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This report looks at the following areas:

- Breakfast continues to lose importance
- Consumers age out of frozen breakfast
- Other breakfast foods have stronger reputations

Innovation in not only flavors and formats but also nutritionally focused positioning is gaining traction as consumers seek a mix of excitement and holistically healthy products. Families are a strong base for the category, with kids leading consumption. Opportunities to engage adults will be the catalyst for growth. 66

"With 2019 sales estimated to reach \$3.7 billion and forecast to continue on this same trajectory, the frozen breakfast category is holding its own, fueled by consumer pursuit of heartier breakfast solutions."

- Kaitlin Kamp, Food & Drink Analyst

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Table of Contents

OVERVIEW

- What you need to know
- Definition

EXECUTIVE SUMMARY

- What you need to know
- Breakfast isn't only for mornings anymore
- Innovation is necessary and working
- Adults need some attention
- The issues
- **Breakfast continues to lose importance** Figure 1: Meal statements, 2016 and 2018
- Consumers age out of frozen breakfast Figure 2: Frozen breakfast consumption, april 2019
- Other breakfast foods have stronger reputations
 Figure 3: Correspondence analysis Symmetrical map –
 Breakfast food perceptions, April 2019
- The opportunities
- Keep the grown-ups on the radar Figure 4: Frozen breakfast attributes, April 2019
- Make frozen breakfast an all-day affair
 Figure 5: Correspondence analysis Principal map Household breakfast occasions, April 2019
- Build on taste, nutrition, excitement Figure 6: Frozen breakfast perceptions, April 2019

THE MARKET - WHAT YOU NEED TO KNOW

- Frozen breakfast succeeds as consumers crave convenience
- Breakfast foods no longer just for breakfast
- Messaging will need to appeal to adults

MARKET SIZE AND FORECAST

 Frozen breakfast holds steady
 Figure 7: Total US sales and fan chart forecast of frozen breakfast foods, at current prices, 2014-2024
 Figure 8: Total US sales and forecast of frozen breakfast, at current prices, 2014-24

MARKET BREAKDOWN

 Entrees, waffles chipping away at the mighty handheld share

What's included

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Figure 9: Total US retail sales and forecast of frozen breakfast foods, by segment, at current prices, by percent change, 2017-2019

Figure 10: Total US retail sales and forecast of frozen breakfast foods, by segment, at current prices, 2014-2024

• Other retail channels to surpass supermarket sales Figure 11: Total US retail sales of frozen breakfast foods, by channel, at current prices, 2017 and 2019

MARKET PERSPECTIVE

- Frozen breakfast growth outpacing other breakfast foods Figure 12: Total US retail sales and forecast of frozen breakfast foods, yogurt and yogurt drinks and hot and cold cereal, packaged bread and eggs, milk, butter by segment, at current prices, 2014-2023
- Packaged on-the-go and foodservice options battle frozen breakfast for convenience

Figure 13: Breakfast consumption, by age, April 2018

Foodservice has sparked an all-day breakfast mindset

MARKET FACTORS

Breakfast is losing its edge as the most important meal of the day

Figure 14: Meal statements, 2016-2018

 Average age spike may require some shifts from frozen breakfast brands

Figure 15: Population by age, 2013-2023

- Shrinking household size could stall frozen breakfast Figure 16: Households, by presence of related children, 2008-18
- Hispanic population continues to grow
 Figure 17: Percentage of population, by Hispanic origin, 2014-2024

Figure 18: Hispanic population, by age, 2014-2024

Freezer section refreshes image to remain competitive as
 COS categories flounder

Figure 19: Health attributes sought, May 2018

KEY PLAYERS - WHAT YOU NEED TO KNOW

- Tyson's innovation pays off
- Breakthrough brands bring new, clean spin to classics
- Private label raises the bar

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Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

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COMPANY AND BRAND SALES OF FROZEN BREAKFAST

- Tyson Foods leads the charge as General Mills falls behind Figure 20: MULO sales of frozen breakfast food, by leading companies, rolling 52 weeks 2018 and 2019
 Figure 21: Sales of market, by company, 2018 and 2019
- Smaller brands gain momentum with clean classics Figure 22: Other brand sales of frozen breakfast foods, 2015–2019
- **Private label frozen breakfasts raising the bar** Figure 23: Frozen breakfast private label premium options

WHAT'S WORKING?

- **Protein is the new low fat** Figure 24: Jimmy Dean: Somethin' to Eat Figure 25: Frozen breakfast with high protein
- Clean ethics Figure 26: Frozen breakfast with ethical claims
- Treat Yourself Figure 27: Eggo Thick & Fluffy Waffle product collection

WHAT'S STRUGGLING?

- Sugar rush Figure 28: High sugar frozen breakfast products
- (Not so) better for you alternatives Figure 29: Legacy diet brand struggling products

WHAT'S NEXT?

- Global influence beyond the mainstream
 Figure 30: Breakfast and brunch menu item increases, by cuisine, Q1 2016–Q1 2019
- **Bringing restaurant quality food to the freezer** Figure 31: Brunch-inspired frozen breakfast foods

THE CONSUMER – WHAT YOU NEED TO KNOW

- Consumers grow out of frozen breakfast
- Frozen breakfast is limited by breakfast
- Protein is the hallmark of a good breakfast
- Innovation lies in flavor and variety
- In a "convenience" category, frozen breakfast has room to improve

CONSUMPTION OF FROZEN BREAKFAST

• Children are the most engaged consumers Figure 32: Frozen breakfast consumption, April 2019

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

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• Consumers age out of frozen breakfast Figure 33: Frozen breakfast consumption, personal

consumption, by age, April 2019

 Households without children less likely to consume frozen breakfast

Figure 34: Frozen breakfast consumption, by parental status, April 2019

- Men, especially fathers, eat frozen breakfasts Figure 35: Frozen breakfast consumption, by parental status and gender, April 2019
- Hispanic consumers report the highest personal consumption

Figure 36: Frozen breakfast consumption, by race and Hispanic origin, April 2019

TYPES OF FROZEN BREAKFAST FOODS CONSUMED

- Full-size options outstrip minis
 Figure 37: Types of frozen breakfast foods consumed, by household consumption, April 2019
- Adults opt for heartier, grown-up options
 Figure 38: Types of frozen breakfast foods consumed, by adult consumption, April 2019
- Kids are sweet on frozen breakfast
 Figure 39: Types of frozen breakfast foods consumed, by child consumption, April 2019
- **Parent consumption closely mirrors child consumption** Figure 40: Types of frozen breakfast foods consumed, by adult consumption, parental status, April 2019
- Parents are an engaged but fleeting consumer base Figure 41: Repertoire of frozen breakfast types consumed, April 2019
- Hispanic males consume the widest variety of frozen breakfast

Figure 42: Frozen breakfast consumption, by Hispanic origin and gender, April 2019

• Older consumers look elsewhere for breakfast Figure 43: Frozen breakfast consumption, by age, April 2019

FROZEN BREAKFAST OCCASIONS

 Frozen breakfast is limited to morning
 Figure 44: Correspondence analysis – Principal map – Household breakfast occasions, April 2019
 Figure 45: Frozen breakfast occasions, April 2019

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

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- Lack of occasions opens up doors for encouraging routine Figure 46: Frozen breakfast occasions, April 2019
- Away from home opportunity is up for grabs Figure 47: Breakfast consumption occasions, April 2019
- Millennials see versatility in frozen breakfast more than older consumers

Figure 48: Frozen breakfast occasions, by generation, April 2019

IMPORTANT ATTRIBUTES

- Protein is the priority...
 Figure 49: Frozen breakfast attributes, April 2019
- ...but BFY expectations are stronger from foodservice operators

Figure 50: Healthy breakfast for breakfast/brunch diners, April 2018

- Sweet breakfast eaters hungry for protein
 Figure 51: Frozen breakfast consumption, high protein, April 2019
- Packaging importance changes as consumers age Figure 52: frozen breakfast attributes, packaging interest, by generation, April 2019
- Generational divide on BFY attributes
 Figure 53: Frozen breakfast low/no attributes, by generation, April 2019

FROZEN BREAKFAST PERCEPTIONS

- Consumers have lukewarm feelings about frozen breakfast
 Figure 54: Correspondence Analysis Symmetrical map –
 Breakfast food perceptions, April 2019
 Figure 55: Frozen breakfast perceptions, April 2019
- Parents view frozen breakfast as more nutritious than nonparents

Figure 56: Frozen breakfast perceptions – Nutritious, April 2019

• **Taste is a key driver for Hispanic and Black consumers** Figure 57: Frozen breakfast perceptions, April 2019

BREAKFAST BEHAVIORS

- Consumers don't express strict breakfast habits Figure 58: Breakfast behaviors, April 2019
- Millennials most likely to dine out for breakfast Figure 59: Breakfast behaviors, by generation, April 2019
- Men dine out more than women

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Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

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Figure 60: Breakfast behaviors, by parental status, April 2019

INNOVATION TO DRIVE TRIAL

- Taste and variety will fill the excitement gap Figure 61: Trial driving innovation, April 2019
- Frozen breakfast consumers choose protein for satiety
- TURF analysis
- Flavors, variety and foodservice inspired
 Figure 62: TURF analysis Frozen breakfast innovations, April 2019
- Parents are more eager for innovation
 Figure 63: Trial driving innovation, by parental status, April 2019
- (Hispanic) Millennials eager to bring brunch inside the home

Figure 64: Trial driving innovation, brunch inspired, by generation, April 2019

APPENDIX – DATA SOURCES AND ABBREVIATIONS

- Data sources
- Sales data
- Fan chart forecast
- Consumer survey data
- Abbreviations and terms
- Abbreviations

APPENDIX – THE MARKET

Figure 65: Total US retail sales and forecast of frozen breakfast foods, at inflation-adjusted prices, 2014-24 Figure 66: Total US retail sales of frozen breakfast foods, by segment, at current prices, 2017 and 2019 Figure 67: Total US retail sales and forecast of frozen breakfast entrees, at inflation-adjusted prices, 2014-24 Figure 68: Total US retail sales and forecast of frozen breakfast handhelds, at inflation-adjusted prices, 2014-24 Figure 69: Total US retail sales and forecast of frozen breakfast handhelds, at inflation-adjusted prices, 2014-24 Figure 69: Total US retail sales and forecast of frozen waffles, at inflation-adjusted prices, 2014-24

APPENDIX – RETAIL CHANNELS

Figure 70: Total US retail sales of frozen breakfast foods, by channel, at current prices, 2014–19 Figure 71: Total US retail sales of frozen breakfast foods, by channel, at current prices, 2017 and 2019

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

Previous editions

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Figure 72: US supermarket sales of frozen breakfast foods, at current prices, 2014-19

Figure 73: US sales of frozen breakfast foods through other retail channels, at current prices, 2014-19

APPENDIX – KEY PLAYERS

Figure 74: Multi-outlet sales of frozen breakfast entrees, by leading companies and brands, rolling 52 weeks 2018 and 2019

Figure 75: Multi-outlet sales of frozen breakfast handhelds, by leading companies and brands, rolling 52 weeks 2018 and 2019

Figure 76: Multi-outlet sales of frozen breakfast handhelds, by leading companies and brands, rolling 52 weeks 2018 and 2019

Figure 77: Multi-outlet sales of frozen waffles, by leading companies and brands, rolling 52 weeks 2018 and 2019

APPENDIX – THE CONSUMER

Figure 78: Simmons, breakfast attitude, November 2018

What's included

Executive Summary

Full Report PDF

Infographic Overview

Powerpoint Presentation

Interactive Databook

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