

The Working Life - UK - December 2015

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“For today’s businesses, a happy and healthy workforce is perhaps their biggest asset. Companies could strive to be more proactive at encouraging healthier lifestyles at work, be it through workplace activities/schemes, healthy nutrition or other health and wellness initiatives.”
Ina Mitskavets, Senior Consumer and Lifestyles Analyst

This report looks at the following areas:

- Same-day deliveries to revolutionise retail
- Encouraging healthy lifestyles at work
- Greater work-life balance as an antidote to rising stress

Overview

High wellbeing in the workplace has time and again been shown to be linked with greater productivity, lower sickness and higher staff retention. With Britain’s productivity still lagging many major economies around the world, a happier workforce could hold the answer to closing the productivity gap and helping Britain’s economy recover more quickly.

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This report is part of a series of reports, produced to provide you with a more holistic view of this market

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