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This report looks at the following areas:

- Prioritising wellness over other factors in life
- Freshness and desirable nutrients appeal to the majority as dietary essential
- Engagement through premium shopping experiences to win consumers' loyalty

The trend towards consumption upgrade has been sweeping many markets in China. Food and drink categories, at the centre of a wave engulfing many industries, have shown strong resilience in growth. The main factor behind this impressive acceptance of premiumised products from consumers is their rising health awareness, which is being reflected in a preference for fresh and nutritional products. Brands and companies that leverage advanced processing technologies to ensure high quality, novelty of ingredients, and wellrecognised health benefits, supported by smooth, expedient shopping experiences, could perform well in the market.

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"The majority of Chinese consumers are prioritising a healthier lifestyle by consuming quality food and drink products. With an overall elevated financial capability, consumers are actively seeking premium cues that can fulfil their needs to improve health as well as satisfy taste buds as they tend towards becoming valuedriven rather than pricedriven."

– Wenxin Xu, Senior Analyst

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