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This report looks at the following areas:

Increased efforts to boost fruit and vegetable intake has seen Irish consumers spending more on produce in 2018, and as the flexitarian trend continues to gain momentum, it could see further gains in 2019.



"With six in ten Irish consumers noting they would support a ban on plastic packaging for fruit and vegetables, it could see overall use of loose fruit and vegetables increase in 2019 and beyond. However prepared fruit and vegetable portions – which require packaging – may need to source more environmentally friendly packaging options." – Brian O'Connor, Senior Consumer Analyst

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