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"Fragmented eating habits have added to the woes of RTE cereals, with many cereal eaters skipping breakfast or snacking instead. Offering branded sweet snacks suited to eating on the go other than the well-established cereal bars would allow companies to better capitalise on consumer snacking tendencies while also appealing to the time-pressed."

### This report looks at the following areas:

- Extension of portable formats needed to respond to fragmented breakfast eating patterns
- Healthy children's cereals with appealing packaging could help to win back lapsed users
- Daily intake labelling would make high-fibre claims more tangible

The breakfast cereals market is notably price-driven and brand loyalty is low. Fractured eating habits such as skipping breakfast undermine usage, however the strong consumer interest in sweet snacks from cereal brands suggests strong potential for companies to diversify their offering.

Meanwhile the interest in less-sweet tasting cereals suggests opportunities for companies to meet government sugar reduction targets without recourse to artificial sweeteners, which many consumers remain suspicious of.

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- Alice Baker, Research Analyst

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This report is part of a series of reports, produced to provide you with a more holistic view of this market



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Healthy children's cereals with appealing packaging could help to win back lapsed users The facts The implications Daily intake labelling would make high-fibre claims more tangible

The facts

The implications

#### The Market – What You Need to Know

Struggles of RTE cereals segment bring down the entire market 2012-16

Further volume decline in 2017

RTE cereals' weakness to continue to overshadow the category 2017-22

'Official' movement against sugar poses challenges and opportunities

New government health advice looks to boost fibre consumption

Breakfast cereals could benefit from an income squeeze

Ageing population to affect RTE and hot cereals differently

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'Official' movement against sugar provides challenges and opportunities

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EFSA rules put low sugar limit at 5g per 100g

PHE targets parents with breakfast campaign

Liverpool Council 'names and shames' children's cereals

New government health advice looks to boost fibre consumption

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Inflation to affect the market

Breakfast cereals could benefit from an income squeeze

New rules ban online advertising of sugary products to children

Ageing population to affect RTE and hot cereals differently

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Kellogg's brands continue to struggle while own-label rises

Quaker retains leading position in hot cereals but loses sales

Launch activity falls in 2016

L/N/R sugar claims rise but remain niche

Brands focus on emotions in their 2016/17 advertising

Weetabix and Quaker Oat So Simple enjoy strong reputations

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Smaller brands and retailers lead the way

Kellogg's maintains its lead on NPD in 2016

Extensions to Coco Pops and Crunchy Nut ranges in 2017

Quaker ups NPD activity, with a focus on convenience

Pouched product promoted as good for eating on the go

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Overnight Oats allows potential for summertime eating

Oat So Simple gets high-protein variant

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Quaker Oats recruits Buzz Aldrin to push achievement message

Weetabix revives its 'Have you had your Weetabix?' slogan

Social aspects of breakfast emphasized to strengthen emotional associations

Kellogg's links Cornflakes with individuality and family banter

Cheerios emphasizes the importance of family breakfasts

Coco Pops looks to appeal to time-pressed and health-conscious parents

Other Kellogg's campaigns

Special K emphasizes taste as well as health to widen its appeal...

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Little brand loyalty, with price promotions a key influence

Fractured breakfast eating patterns erode breakfast occasions

Ingredients with 'natural' image appeal most as sugar substitutes

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Interest in high fibre should support wholegrain cereals

One third do not check nutritional tables

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Daily intake labelling could help to make fibre claims more tangible New flavours appeal particularly to younger consumers

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Fragmented eating patterns reduce breakfast occasions

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Appendix – Launch Activity and Innovation

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