

### April 2009

#### Obesity - UK

Although obesity is not a recent medical disorder, it is only in the late 20th Century that this condition has reached epidemic proportions in terms of its prevalence. The scale and speed of the growth in obesity suggests that, whilst certain genes might make certain individuals more prone to obesity ...

### February 2009

#### Taking Care of Yourself - Winter Edition - UK

When it comes to making New Year's resolutions – particularly those related to health and diet – consumers rarely put their money where their mouth is. Mintel's first tracking study will follow consumers over a 2-month period of time to see how their intentions translate into actions.

### January 2009

#### Consumer Reaction to the Credit Crunch - UK

For the last half decade, consumers have been making the most of cheap and readily-available credit, underpinned by the confidence that soaring house prices bring to homeowners. And for the last half decade, if not longer, pundits have been pointing out that this situation simply wasn't sustainable.

#### Slow Travel - UK

This has been the era of cheap, fast travel, with 14% growth in holidays by air over the past five years. However rising demand has led to growing congestion, the 'war on terror' has imposed security checks and delays, and concerns have grown over the effect of CO<sub>2</sub> emissions ...