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"Sales of nutrition and performance drinks held steady in 2017. Consumer interest in health and in products that provide functional benefits spelled gains in recent years. A relatively positive economic climate has allowed consumers to spend more on drinks that promise added value."

- Beth Bloom, Associate Director - Food & Drink

This report looks at the following areas:

- Dollar sales of nutrition and performance drinks slow
- Many consumers think products in the category are too high in sugar
- Few consumers think products in the category deliver on promised claims

A slowdown is seen in 2017 due to competing categories getting into the functional space, sometimes with cleaner formulations, inherent function, and lower sugar totals. Nutrition and performance drinks will need to stake their claim as effective providers of functionality and develop cleaner formulations to appeal to consumers' pursuit of healthy eating.

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#### **Market Perspective**

Competing categories successfully make a play for functionality

#### **Market Factors**

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Top four leaders experience losses while other brands gain

Premier Protein drives gains of nutritional drinks

Nutritional drinks could stand to boost functional claims

Growth in non-dairy protein

Sweetener usage varies by segment

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Top four leaders experience losses while other brands gain

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Turmeric offers path toward inherent health

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Sports drinks lead consumption

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While drink types have clear functional association, blurring can be seen

Concern over sugar totals challenges category

Only 15% of consumers think products in the category deliver on promised claims

A quarter of consumers think protein derived from plants is as effective as that from dairy/meat sources

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Weight loss drinks users look for more than just weight loss

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