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"Successful restaurants' menus will make room for diet sensitivities and present food that is as authentic and unprocessed as possible. They will be ethically responsible, showing consumers that they support more than their own bottom line."

- Julia M. Gallo-Torres, Foodservice Category Manager

#### In this report we answer the key questions:

- How will high obesity rates affect the restaurant industry?
- Will the severe drought of 2012 have lasting effects on the industry?
- How bullish are consumers on their restaurant spending for 2013?
- What menu claims are currently resonating?
- What are the biggest restaurant choice influence factors for Millennials?

Consumers showed with their wallets that they were comfortable with dining out in 2012, and prospects for 2013 look bright, spurred by a combination of consumer eagerness and menu innovation among foodservice operators in all sectors.

In this report, Mintel examines the market, including sales statistics and the drivers that affect them. It highlights four sure foodservice trends for 2013 and the marketing strategies that have made some operators successful. An investigation of restaurant menus reveals the most popular items, ingredients, beverages, and claims to help operators determine the menu direction they should take. Also invaluable is the analysis of what consumers reveal about how they use restaurants, their plans for dining out in 2013, what influences their restaurant choices, and their attitudes about spending and dining out. All restaurant stakeholders will want to read this report to determine the path forward.

This report builds on the analysis presented in Mintel's *Dining Out: A 2012 Look Ahead—U.S., January 2012*, as well as the January 2011 report of the same title, and *Attitudes Toward Dining Out—U.S., January 2010* and the January 2009, March 2008, and April 2006 reports of the same title.

This report draws from such resources as:

- · Mintel Oxygen, which offers foodservice analyst expertise and a dedicated report series
- Mintel Inspire, a unique tool that reveals daily influences on brands and people, and helps generate trend-direction ideas
- Mintel Menu Insights, which provides flavor, ingredient, preparation, and price trend analysis, drawing from the largest 350 chain restaurants, as well as 150 independent restaurants, 50 restaurants run by top chefs, and 25 beverage-focused restaurants
- Custom consumer research on consumer attitudes and habits relevant to topics analyzed in the report.

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#### DID YOU KNOW?

This report is part of a series of reports, produced to provide you with a more holistic view of this market



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#### Table of Contents

Scope and Themes

What you need to know Data sources Sales data Consumer survey data Advertising creative Abbreviations and terms Abbreviations Terms

#### Executive Summary

The market

#### Restaurant sales took off in 2012

Figure 1: U.S. restaurant sales, at current prices, 2007-12

Limited-service restaurants outperformed full-service, but the latter saw a significant lift Figure 2: U.S. restaurant sales, at current prices, by segment, 2012

#### Restaurant sales are expected to reach \$550 billion in 2017

Figure 3: U.S. restaurant sales, fan chart, 2007-17

#### Market factors

#### Economics show mixed signs

Figure 4: Consumer sentiment, January 2007-November 2012

#### Demographics look positive for foodservice

#### 2013 look ahead at menu/operational trends

#### Menu insights

#### Beef is what's for dinner

Figure 5: Top 10 menu item dishes at restaurants, by incidence, Q3 2012

#### Sushi and burgers present opportunity to increase prices

#### Among beverages, shakes are hot

#### The consumer

#### Consumers most gravitate toward fast food and pizza

Figure 6: Restaurant usage percentage, October 2012

#### Consumers state their dining out plans for 2013

Figure 7: Dining out plans for 2013, October 2012

#### What we think

#### Issues in the Market

How will high obesity rates affect the restaurant industry?

Will the severe drought of 2012 have lasting effects on the industry?

#### How bullish are consumers on their restaurant spending for 2013?

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What menu claims are currently resonating?

What are the biggest restaurant choice influence factors for Millennials?

#### Insights and Opportunities

Help kids' menus

#### Time for tea

Figure 8: Top non-alcoholic beverages on menus at restaurants, by incidence, Q3 2009-Q3 2012

#### Welcome Hispanics

Trend Applications

#### Inspire Trend: Moral Brands

Inspire Trend: Guiding Choice

2015 Trend: Access Anything, Anywhere

#### Market Size and Forecast

#### Key points

#### Consumers spent a lot more at restaurants in 2012

#### Sales and forecast of restaurants

Figure 9: U.S. restaurant sales, at current prices, 2007-17

Figure 10: U.S. restaurant sales, at inflation-adjusted prices, 2007-17

#### Sales and forecast of limited-service restaurants

Figure 11: U.S. limited-service restaurant sales, at current prices, 2007-17

Figure 12: U.S. limited-service restaurant sales, at inflation-adjusted prices, 2007-17

#### Sales and forecast of full-service restaurants

Figure 13: U.S. full-service restaurant sales, at current prices, 2007-17

Figure 14: U.S. full-service restaurant sales, at inflation-adjusted prices, 2007-17

#### Fan chart forecast

Figure 15: U.S. restaurant sales, fan chart, 2007-17

#### Market Drivers

#### Key points

#### Economic indicators show some improvement

#### Unemployment rate declines slightly, but remains high

Figure 16: Incidence of unemployment and underemployment, January 2007-November 2012

#### Consumer sentiment on the rise

Figure 17: Consumer sentiment, January 2007-November 2012

Figure 18: spending attitudes, October 2012

#### Restaurant Performance Index falls below 100

Figure 19: Restaurant Performance Index, February 2009-October 2012

#### Affordable Care Act

Figure 20: Restaurant choice influence factors, by gender and age, October 2012

#### Obesity drives changes

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Figure 21: Overweight and obesity rates for adults by race/ethnicity, 2010

Figure 22: Dining out attitudes, October 2011 and October 2012

#### Population shift reflects differing habits and attitudes

Figure 23: U.S. population, by age, 2006-16

Figure 24: Restaurant usage, by generation, October 2012

#### Hispanics will make their mark

Figure 25: Population, by race and Hispanic origin, 2006-16

Figure 26: Households with children, by race and Hispanic origin of householder, 2010

#### 2013 Look Ahead

#### Key points

#### Commodity prices shake up protein usage

Figure 27: Per capita consumption of beef, pork, and chicken, in pounds, 2007-13

#### Smaller chicken portions take over

Chicken sandwiches get burger treatment

Peanut butter becomes an attractive protein

Beverages get major attention

Alcohol and then some

Coffee is the new snack and dessert

Carbonating everything

Clean food labels

Better treatment of animals

Better treatment of the earth

Food anywhere, anytime!

Morning and late-night business are open targets for some

Going where the business is

Figure 28: Restaurant usage, by age, October 2012

#### Marketing Strategies

#### Overview of the brand landscape

#### Television ads

#### Burger King

Figure 29: Burger King, First Craving television ad, 2012

#### Applebee's

Figure 30: Applebee's, Your Inflatable Ticket television ad, 2012

### Denny's

Figure 31: Denny's, America the Great television ad, 2012

#### Taco Bell

Figure 32: Taco Bell, Love it or We'll Replace it television ad, 2012

#### Olive Garden

Figure 33: Olive Garden, Today & Tomorrow television ad, 2012

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#### Cause marketing

Loyalty programs

#### Meal deals

#### Social Media—Dining Out: A 2013 Look Ahead

#### Key points

#### Key social media metrics

Figure 34: Key brand metrics, November 2012

#### Market overview

#### Brand usage and awareness

Figure 35: Usage and awareness of selected restaurant brands, October 2012

#### Interaction with brands

Figure 36: Interaction with restaurant brands, October 2012

#### Motivations for interactions with brands

Figure 37: Why people interact with restaurant brands, October 2012

#### Online conversations

Figure 38: Percentage of consumer conversation, by selected restaurant brands, Aug. 27- Nov. 27, 2012

Figure 39: Online mentions, selected restaurant brands, percent of total daily mentions, by day, Aug. 27-Nov. 27, 2012

#### Where are people talking about restaurant brands?

Figure 40: Mentions by page type, selected restaurant brands, Aug. 27-Nov. 27, 2012

#### What are people talking about?

Figure 41: Mentions by type of conversation, selected restaurant brands, Aug. 27-Nov. 27, 2012

Figure 42: Major areas of discussion surrounding restaurant brands, by day, Aug. 27-Nov. 27, 2012

Figure 43: Major areas of discussion surrounding restaurant brands, by page type, Aug. 27-Nov. 27, 2012

#### Brand analysis

#### McDonald's

Figure 44: McDonald's, key social media indicators, November 2012

#### Key online campaigns

What we think

#### Pizza Hut

Figure 45: Pizza Hut, key social media indicators, November 2012

#### Key online campaigns

Figure 46: Pizza Hut Twitter Mention, October 2012

#### What we think

#### Starbucks

Figure 47: Starbucks, key social media indicators, November 2012

#### Key online campaigns

#### What we think

#### Chipotle

Figure 48: Chipotle, key social media indicators, November 2012

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Key online campaigns

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What we think Chili's Figure 49: Chili's, key social media indicators, November 2012 Key online campaigns What we think Panera Bread Figure 50: Panera Bread, key social media indicators, November 2012 Key online campaigns What we think Five Guys Figure 51: 5 Guys, key social media indicators, November 2012 Key online campaigns What we think Morton's the Steakhouse Figure 52: Morton's the Steakhouse, key social media indicators, November 2012 Key online campaigns

#### key online campaigi

#### What we think

Menu Insights Analysis—Top Menu I tems

#### Key points

Beef shifts reflect commodity prices

Chicken picks up some slack

Fish fits well in a BFY future

#### Breakfast sandwiches continue to rise

Figure 53: Top 10 menu item dishes at restaurants, by incidence, Q3 2009-Q3 2012

#### Menu item prices

Figure 54: Top 10 menu item dishes at restaurants, by incidence and price, Q3 2009-Q3 2012

#### Beverage menu shows opportunity for growth

#### Smoothies are versatile

#### Milkshakes play to snackable and dessert indulgence

#### Lemonade hosts a variety of flavors

Figure 55: Top 10 non-alcoholic beverages on menus at restaurants, by incidence, Q3 2009-Q3 2012

#### Cocktails increase 27% in three years

Figure 56: Top 10 alcoholic cocktail beverages on menus at restaurants, by incidence, Q3 2009-Q3 2012

#### Menu Insights Analysis—Top Menu I tem Claims

#### Key points

"Gluten free" becomes top menu item claim

Nostalgic claims come on strong

Not big on healthy

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Figure 57: Top 10 menu item claims at restaurants, by incidence, Q3 2009-Q3 2012

#### Ingredient claims favor "light"

#### Terms of yesteryear

Figure 58: Top 10 menu health-oriented ingredient claims at restaurants, by incidence, Q3 2009-Q3 2012

#### Restaurant Usage

#### Key points

#### Restaurant definitions

Fast food and pizza restaurants draw the most customers

#### Millennials are big restaurant fans

Figure 59: Restaurant usage, by gender and age, October 2012

#### High-income earners not as price sensitive

Figure 60: Restaurant usage, by household income, October 2012

#### Midwest presents opportunities for fast food chains

Figure 61: Restaurant usage, by region, October 2012

#### Ordering and Eating Logistics

#### Key points

#### Eating on premise is much more common than drive-thru

Figure 62: Ordering and eating logistics, by gender and age, October 2012

#### High-income earners most apt to eat on premise

Figure 63: Ordering and eating logistics, by household income, October 2012

#### Dining Out and Spending Plans

#### Key points

#### Few plan to dine out more in 2013

Figure 64: Dining out plans for 2013, by gender and age, October 2012

Figure 65: Dining out plans for 2013, by household income, October 2012

#### Sit-down dining gets the nod

Figure 66: Restaurant segment plans for 2013, October 2012

#### Most will look for less expensive dining options

Figure 67: Restaurant spending plans, by gender and age, October 2012

Figure 68: Restaurant spending plans, by household income, October 2012

#### Influence Factors

#### Key points

#### Calorie posting and environmental issues influence choices

Figure 69: Restaurant choice influence factors, October 2012

#### What Millennials want, they should get

Figure 70: Restaurant choice influence factors, by gender and age, October 2012

Figure 71: Restaurant choice influence factors, by household income, October 2012

#### Technology is important to those planning to dine out more

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Figure 72: Restaurant choice influence factors, by dining out plans for 2013, October 2012

#### Attitudes Toward Spending and Dining Out

#### Key points

The economy hinders dining out spending

- Figure 73: spending attitudes, by gender and age, October 2012
- Figure 74: spending attitudes, by dining out plans, October 2012

#### Cravings and price are determining factors

- Figure 75: Dining out attitudes, by gender and age, October 2012
- Figure 76: Dining out attitudes, by household income, October 2012
- Figure 77: Dining out attitudes, by dining out plans for 2013, October 2012

#### Beverage Purchase Behavior

#### Key points

#### Soft drinks play an important role on the menu

Figure 78: Non-alcoholic beverage purchase behavior, October 2012

#### Millennial men are beverages' best customers

Figure 79: Non-alcoholic beverage purchase behavior, by gender and age, October 2012

Figure 80: Non-alcoholic beverage purchase behavior, by household income, October 2012

#### Most adults do not order alcohol when they dine out

Figure 81: Alcoholic beverage purchase behavior, October 2012

Figure 82: Alcoholic beverage purchase behavior, by gender and age, October 2012

Figure 83: Alcoholic beverage purchase behavior, by annual household income, October 2012

#### Race and Hispanic Origin

#### Key points

#### Restaurant usage

Figure 84: Restaurant usage, by race/Hispanic origin, October 2012

#### Ordering and eating logistics

Figure 85: Ordering and eating logistics, by race/Hispanic origin, October 2012

#### Dining out and spending plans

Figure 86: Dining out plans for 2013, by race/Hispanic origin, October 2012

Figure 87: Restaurant spending plans, by race/Hispanic origin, October 2012

#### Influence factors

Figure 88: Restaurant choice influence factors, by race/Hispanic origin, October 2012

#### Attitudes toward dining out

Figure 89: Dining out attitudes, by race/Hispanic origin, October 2012

#### Cluster Analysis

Struggling Dynamos Demographics Characteristics

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	Opportunity
	Health Buffs
	Demographics
	Characteristics
	Opportunity
	Steady Stoics
	Demographics
	Characteristics
	Opportunity
	Cluster characteristic tables Figure 90: Target clusters, October 2012
	Figure 91: Restaurant usage, by target clusters, October 2012
	Figure 92: Ordering and eating logistics, by target clusters, October 2012
	Figure 93: Dining out plans for 2013, by target clusters, October 2012
	Figure 94: Restaurant spending plans, by target clusters, October 2012
	Figure 95: Restaurant choice influence factors, by target clusters, October 2012
	Figure 96: Spending attitudes, by target clusters, October 2012
	Figure 97: Dining out attitudes, by target clusters, October 2012
	Figure 98: Beverage purchase behavior, by target clusters, October 2012
	Cluster demographic tables Figure 99: Target clusters, by demographic, October 2012
	Cluster methodology
Сι	ustom Consumer Groups—Presence of Children
	Key points
	Segments should plan for families Figure 100: Restaurant usage, by presence of children in household, October 2012
	Price promotions remain important Figure 101: Dining out plans for 2013, by presence of children in household, October 2012
	Figure 102: Restaurant spending plans, by presence of children in household, October 2012
	Healthy kids' meals is most important Figure 103: Restaurant choice influence factors, by presence of children in household, October 2012
	Speed and convenience mean everything Figure 104: Dining out and spending attitudes, by presence of children in household, October 2012
	Go premium on beverages to pick up some profits Figure 105: Beverage purchase behavior, by presence of children in household, October 2012
Aı	
A	Figure 105: Beverage purchase behavior, by presence of children in household, October 2012

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#### Ordering and eating logistics

Figure 108: Ordering and eating logistics, by gender, October 2012

Figure 109: Ordering and eating logistics, by age, October 2012

#### Dining out and spending plans

Figure 110: Dining out plans for 2013, by gender, October 2012

Figure 111: Dining out plans for 2013, by age, October 2012

#### Restaurant spending plans

Figure 112: Restaurant spending plans, by age, October 2012

#### Influence factors

Figure 113: Restaurant choice influence factors, by gender, October 2012

Figure 114: Restaurant choice influence factors, by age, October 2012

#### Attitudes toward dining out and spending

Figure 115: Dining out attitudes, October 2012

Figure 116: Dining out and spending attitudes, by gender, October 2012

Figure 117: Dining out and spending attitudes, by age, October 2012

Figure 118: Dining out and spending attitudes, by region, October 2012

#### Beverage purchase behavior

Figure 119: Beverage purchase behavior, by age, October 2012

#### Appendix: Social Media-Restaurants

#### Brand usage and awareness

	Figure 120:	Usage and awareness of the Five Guys brand, October 2012	
	Figure 121:	Usage and awareness of the McDonald's brand, October 2012	
	Figure 122:	Usage and awareness of the chipotle brand, October 2012	
	Figure 123:	Usage and awareness of the Panera Bread brand, October 2012	
	Figure 124:	Usage and awareness of the Chili's brand, October 2012	
	Figure 125:	Usage and awareness of the Pizza Hut brand, October 2012	
	Figure 126:	Usage and awareness of the Morton's the Steakhouse brand, October 2012	
	Figure 127:	Usage and awareness of the Starbucks brand, October 2012	
Interaction with brands			
	Figure 128:	Interaction with the Five Guys brand, by demographics, October 2012	

#### Figure 129: Interaction with the McDonald's brand, by demographics, October 2012

Figure 130: Interaction with the Chipotle brand, by demographics, October 2012

Figure 131: Interaction with the Panera Bread brand, by demographics, October 2012

Figure 132: Interaction with the Chili's brand, by demographics, October 2012

- Figure 133: Interaction with the Pizza Hut brand, by demographics, October 2012
- Figure 134: Interaction with the Starbucks brand, by demographics, October 2012

#### Motivations for interaction

Figure 135: Reason for interaction with the McDonald's brand, by demographics, October 2012 Figure 136: Reason for interaction with the Pizza Hut brand, by demographics, October 2012

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# Online conversationsFigure 137: Percentage of consumer conversation, by restaurant brands, Aug. 27-Nov. 27, 2012Figure 138: Online mentions, by restaurant brands, by day, Aug. 27-Nov. 27, 2012Figure 139: Mentions by page type, selected restaurant brands, Aug. 27-Nov. 27, 2012Figure 140: Online mentions, by selected restaurant brands, by type of conversation, Aug. 27-Nov. 27, 2012Figure 141: Major areas of discussion surrounding restaurant brands, by day, Aug. 27-Nov. 27, 2012Figure 142: Major areas of discussion surrounding restaurant brands, by type of website, Aug. 27-Nov. 27, 2012

Appendix: Trade Associations

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