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"Irish consumers see themselves as living increasingly busy lives - and though they have a fondness for scratch cooking, many are struggling to find the time. Brands can deliver a helping hand by positioning convenient meal time solutions that deliver on taste and speed without compromising health credentials."
– Emma McGeown, Research Analyst

This report looks at the following areas:

Prepared meals are common purchases for Irish consumers, but there remains a strong fondness for scratch cooking in Ireland which creates barriers for the category. Irish consumers show strong usage of prepared meals, ready-to-cook foods and pizza, with most eating these products for dinner.

There are opportunities for greater innovation in other meal time occasions, including breakfast and lunch, for on-the-go and convenient prepared meals as consumer lifestyles become more hectic with work, family and social commitments.

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