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"The UK workforce has continued to grow in recent years, while unemployment has tumbled to record lows. However, while this is undoubtedly a positive economic indicator, the UK continues to struggle with poor productivity levels, with productivity growth only hitting pre-recession levels in Q3 2017."

- Jack Duckett, Senior Lifestyles Analyst

This report looks at the following areas:

Increased workplace flexibility and a focus on improving work/life balance could now help re-energise the burnt-out workforce, and foster improved economic growth in the coming years.

- Tackling the UK's productivity crisis
- A healthy break time

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DID YOU KNOW?

This report is part of a series of reports, produced to provide you with a more holistic view of this market



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