

# **Health and Wellbeing - UK**

### December 2013

#### **Suncare - UK**

"The rise in the population of the eldest demographics poses challenges as well as opportunities, as although the over-55s are the most knowledgeable when it comes to the dangers of the sun, they are least likely to use sun protection and self-tanning products. However, as they continue to seek tans ...

### November 2013

#### **Dieting Trends - UK**

"Clear like-for-like comparisons between diet products and their non-diet alternatives should allow brands to show consumers that there are genuine and tangible differences in the calorie/fat/sugar content, and highlight where these owe to healthier recipes rather than simply smaller portions."

### <mark>Oc</mark>tober 2013

#### First Aid - UK

"The first aid category has remained stagnant and shown small incremental declines in value sales since 2008. The driving forces behind this are a combination of stiff competition from own-label brands, low investment in advertising and brand communication, as well as low consumer confidence in treating other people's wounds/injuries ...

### September 2013

## **Meat-free and Free-from Foods -** UK

"A key weakness for the meat-free market is that over half of adults note that meat substitutes lack flavour. A potential solution lies in adapting the recipes of these lines as a large minority of adults note a keenness to try meat substitute pieces containing herbs/spices with agreement rising ...

### August 2013

#### **Gastrointestinal Remedies - UK**

"A reluctance to take gastrointestinal remedies and a reactionary rather than precautionary approach to digestive health has hindered the market in the past. This highlights an opportunity for encouraging people to take a more proactive approach to their digestive health, particularly as there is a high interest in products that ...

#### Vitamins and Supplements - UK

"Although the market has seen growth in value in 2012 driven by special offers and promotions, people are not experimenting and special offers may be hindering overall growth in the category. Different approaches in special offers, for example bundling discounted vitamins with products in other categories, could encourage experimentation. Legislative ...



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#### **Sexual Health - UK**

"As women take more control of their contraception, there is much the market can do to better target this demographic. Women are better informed about the dangers of unprotected sex, and are more likely to use condoms at the beginning of a relationship; however marketing is currently aimed more at ...

## <mark>Jul</mark>y 2013

#### **Analgesics - UK**

'Low price remains an important purchase influencer, and as pain sufferers struggle to see the difference between cheap own-label and more expensive branded products, own-label continues to grow. With a number of branded launches in the first half of 2013 focusing on topical analgesics, brands may be able to use ...

### Sports and Energy Drinks - UK

"Building associations between energy drinks and everyday situations such as work and commuting, rather than extreme lifestyles, could help to increase the relevancy of energy drinks among current non-users."

### <mark>Ju</mark>ne 2013

#### **Health and Fitness Clubs - UK**

"One area where there could be potential is for a kind of 'budget plus' club, where elements of the budget format are retained but with a wider range of facilities in order to broaden appeal."

#### **Oral Healthcare - UK**

"Appearance, health and hygiene remain the most important drivers in this category, with older people more focused on health and hygiene and younger people more focused on appearance. With the growth of the oldest and youngest demographics predicted, this offers opportunities for more tailored product offerings. Ownlabel remains competitive in ...

### **May 2013**

### Attitudes towards Cosmetic Surgery - UK

"The ageing population in the UK bodes well for the growth in the surgical and non-surgical cosmetic procedures market. However, the industry would do well to step up their efforts towards a commonly accepted set of standards to reassure potential customers that they are in safe hands."

### **Sanitary Protection and Feminine Hygiene Products - UK**

"With an ageing population, the market could cater better for women who are leaving the sanitary protection market but entering the adult incontinence market. Closing the gap between pre- and postmenopause could come in the form of product ranges targeted to specific needs of this time in a woman's life

## April 2013

Cold and Flu Remedies - UK



# **Health and Wellbeing - UK**

"Growth in the market will be driven by continued product innovations and a boost in the population of children, impacting the children's and parents' OTC market. Opportunities exist in extending product ranges and innovating in faster-acting formulations and product formats."

### February 2013

### Babies' and Children's Personal Care Products, Nappies and Wipes - UK

"With the baby boom set to continue in the year ahead, and the average age of parents rising, this comes as good news to the category suggesting the market will continue to grow. A growingly multicultural environment offers opportunities to bring foreign influences into product innovations."

### <mark>Ja</mark>nuary 2013

### **Beauty Retailing - UK**

"As affordable quick fix beauty treatments have become more established in the UK, we've seen greater spontaneity from consumers, a shift in channels to market and an opening up of the mass market."

### **Healthy Lifestyles - UK**

"The majority of people agree that leading a healthy lifestyle helps them enjoy their life more. However, young people and females tend to put more focus on sex appeal, whilst older cohorts take preventative measures to stay healthy. Marketing with all these different motivations in mind would prove to be ...