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"HMR's growth reflects an increase in importance of convenience in how Canadians get/prepare food. This Report explores what foods consumers are more likely to eat and when, and what dayparts prove important. Consumers were asked what they were interested in, reasons for using HMR and experience and expectations."

- Joel Gregoire, Senior Research Analyst – Food & Beverage

This report looks at the following areas:

- Food sources are becoming more fragmented
- Operational challenges impact execution
- Breakfast occasion is under-represented at HMR

For the purposes of this Report, Mintel has used the following definition for HMR:

Prepared/made-to-order foods at a store where you can buy groceries. Stores directly asked about are:

- Grocery store
- Mass merchant (eg Walmart)
- Club store (eg Costco)
- Convenience/drug store
- Other

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DID YOU KNOW?

This report is part of a series of reports, produced to provide you with a more holistic view of this market



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HMR is evolving to 'grocerants'

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Abbreviations

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