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This report looks at the following areas:

- Total spending growth
- Fastest growth categories
- Slowest growth categories

Macroeconomic factors remained stable over the year, encouraging Americans to spend, particularly in discretionary categories. While dining out and leisure categories may attract consumer dollars as household income grows, competition between retailers and channels is keeping margins slim, and growth in check, for mature categories such as household care and inhome food.

2018 was largely a year of political and economic stability for Americans, but the abundance of data and privacy scandals is an indicator of what will be top of mind in 2019. If the Oxford Dictionary's Word of the Year in 2018 was toxic, the remedy for brands in 2019 is transparency. The interactive nature of social media is giving brands the opportunity to forge closer connections to consumers, but also leaves companies vulnerable to call-out culture, trolling, and other forms of backlash. Brands need to be ready to fully disclose everything about their products, ethics, and business practices, even if it means owning up to some mistakes along the way.



"Consumers have the option to switch off and disconnect from social media and online chatter by simply putting down their phones. Brands, however, don't have this luxury. With an emphasis on transparency, consumers want to know exactly what they're buying."

Dana Macke, Associate
 Director – Consumer
 Lifestyles

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