4533 | Brazil 0800 095 9094



Report Price: £2466.89 | \$3995.00 | €3133.71

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

Highest-income parents more likely to read labels thoroughly before buying

Figure 27: Parent behaviors on feeding decisions at home - Any do, by household income, May 2014

Hispanic/other race parents more focused on nutrition/healthy eating

Figure 28: Your attitudes, opinions, and interests, by race/Hispanic origin, January 2013-March 2014

Figure 29: Parent behaviors on feeding decisions at home - Any do, by race, May 2014

West region parents strive for disciplined, nutritious eating at home

Figure 30: Parent behaviors on feeding decisions at home - Any do, by regions, May 2014

Parent attitudes toward kids' eating habits and nutrition

Men have more concerns about kids' eating habits and nutrition

Figure 31: Agreement with attitudes toward children's eating habits and nutrition, by gender, May 2014

Higher-income parents most likely to have worries, would pay more for kid food with health benefits

Figure 32: Agreement with attitudes toward children's eating habits and nutrition, by household income, May 2014

Younger first-time parents have more concerns, issues on feeding their kids

Figure 33: Agreement with attitudes toward children's eating habits and nutrition, by age, May 2014

Black/other race parents would pay more for more nutritious kid food

Figure 34: Agreement with attitudes toward children's eating habits and nutrition, by race/Hispanic origin, May 2014

Urban parents have more concerns, would pay more for food with kid-specific nutrition

Figure 35: Agreement with attitudes toward children's eating habits and nutrition, by area, May 2014

What influences parent decisions about feeding their kids

Men's feeding decisions more influenced by others and media, than women

Figure 36: People who influence decisions related to feeding one's children at home, by gender, May 2014

Figure 37: Other outside influences that impact feeding one's children at home, by gender, May 2014

Younger first-time parents more influenced by professionals

Figure 38: People who influence decisions related to feeding one's children at home, by age, May 2014

Figure 39: Other outside influences that impact feeding one's children at home, by age, May 2014

Higher-income parents more influenced by family, friends, peers

Figure 40: People who influence decisions related to feeding children at home, by household income, May 2014

Figure 41: Other outside influences that impact feeding one's children at home, by household income, May 2014

Hispanics influenced by media sources; one third of Blacks look to professionals

Figure 42: People who influence decisions related to feeding one's children at home, by race/Hispanic origin, May 2014

Figure 43: Other outside influences that impact feeding one's children at home, by race/Hispanic origin, May 2014

Social-media-involved parents are most influenced by others on kid-feeding decisions

Figure 44: People who influence decisions related to feeding one's children at home, by visits social media websites daily, May 2014

How Parents Feed Their Kids by Generational Groups

Key points

Profile: Millennial parents and feeding their kids

Millennial parent strategies

Profile: Generation \boldsymbol{X} parents and feeding their kids

Gen X parent strategies



VISIT: store.mintel.com

CALL: EMEA +44 (0) 20 7606 4533 | Brazil 0800 095 9094 Americas +1 (312) 943 5250 | APAC +61 (0) 2 8284 8100



Report Price: £2466.89 | \$3995.00 | €3133.71

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

Profile: Baby Boomer parents and feeding their kids

Baby Boomer parent strategies

Generational differences in feeding decisions

- Figure 45: Primary decision maker for feeding children at home, by generations, May 2014
- Figure 46: Factors that impact feeding decisions at home, by generations, May 2014
- Figure 47: Factors that influence feeding decisions at home Any use, by generations, May 2014
- Figure 48: Agreement with attitudes toward children's eating habits and nutrition, by generations, May 2014
- Figure 49: People who influence decisions related to feeding one's children at home, by generations, May 2014
- Figure 50: Other outside influences that impact feeding one's children at home, by generations, May 2014

Parent Styles toward Feeding Their Kids

Classic parenting styles defined

Three styles uncovered on how parents feed their kids

Profile: Permissive parents
Insights and opportunities
Profile: Strict parents
Insights and opportunities
Profile: Health Pusher parents
Insights and opportunities

Parent Style Groups

Key points

Different parent styles impact feeding decisions and behaviors

Figure 51: Factors that impact feeding decisions at home, by parenting food groups, May 2014

Figure 52: Factors that influence feeding decisions at home – Any use, by parenting food groups, May 2014

Permissive parents may be overwhelmed by feeding decisions

Figure 53: Agreement with attitudes toward children's eating habits and nutrition, by parenting food groups, May 2014

Figure 54: Agreement with statements regarding preferences for feeding children at home, by parenting food groups, May 2014

Strict parents influenced by professionals; Permissives, by peers and their kids

Figure 55: People who influence decisions related to feeding one's children at home, by parenting food groups, May 2014

Figure 56: Factors that influence feeding decisions at home – Parenting food groups, by people who influence decisions related to feeding one's children at home, May 2014

Kids' and Teens' Attitudes toward Food and Eating

Key points

The kids' side of the story

Figure 57: Attitudes toward food and eating, by gender, November 2012-December 2013

Figure 58: Attitudes toward food and eating, by age, November 2012-December 2013

The teens' side of the story

Figure 59: Attitudes toward food and eating, by gender, November 2012-December 2013

Figure 60: Attitudes toward food and eating, by age, November 2012-December 2013

Trend Applications



VISIT: store.mintel.com

CALL: EMEA +44 (0) 20 7606 4533 | Brazil 0800 095 9094 Americas +1 (312) 943 5250 | APAC +61 (0) 2 8284 8100



Report Price: £2466.89 | \$3995.00 | €3133.71

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

Trend: Nouveau Poor
Trend: Immaterial World
Trend: Mood to Order

Innovations and Innovators by Parenting Style

Permissive parents focus on food kids will love

Strict parents are most interested in healthy discipline

Health Pusher parents look for clever ways to make healthy eating easy

Marketing Strategies

Overview of the marketing landscape

Theme: Healthy food by whatever means possible

Appendix - Other Useful Consumer Tables

Figure 61: Any decisions makers for feeding children at home, by parenting food groups, May 2014

Figure 62: Any decisions makers for feeding children at home, by household income, May 2014

Figure 63: Primary decision maker for feeding children at home, by household income, May 2014

Figure 64: Factors that impact feeding decisions at home, by household income, May 2014

Figure 65: Your attitudes, opinions, and interests, by gender, January 2013-March 2014

Figure 66: Your attitudes, opinions, and interests, by household income, January 2013-March 2014

Figure 67: Your attitudes, opinions, and interests, by education, January 2013-March 2014

Figure 68: Your attitudes, opinions, and interests, by marital status, January 2013-March 2014

Figure 69: Factors that influence feeding decisions at home – Any use, by education, May 2014

Figure 70: Agreement with attitudes toward children's eating habits and nutrition, by race/Hispanic origin, May 2014

Figure 71: Statements regarding preferences for feeding children at home, May 2014

Figure 72: Agreement with statements regarding preferences for feeding children at home, by gender, May 2014

Figure 73: Factors that influence feeding decisions at home, by people who influence decisions related to feeding one's children at home, May 2014

Figure 74: Factors that influence feeding decisions at home, by other outside influences that impact feeding one's children at home,

May 2014 Figure 75: Factors that influence feeding decisions at home, by other outside influences that impact feeding one's children at home,

May 2014

Figure 76: Factors that influence feeding decisions at home – Parenting food groups, by people who influence decisions related to

feeding one's children at home, May 2014

Figure 77: Other outside influences that impact feeding one's children at home, by gender, May 2014

Figure 78: People who influence decisions related to feeding one's children at home, by race/Hispanic origin, May 2014

Figure 79: Other outside influences that impact feeding one's children at home, by regions, May 2014

Figure 80: Other outside influences that impact feeding one's children at home, by area, May 2014

Figure 81: Agreement with statements regarding preferences for feeding children at home, by household income, May 2014

Figure 82: Agreement with statements regarding preferences for feeding children at home, by race/Hispanic origin, May 2014

Figure 83: Attitudes toward food and eating, by age, November 2012-December 2013

Figure 84: Attitudes toward food and eating, by region, November 2012-December 2013

Appendix - Trade Associations



VISIT: store.mintel.com

CALL: EMEA +44 (0) 20 7606 4533 | Brazil 0800 095 9094