

# Attitudes towards Lunch Out-of-home – UK – June 2021

Report Price: £2195 | \$2995 | €2600

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

### This report looks at the following areas:

- The impact of COVID-19 on the lunch out-of-home (foodservice) market.
- Lunch out-of-home participation and venues used for takeaways in the last 12 months.
- Factors that influence consumers' decision-making when eating/ordering lunch out-of-home.
- Consumers' attitudes towards lunch out-of-home service channels, including click-and-collect and drive-through.
- How the pandemic will shape workplace catering in future.

40% of workers say that they miss their workplace's food and drink perks, rising to 59% of those who have access to a workplace canteen.

Office closures and stay at home mandates have resulted in more people making their own lunches at home rather than buying them from workplace canteens or foodservice outlets situated on high streets. This trend is likely to continue beyond the pandemic, with many consumers expecting to continue to work from home for at least part of the week, and therefore this will result in some consumers exiting the out-of-home lunch market or reducing the frequency of their usage of lunchtime food outlets.

The pandemic has not only seen consumers become used to spending less on everyday lunches; it has also seen many replace small shops and regular visits to high streets with big supermarket shops. Some consumers are unlikely to break this habit anytime soon, and this will see supermarkets provide greater competition to the foodservice market. 36% of Britons have bought ready-to-eat food from a supermarket/convenience store in the past year, rising to 42% amongst those in a tight financial situation.

As people become more confident with making their own lunches, it is vital for operators to reach the customers who have acquired a taste for premium foods, whether it be through offering dishes cooked to perfection using



"COVID-19 is expected to have long-lasting consequences for how and where people work, and some out-of-home lunch expenditure will be redistributed to foodservice venues within suburban and rural areas due to the expected decline in commuting into cities."

— Trish Caddy, Senior Foodservice Analyst – 19 May 2021

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	s +1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

#### Attitudes towards Lunch Out-of-home - UK - June 2021

Report Price: £2195 | \$2995 | €2600





specialised techniques or unique food pairings with a 'wow' factor, as opposed to sandwiches and salads that may be considered easy to make at home.

### What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

# Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



#### **Table of Contents**

#### **OVERVIEW**

- Key issues covered in this Report
- COVID-19: Market context
- Economic and other assumptions
- Products covered in this Report

#### **EXECUTIVE SUMMARY**

Impact of COVID-19 on lunch out-of-home
 Figure 1: Short, medium and long-term impact of COVID-19 on lunch out-of-home, 19 May 2021

- The market
- Consumer confidence has held up well
  Figure 2: Trends in consumer sentiment for the coming year,
  April 2009-April 2021
- Companies and brands
- Greggs to become a carbon-neutral business by 2025
- Compass Group pivots to WFH lunch occasions
- Pret's disruptive recovery and expansion strategies
- The consumer
- Multiple takeaway formats help foodservice diversify lunch traffic

Figure 3: Lunch out-of-home purchase methods, April 2021

 Most lunch consumers have ordered a takeaway from a fast food outlet

Figure 4: Lunch takeaway venues used, April 2021

- Under-25s skipping breakfasts and having late lunches
   Figure 5: Lunch out-of-home visit preferences, April 2021
- Sustain time-tested recipes and continue to innovate with new flavours

Figure 6: Lunch out-of-home menu preferences, April 2021

Affordable out-of-home lunches much needed to stay competitive

Figure 7: Lunch out-of-home purchase drivers, April 2021

- Cater to those who have acquired a taste for premium foods
  Figure 8: Lunch out-of-home behaviours, April 2021
- Home deliveries allow consumers to stretch their budgets further

Figure 9: Lunch out-of-home attitudes, April 2021

Digital transformation accelerates demand for micromarkets

Figure 10: Lunch out-of-home behaviours, by availability of workplace canteen, April 2021

#### What's included

**Executive Summary** 

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

# Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



#### **ISSUES AND INSIGHTS**

- What does a post-pandemic lunch experience look like...
- ... back at the workplace?
- ...working remotely?
- · Responding to younger consumers' lunch habits
- · Weekends is where it's at
- Filling up with late lunches
- Rotating menu options
- Meat-free lunches
- Strike a balance between affordable and premium choices

#### THE MARKET - KEY TAKEAWAYS

- Consumer confidence has held up well
- Wider consumer demand for indoor dining will take some time to rebound
- Most grab-and-go lunchtime foods would fall into the scope of Natasha's Law
- Workplace safety measures have altered staff canteens

#### **MARKET DRIVERS**

- Diversify takeaway formats to top up earnings
- Barriers to eating lunch out-of-home
- Consumer confidence has held up well, but many face risk of unemployment

Figure 11: Trends in consumer sentiment for the coming year, April 2009-April 2021

Impact of job losses

Figure 12: Unemployment rate forecast, 2020-25

- Impact of national reopening of indoor vs outdoor dining
   Figure 13: Sitting outdoors vs indoors participation plans, April 2021
- Impact of Natasha's Law on operators
- Impact of long-term remote working
- · Eating main meals at home

Figure 14: Food behaviours towards eating the main meal of the day at home, April 2016-March 2021

- · Catering to a dispersed workforce
- Impact of social distancing in the workplace on staff canteens
- Implications of relaxed takeaway regulations

#### **COMPANIES AND BRANDS - KEY TAKEAWAYS**

- Pret's disruptive recovery and expansion strategies
- Just Eat Takeaway.com grows global market share

#### What's included

**Executive Summary** 

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

# Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



- EG Group aims to drive LEON to succeed on the superhighway
- Greggs to become a carbon-neutral business by 2025
- Compass Group pivots to WFH lunch occasions
- Subway x Walkers drive emotional connections

#### COMPETITIVE STRATEGIES AND MARKET SHARE

- Subway leads the sandwich/grab-and-go market
   Figure 15: Selected lunch foodservice brands, by number of outlets, 2012–21
- Pret's disruptive recovery and expansion strategies
- The use of loss-leader pricing to boost footfall
- · Delivery-only services to help expand into new locations
- Tesco partnership expands its reach beyond the high street
- Just Eat Takeaway.com grows global market share
   Figure 16: Selected third-party delivery services, by number of restaurant partners (worldwide), 2019-21
- Deliveroo was still unprofitable in 2020
- Uber Eats becomes a restaurant support system
- Applegreen operates largest forecourt estate
   Figure 17: Selected motorway service operators, by number of motorway service stations, 2020/21
- EG Group aims to drive LEON to succeed on the superhighway
- Impact of Obesity Strategy on Roadchef's drive-through plans

### LAUNCH ACTIVITY AND INNOVATION

- Voluntary carbon-neutral actions first step to greener foodservices
- LEON adds carbon-neutral range to its menu
- BrewDog's Forest carbon offset project in Scotland
- Greggs to become a carbon-neutral business by 2025
- Earn double points on vegan purchases at Le Pain Quotidien
- Drive-through queue management solutions
- Compass Group pivots to WFH lunch occasions
- Subway x Walkers drive emotional connections
- FinTech fuels future of foodservice payments

#### **BRAND RESEARCH**

Brand map

Figure 18: Attitudes towards and usage of selected brands, March 2021

Key brand metrics

#### What's included

**Executive Summary** 

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

# Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



Figure 19: Key metrics for selected brands, March 2021

 Brand attitudes: Britons hold most positive attitudes towards M&S Simply Food

Figure 20: Attitudes, by brand, March 2021

Brand personality: Greggs most fun and accessible, while
 M&S Simply Food is most exclusive and ethical

Figure 21: Brand personality - Macro image, March 2021

 Subway considered most samey and tacky of all, while LEON is the coolest

Figure 22: Brand personality – Micro image, March 2021

- Brand analysis
- M&S Simply Food is the healthier (not cheaper) alternative to foodservice brands

Figure 23: User profile of M&S Simply Food, March 2021

- Greggs has strong value-for-money perceptions
   Figure 24: User profile of Greggs, March 2021
- Subway is not associated with being healthy Figure 25: User profile of Subway, March 2021
- Pret A Manger's healthier choices yet to cut through
   Figure 26: User profile of Pret A Manger, March 2021
- LEON is well-poised to be menu trends market leader
   Figure 27: User profile of Leon, March 2021
- Reading word clouds

#### THE CONSUMER - KEY TAKEAWAYS

- Consumer confidence in cooking will result in fewer out-ofhome lunches
- Multiple takeaway formats help foodservice diversify lunch traffic
- Most lunch consumers have ordered a takeaway from a fast food outlet
- Under-25s skipping breakfasts and having late lunches
- Sustain time-tested recipes and continue to innovate with new flavours
- · Cater to those who have acquired a taste for premium foods

#### IMPACT OF COVID-19 ON CONSUMER BEHAVIOUR

- Impact of consumer confidence in cooking lunch at home
   Figure 28: Consumers' lunch at-home participation in the last month, April 2021
- COVID-19's lasting impact on takeaway usage
   Figure 29: Changes in consumer spending more on takeaways/home delivery, 8 December 2020-6 May 2021

#### What's included

**Executive Summary** 

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

# Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



Pre-order and collect starts to click with more Britons

Figure 30: Changes in click-and-collect usage,16 April 2020-22 April 2021

#### **LUNCH OUT-OF-HOME PURCHASE METHODS**

 Multiple takeaway formats help foodservice diversify lunch traffic

Figure 31: Lunch out-of-home purchase methods, April 2021

#### **TAKEAWAY VENUES USED**

 Most lunch consumers have ordered a takeaway from a fast food outlet

Figure 32: Lunch takeaway venues used, April 2021

- Sandwich or bakery shops are primed for quick recovery
- Cafés fill the void of coffee shops and restaurants in rural locations
- Supermarket/c-store consumers most likely to order fast food takeaways

Figure 33: Lunch takeaway venues used, by overall participation, April 2021

#### **VISIT PREFERENCES**

 Young consumers more likely to head out for lunch at the weekend

Figure 34: Lunch out-of-home visit preferences, April 2021

Under-25s skipping breakfasts and having late lunches
 Figure 35: Proportion of consumers who are skipping
 breakfast more now than 12 months ago, by age, April 2021

### **MENU PREFERENCES**

- Sustain time-tested recipes and rotate new flavours
   Figure 36: Lunch out-of-home menu preferences, April 2021
- Strike a balance between meat and meat-free for "flexitarians"
- Prioritise hot lunches to maximise sales opportunities

#### **PURCHASE DRIVERS**

Affordable out-of-home lunches much needed to stay competitive

Figure 37: Lunch out-of-home purchase drivers, April 2021

- Purchase drivers of older consumers
- · Link between familiar dish and type of cuisine
- Adapt to older consumers' hygiene priorities
- Steered by locality of venues

#### What's included

**Executive Summary** 

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

# Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

#### Attitudes towards Lunch Out-of-home - UK - June 2021

#### Report Price: £2195 | \$2995 | €2600

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



- New lunchtime priorities are emerging
- Diet-specific lunches can fill the hunger gap
- Emerging cross-sell wins
- Healthier food choices
- On the back of drink purchases
- Start adding carbon neutral menu choices

#### **LUNCH OUT-OF-HOME BEHAVIOURS**

- Cater to those who have acquired a taste for premium foods
  Figure 38: Lunch out-of-home behaviours, April 2021
- Lunchbox schemes appeal to young families
- Scope for lunchtime food outlets to operate in retail venues

#### ATTITUDES TOWARDS LUNCH OUT-OF-HOME

 Home deliveries allow consumers to stretch their budgets further

Figure 39: Attitudes towards lunch out-of-home, April 2021

- COVID-19 spurs operators to explore numerous fulfilment channels
- Convenience
- Safety

#### **WORKPLACE CATERING**

 Two fifths of British workers usually have access to workplace canteens

Figure 40: Availability of workplace canteen, April 2021

More than half miss their workplace perks

Figure 41: Lunch out-of-home behaviours, by availability of workplace canteen, April 2021

Contact-free foodservices vital for those returning to the workplace

Figure 42: Lunch out-of-home attitudes, by availability of workplace canteen, April 2021

Fresh food vending machines helpful to three fifths of workers

Figure 43: Lunch out-of-home attitudes, by availability of workplace canteen, April 2021

Digital transformation accelerates demand for micromarkets

Figure 44: Lunch out-of-home behaviours, by availability of workplace canteen, April 2021

Meal kits will cater to a dispersed workforce

Figure 45: Lunch out-of-home attitudes, by availability of workplace canteen, April 2021

#### What's included

**Executive Summary** 

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

# Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
China	+86 (21) 6032 7300
APAC	+61 (0) 2 8284 8100

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



# APPENDIX – DATA SOURCES, ABBREVIATIONS AND SUPPORTING INFORMATION

- Abbreviations
- Consumer research methodology

### What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

# Did you know?

This report is part of a series of reports, produced to provide you with a more holistic view of this market.

All Mintel 2020 reports contain specific COVID-19 related research and forecasts. The world's leading brands rely on Mintel reports for the most complete, objective and actionable market intelligence.

Visit	store.mintel.com
EMEA	+44 (0) 20 7606 4533
Brazil	0800 095 9094
Americas	+1 (312) 943 5250
Americas China	+1 (312) 943 5250 +86 (21) 6032 7300



# **About Mintel**

Mintel is the **expert in what consumers want and why.** As the world's leading market intelligence agency, our analysis of consumers, markets, product innovation and competitive landscapes provides a unique perspective on global and local economies. Since 1972, our predictive analytics and expert recommendations have enabled our clients to make better business decisions faster

Our purpose is to help businesses and people grow. To find out how we do that, visit mintel.com.