"Americans' attitudes toward healthy dining continues to evolve as diners seek a balanced approach focused on wholesome, real ingredients rather than low-calorie options. Younger generations still strongly associate protein-rich menu items with healthiness. As older generations enter their next life stage, operators must cater to their more specialized health needs.

- Hannah Spencer, Foodservice Analyst
Healthy Dining Trends - US - March 2019

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The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.