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"Although the top reason for taking vitamins/supplements is generic, the rise in value sales of vitamins/supplements specifically for men and women suggests that consumers want a degree of personalisation, offering opportunities for the market."

- Roshida Khanom, Senior Personal Care Analyst

This report looks at the following areas:

- Consumers want personalisation
- The ASA is clamping down on advertising
- High interest in appearance benefits

The vitamins and supplements market has seen slow growth in recent years, however, it is predicted to see a slight decline in 2014 driven by a tougher regulatory environment, particularly for claims. Although the overall market is showing a decline in 2014, the segments to show strong growth have been demographic-specific segments, ie vitamins/supplements for men, women and the over-50s. Consumers also show interest in vitamins/supplements with appearance benefits, suggesting opportunities for New Product Development.

Driving further segmentation within demographic groups could be a way to encourage growth. In 2014, the Advertising Standards Agency has shown evidence of clamping down on claims in advertising, particularly when it comes to appearance benefits, suggesting that the advertising and claims environment could become more challenging for brands

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This report is part of a series of reports, produced to provide you with a more holistic view of this market



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# Table of Contents

# Introduction Definition Methodology

Consumer research Abbreviations

#### **Executive Summary**

#### The market

Figure 1: Best- and worst-case forecast for retail value sales of vitamins and supplements, 2009-19

#### Market factors

#### Companies, brands and innovation

Figure 2: New product launches in vitamins and supplements, % by top claims, 2013 and 2014

Figure 3: New product launches in vitamins and supplements, % branded vs. own-label, 2010-14

#### The consumer

Figure 4: Vitamins and supplements taken daily or occasionally in the last 12 months, June 2014

Figure 5: Interest in appearance benefits, June 2014

## What we think

#### Issues & Insights

Consumers want personalisation The facts The implications The ASA is clamping down on advertising The facts The implications High interest in appearance benefits The facts The implications Trend Application

Trend: The Big Issue

Trend: Influentials

Futures: Generation Next

# Market Drivers

## Key points

#### The youngest and eldest demographics offer opportunities

Figure 6: Trends in the age structure of the UK population, by gender, 2009-19

#### Cost-conscious shoppers could turn to own-label more

Figure 7: Barriers to being healthy, April 2014

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#### Vitamin usage shows rise

Figure 8: Changes in healthy and unhealthy habits – difference between people doing more and less for each habit, April 2014

#### Competition from other categories

#### Who's Innovating?

#### Key points

#### New launches - branded vs own-label

Figure 9: New product launches in vitamins and supplements, % branded vs. own-label, 2010-14

Figure 10: Examples of own-label launches in 2013

#### Innovations by manufacturer

Figure 11: New product activity in vitamins and supplements, % share by top manufacturers, 2010-13

Figure 12: Examples of launches by Natures Aid, 2013

#### Top product claims

Figure 13: New product launches in vitamins and supplements, % by top claims, 2013 and 2014

Figure 14: Examples of antioxidant and skin/nail/hair products launched in 2014

#### Market Size and Forecast

### Key points

#### Decline in value in 2014

Figure 15: Value sales of vitamins and supplements, 2009-19

#### Steady growth to 2019

Figure 16: Best- and worst-case forecast for retail value sales of vitamins and supplements, 2009-19

#### Forecast methodology

### Segment Performance

### Key points

#### Joint care and immune support losses

Figure 17: Retail value sales of vitamins and supplements, by segment, 2012/13 and 2013/14

#### Demographic-specific vitamins

### Market Share

#### Key points

#### Wellwoman and Wellman rise in value sales

Figure 18: Brand shares of value sales in vitamins and supplements, 2012/13 and 2013/14

#### **Companies and Products**

#### Merck (Seven Seas)

#### Background and structure

#### Strategy and financial performance

Figure 19: Seven Seas Limited financial performance, 2011 and 2012

#### Product range and innovation

Figure 20: Examples of new product launches by Merck in the vitamins and supplements market, July Q3 2013-Q1 2014

Marketing and advertising

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#### Bayer

#### Background and structure

#### Strategy and financial performance

Figure 21: Bayer Group (global) financial performance, 2012 and 2013

#### Product range and innovation

Figure 22: Examples of new product launches by Bayer in the vitamins and supplements market, July Q4 2013-Q2 2014

#### Marketing and advertising

#### Alliance Boots

#### Background and structure

#### Strategy and financial performance

Figure 23: Alliance Boots financial performance, 2013 and 2014

#### Product range and innovation

Figure 24: Examples of new product launches by Boots in the UK vitamins and supplements market, July Q3 2013-Q1 2014

#### Marketing and advertising

#### Holland & Barrett

#### Background and structure

#### Strategy and financial performance

Figure 25: Holland & Barrett Retail Limited financial performance, 2012 and 2013

#### Product range and innovation

### Marketing and advertising

#### Vitabiotics

#### Background and structure

#### Strategy and financial performance

Figure 26: Vitabiotics Limited financial performance, 2011 and 2012

#### Product range and innovation

Figure 27: Examples of new product launches by Vitabiotics in the vitamins and supplements market, July Q3 2013

#### Marketing and advertising

#### Brand Research

#### Brand map

Figure 28: Attitudes towards and usage of brands in the vitamins and supplements sector, May 2014

#### Correspondence analysis

#### Brand attitudes

Figure 29: Attitudes, by vitamins and supplements brand, May 2014

#### Brand personality

Figure 30: Vitamins and supplements brand personality - macro image, May 2014

Figure 31: Vitamins and supplements brand personality - micro image, May 2014

#### Brand experience

Figure 32: Vitamins and supplements brand usage, May 2014

Figure 33: Satisfaction with various vitamins and supplements brands, May 2014

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Figure 34: Consideration of vitamins and supplements brands, May 2014

Figure 35: Consumer perceptions of current vitamins and supplements brand performance, May 2014

#### Brand recommendation

Figure 36: Recommendation of selected vitamins and supplements brands, May 2014

#### Brand Communication and Promotion

#### Key points

#### TV advertising drives sales

Figure 37: Main monitored media advertising spend on vitamins and supplements, by media type, 2010-14

#### Vitabiotics and Bayer dominate advertising

Figure 38: Main monitored media advertising spend on vitamins and supplements, % share by advertiser, January-July 2014

#### ASA clamping down in 2014

#### Channels to Market

#### Key points

#### Discount stores see strong growth

Figure 39: UK retail value sales of vitamins and supplements, by outlet type, 2012 and 2013

#### The Consumer – Usage and Frequency of Vitamins/Supplements

#### Key points

#### Majority of people have taken vitamins/supplements in the past 12 months

Figure 40: Vitamins and supplements taken daily or occasionally in the last 12 months, June 2014

#### Usage is driven by health concerns

Figure 41: Vitamins and supplements taken daily or occasionally in the last 12 months, June 2014

### The Consumer – General Health Concerns

#### Key points

Women have greater health concerns

Figure 42: Concerns relating to general health, June 2014

#### Middle ages affected by health concerns

#### Weight gain and fatigue are top two concerns

Stress and depression are affecting the unemployed

#### The Consumer – Reasons for Taking Vitamins/Supplements

## Key points

#### Vitamins/supplements taken for generic reasons

Figure 43: Reasons for taking vitamins/supplements, June 2014

#### Mothers may be taking immune-boosting vitamins/supplements

Heart health is more important to men whereas bone health is more important to women

### Energy and appearance are important to young people

### The Consumer – Interest in Appearance Benefits

## Key points

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Women show higher interest in appearance benefits Figure 44: Interest in appearance benefits, June 2014

Young people show higher interest in appearance benefits

The Consumer – Factors to Encourage Purchase of Vitamins/Supplements

# Key points

Consumers want to see results

Figure 45: Interest in appearance benefits, June 2014

#### Special offers are important to users

### Appendix – Brand Research

Figure 46: Brand usage, May 2014

Figure 47: Brand commitment, May 2014

Figure 48: Brand momentum, May 2014

Figure 49: Brand diversity, May 2014

Figure 50: Brand satisfaction, May 2014

Figure 51: Brand recommendation, May 2014

Figure 52: Brand attitude, May 2014

Figure 53: Brand image - macro image, May 2014

Figure 54: Brand image – micro image, May 2014

#### Appendix – The Consumer – Usage and Frequency of Vitamins/Supplements

Figure 55: Usage of vitamins and supplements, June 2014

Figure 56: Usage of selected vitamins and supplements – Users, by demographics, June 2014

Figure 57: Usage of vitamins and supplements - Any vitamin/supplement, by demographics, June 2014

Figure 58: Usage of vitamins and supplements - Multivitamins, by demographics, June 2014

Figure 59: Usage of vitamins and supplements, by most popular reasons for taking vitamins/supplements, June 2014

#### Appendix – The Consumer – General Health Concerns

Figure 60: Concerns relating to general health, June 2014

Figure 61: Selected concerns relating to general health, by demographics, June 2014

Figure 62: Selected concerns relating to general health, by demographics, June 2014 (continued)

#### Appendix – The Consumer – Reasons for Taking Vitamins/Supplements

Figure 63: Reasons for taking vitamins/supplements, June 2014

Figure 64: Selected reasons for taking vitamins/supplements, by demographics, June 2014

Figure 65: Selected reasons for taking vitamins/supplements, by demographics, June 2014 (continued)

Figure 66: Usage of Vitamin D, by reason for taking vitamins/supplements, June 2014

#### Appendix – The Consumer – Interest in Appearance Benefits

Figure 67: Interest in appearance benefits, June 2014

Figure 68: Interest in appearance benefits – Protect skin from sun damage, by demographics, June 2014

Figure 69: Interest in appearance benefits – Whiten teeth, by demographics, June 2014

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	Figure 77: Demographic table	
Ар	opendix – Demographic Table	
	Figure 76: Reasons to encourage lapsed/non-users to take vitamins/supplements, June 2014	
	Figure 75: Reasons to encourage current users to take vitamins/supplements more often, June 2014	
Ар	opendix – The Consumer – Factors to Encourage Purchase of Vitamins/Supplements	
	Figure 74: Interest in appearance benefits – Help prevent age spots and discolouration, by demographics, June	201
	Figure 73: Interest in appearance benefits – Reduce the appearance of wrinkles, by demographics, June 2014	
	Figure 72: Interest in appearance benefits – Moisturise the skin from within, by demographics, June 2014	
	Figure 71: Interest in appearance benefits – Help nails to grow stronger, by demographics, June 2014	

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