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"Consumers are seeking experiences more than ever so activities that provide this in a unique, immersive and active way are likely to be popular. Activities needn't be highly technological or obscure but rather bring people together and allow them to reconnect in an increasingly digitised world."

- Helen Fricker, Senior Leisure Analyst

This report looks at the following areas:

- Millennials are a key target market for leisure spend
- . How to tap into the healthy lifestyle trend
- How to meet the needs of parents

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Private gyms thriving in a polarised industry

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Consumer confidence beginning to stabilise

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Rise in physically immersive events...

...as well as technologically immersive activities

Adults just want to play

'Premiumisation' across many sectors

Digital technology helping customers and operators

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Rise in physically immersive events...

Cinema and theatre

Health and Fitness

Escape rooms

...as well as technologically immersive activities

**VR** Experiences

**VR Fitness** 

Adults just want to play

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'Premiumisation' across many sectors

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4DX cinema and immersive theatre most enticing

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Brits love to dine out

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