

## April 2013

### Trends in Health and Wellness - China

Incidence of cancer and a variety of chronic diseases, such as cardiovascular and cerebrovascular disease, are on the rise amongst urban Chinese residents. Meanwhile, prevalence of sub-health, generally regarded as a root cause of chronic diseases, is, according to government statistics, on the up with 60% of Chinese people suffering ...

## March 2013

### 健康趋势 - China

“当前，中国城市居民健康状况的发展趋势堪忧，亚健康状态和诸如癌症或各种心脑血管等慢性病的发病率呈逐年上升的趋势。同时,亚健康状态又被普遍看作是导 致各种慢性病的根本原因，是慢性病的前奏。根据政府有关部门的调查统计，我国目前约有60%的人在生理或精神上处于亚健康状态。”

- 茅玮 - 高级研究分析员