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### This report looks at the following areas:

In ready-made sandwich fillers more premium and healthier options, including more products with high-protein, superfood and vegetable-based ingredients, are needed to overcome negative perceptions and drive higher usage.

- More ideas on pairings offers a way to keep sales of dips growing
- Greater focus on ingredients needed to increase usage of fillers
- Dips well placed to benefit from positive health claims and spicy flavours



"Sales of dips have grown strongly in recent years, but further opportunities exist for pairing dips with snacks, including pairings positioned for eating with specific alcoholic drinks, as well as encouraging higher usage with main meals."

Richard Caines, SeniorFood & Drink Analyst

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Sales of savoury spreads show small recovery

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- · Healthier attributes warrant attention in dips
- · Single-serve formats garner significant interest
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- More exciting flavours and interesting textures would also help
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