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"Increasing consumer interest in healthy and natural foods should help drive fruit and vegetable sales but a growing local foods movement and the existence of a variety of tastier healthy alternatives present challenges for the stagnant market."

- Sarah Day Levesque, Food and Drink Analyst

# This report looks at the following areas:

- · How can this stagnant category jump on the health bandwagon?
- · How can produce companies adapt to the growing local food movement?
- How can fruit and vegetables better compete in the snack category?
- How can companies help parents motivate kids to eat more produce?

Despite an increasing focus on health in America today, the ultra-healthy fruit and vegetable categories are experiencing very slow growth. Both categories grew 13-14% from 2008-13 due to poor consumer perceptions of taste and convenience and a lack of product innovation. The categories have an opportunity to capitalize on consumers' increasing demand for healthy, local, and convenient foods, as well as appeal to consumers with new occasions for fruit and vegetable use. This report will address the current situation in the fruit and vegetable market and the opportunities for innovation and sales growth.

Among the topics covered in this report are:

- What is driving, or hindering, the fruit and vegetables market?
- What is the current market size and future projections?
- Which companies have been the most aggressive in marketing, product mix, and product innovations, and are they in sync with what consumers are most interested in?
- What role does private label/store brand play in this category?
- What types of fruit and vegetables do consumers buy most often?
- · What factors influence consumer behavior and what matters most to consumers?
- What potential do innovative new products hold?

This report builds on the analysis presented in Mintel's *Fruits and Vegetables—U.S., February 2012*, *Vegetables—U.S., March 2011* (vegetable market size totals differ between the two reports as a different approach was used to eliminate inappropriate categories for this report), and *Fruit—U.S., February 2009*.

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DID YOU KNOW?

This report is part of a series of reports, produced to provide you with a more holistic view of this market



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#### **Table of Contents**

#### Scope and Themes

What you need to know

Definition

Data sources

Sales data

Consumer survey data

Abbreviations and terms

Abbreviations

Terms

#### **Executive Summary**

#### Market size and forecast

Figure 1: Total market sales and fan chart forecast of fruit, at current prices, 2008-18

Figure 2: Total market sales and fan chart forecast of vegetables, at current prices, 2008-18

#### Supermarkets, Walmart dominate but local channels making strides

Figure 3: Where consumers purchase their fruit and vegetables, August 2013

### Fruit and vegetable consumption

Figure 4: Daily fruit and vegetable consumption, by occasion, August 2013

#### Consumers interested in convenience at many levels

Figure 5: Fruit and vegetable purchasing behavior, August 2013

What we think

# Issues and Insights

How can this stagnant category jump on the health bandwagon?

Insight: Improve consumer perceptions of the segments through innovation

How can produce companies adapt to the growing local food movement?

Insight: Create products that are reminiscent of local and regional favorites

How can fruit and vegetables better compete in the snack category?

Insight: Make snack-size products more convenient

How can companies help parents motivate kids to eat more produce?

Insight: Make fruit and vegetables more fun

#### Trend Applications

Trend: Help Me Help Myself Trend: Factory Fear

Mintel Futures: Old Gold

# Market Size and Forecast

Key points

Fruit market grows on sales of fresh fruit, rising prices

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#### Sales and forecast of fruit

Figure 6: Total US retail sales and forecast of fruit, at current prices, 2008-18

Figure 7: Total US retail sales and forecast of fruit, at inflation-adjusted prices, 2008-18

#### Fan chart forecast

Figure 8: Total market sales and fan chart forecast of fruit, at current prices, 2008-18

### Vegetable category sales growth driven by growth in all segments

#### Sales and forecast of vegetables

Figure 9: Total US retail sales and forecast of vegetables, at current prices, 2008-18

Figure 10: Total US retail sales and forecast of vegetables, at inflation-adjusted prices, 2008-18

#### Fan chart forecast

Figure 11: Total market sales and fan chart forecast of vegetables, at current prices, 2008-18

#### Market Drivers

#### Key points

Desire to stay healthy drives fruit and vegetable consumption

#### Local food movement drives interest in local produce

Figure 12: National count of farmers markets, 1994-2013

More people dining at home drives vegetable consumption

# Competitive Context

Snack food alternatives overshadow fruit and vegetables

Fruit and vegetable juices allow consumers to drink their nutrition

Nutritional foods, vitamins, supplements more appealing to some

# Segment Performance

# Key points

Vegetable sales dwarf fruit sales but growth rates similar

Frozen fruit, dried beans/vegetables exceed all in sales growth

# Sales of fruit and vegetables, by segment

Figure 13: Total US retail sales of fruit and vegetables, by segment, at current prices, 2011 and 2013

# Segment Performance—Fresh Fruit

#### Key points

Volume sales growth lagging behind dollar sales growth

# Sales and forecast of fresh fruit

Figure 14: Sales and forecast of fresh fruit, at current prices, 2008-18

# Segment Performance—Processed Fruit

# Key points

Processed fruit relies on frozen fruit to keep it afloat

# Sales and forecast of processed fruit

Figure 15: Sales and forecast of processed fruit, at current prices, 2008-18

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#### Segment Performance—Fresh Vegetables

Key points

The fresh vegetables segment faces slowing sales growth

Sales and forecast of fresh vegetables

Figure 16: Sales and forecast of fresh vegetables, at current prices, 2006-16

## Segment Performance—Processed Vegetables

Key points

Processed vegetables show potential with convenient health

Sales and forecast of processed vegetables

Figure 17: Sales and forecast of processed vegetables, at current prices, 2008-18

## Segment Performance—Fresh Cut Salads

Key points

Fresh cut salads still gaining momentum

Sales and forecast of fresh cut salads

Figure 18: Sales and forecast of fresh cut salads, at current prices, 2008-18

# Segment Performance—Dried Beans and Vegetables

Key points

Dried beans and vegetables enjoy strong sales growth

Sales and forecast of dried beans and vegetables

Figure 19: Sales and forecast of dried beans and vegetables, at current prices, 2008-18

Fan chart forecast of dried beans and vegetables

Figure 20: Total Market sales and fan chart forecast of dried beans and vegetables, at current prices, 2008-18

#### Segment Performance—Other Beans

Key points

Other bean sales growth slowing

Sales and forecast of other beans

Figure 21: Sales and forecast of other beans, at current prices, 2008-18

#### Retail Channels

Key points

Supermarkets top seller of fruits and vegetables

Sales of fruit and vegetables, by channel

Figure 22: Total US retail sales of fruit and vegetables, by channel, at current prices, 2011-13

Supermarkets, Walmart dominate but local channels making strides

Figure 23: Where consumers purchase their fruit and vegetables, August 2013  $\,$ 

Age, income influence where people shop for produce

Figure 24: Where consumers purchase their fruit and vegetables, by household income, August 2013

Figure 25: Where consumers purchase their fruit and vegetables, by age, August 2013

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## Leading Companies

#### Key points

Sales for category leader Dole drop nearly 5%

#### Manufacturer sales of fruit and vegetables

Figure 26: MULO sales of fruit and vegetables, by leading companies, rolling 52 weeks 2012 and 2013

#### Green Giant leads growth in frozen vegetables segment

Figure 27: MULO sales of frozen vegetables, by leading companies, rolling 52 weeks 2012 and 2013

#### Multiple brands find success with dry beans, vegetables, ancient grains

Figure 28: MULO sales of dry beans/vegetables, by leading companies, rolling 52 weeks 2012 and 2013

#### Innovations and Innovators

#### Fruit product launches gained on vegetable through 2012

Figure 29: New produce product introduction, by segment, 2008-13

#### Private label maintains healthy portion of new product launches

Figure 30: New produce product introductions, by brand versus private label, 2008-13

#### New products launches answer consumer demand for convenience

#### Marketing Strategies

#### Overview of the brand landscape

### Brand analysis: Del Monte

Figure 31: Brand analysis of Del Monte, 2011

#### Online initiatives

### TV presence

Figure 32: Del Monte, Del Monte Beans: Bursting with Life, 2013 Figure 33: Del Monte, Del Monte Peaches: Bursting with Life, 2013

#### Brand analysis: Walmart

Figure 34: Brand analysis of brand, 2011

#### Online initiatives

#### TV presence

Figure 35: Walmart, "Fresh-over: Produce from Walmart", 2013

# Brand analysis: Green Giant

#### Online initiatives

Figure 36: Green Giant, Caught in the  $\mathsf{Act}-\mathsf{Extra}$  Vegetable Affair, 2013

#### TV presence

Figure 37: Green Giant, Up Your Game, 20132

### Vegetable Consumption

#### Key points

## Almost all consumers eat vegetables; most low or medium users

Figure 38: Total servings of vegetables eaten each day, by occasion (nets), August 2013

Figure 39: Daily vegetable consumption, by usage group, by age, August 2013

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Figure 40: Daily vegetable consumption, by servings, by presence of children in household, August 2013

#### Lunch, dinner most common occasions for vegetable consumption

Figure 41: Total servings of vegetables eaten each day, by occasion, by gender, August 2013

Figure 42: Total servings of vegetables eaten each day, by occasion, by age, August 2013

#### Fruit Consumption

#### Key points

## Fruit not quite as popular as vegetables

Figure 43: Total servings of fruits eaten each day, August 2013

Figure 44: Daily fruit consumption, by servings, by age, August 2013

Figure 45: Daily fruit consumption, by servings, by household size, August 2013

#### Fruit most commonly used as a snack

Figure 46: Total servings of fruits eaten each day, by occasion, by gender, August 2013

#### Types and Form of Fruits and Vegetables Eaten

#### Key points

#### Frozen, canned lag far behind fresh in consumers' purchasing

Figure 47: Fruit and vegetable purchases by type and format, August 2013

Figure 48: Attitudes on fruit and vegetables, August 2013

Figure 49: Types of frozen vegetables eaten, by household

### Frozen, canned appeal to households with kids, in particular

Figure 50: Fruit and vegetables purchasing behavior, by presence of children in household, August 2013

# Fruit and Vegetable Purchasing Behavior

### Key points

### Older consumers want fresh, local; younger want organic

Figure 51: Fruit and vegetable purchasing behavior, by age, August 2013

#### Consumers want convenience in a variety of definitions

Figure 52: Fruit and vegetable purchasing behavior, by age, August 2013

### Fruit and Vegetable Consumption Behavior

### Key points

# Men less likely to feel guilty about not eating enough produce

Figure 53: Fruit and vegetable consumption behavior, by gender, August 2013

# More than a third of parents have trouble getting kids to eat vegetables

Figure 54: Fruit and vegetable consumption behavior, August 2013

Figure 55: Attitudes on fruit and vegetables, August 2013

Figure 56: Fruit and vegetable consumption behavior, August 2013

# Parents lead by example in fruit and vegetable consumption

Figure 57: Fruit and vegetable consumption behavior, by serving of vegetables in a day, August 2013

Figure 58: Fruit and vegetable consumption behavior, by serving of fruits in a day, August 2013

## Attitudes Toward Fruit and Vegetables

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#### Key points

#### Consumers skeptical of imported fruit and vegetable safety

Figure 59: Attitudes on fruit and vegetables, by age, August 2013

#### Parents more likely to want information, convenience

Figure 60: Attitudes on fruit and vegetables, by presence of children in household, August 2013

#### Race and Hispanic Origin

## Key points

### Hispanics more likely to be high users, White consumers less likely

Figure 61: Daily vegetable consumption, by servings, by race/Hispanic origin, August 2013

Figure 62: Daily fruit consumption, by servings, by race/Hispanic origin, August 2013

#### Hispanic consumers buy more canned vegetables, canned, frozen fruit

Figure 63: Fruit and vegetable purchasing behavior by format, by race/Hispanic origin, August 2013

#### Key Household Purchase Measures—Fruit

#### Overview of canned/bottled fruit

#### Canned/bottled mixed fruit

## Consumer insights on key purchase measures—canned/bottled mixed fruit

# Brand map

Figure 64: Brand map, selected brands of canned/bottled mixed fruit buying rate, by household penetration, 2012\*

### Brand leader characteristics

### Key purchase measures

Figure 65: Key purchase measures for the top brands of canned/bottled mixed fruit, by household penetration, 2012\*

#### Canned/bottled pineapple

# Consumer insights on key purchase measures—canned/bottled pineapple

#### Brand map

Figure 66: Brand map, selected brands of canned/bottled pineapple buying rate, by household penetration, 2012\*

#### Brand leader characteristics

# Key purchase measures

Figure 67: Key purchase measures for the top brands of canned/bottled pineapple, by household penetration, 2012\*

# Canned/bottled peaches

#### Consumer insights on key purchase measures—canned/bottled peaches

# Brand map

Figure 68: Brand map, selected brands of canned/bottled peaches buying rate, by household penetration, 2012\*

## Brand leader characteristics

#### Key purchase measures

Figure 69: Key purchase measures for the top brands of canned/bottled peaches, by household penetration, 2012\*

# Key Household Purchase Measures—Vegetables

### Overview of vegetables

Canned/bottled corn



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#### Consumer insights on key purchase measures—canned/bottled corn

#### Brand map

Figure 70: Brand map, selected brands of canned/bottled corn buying rate, by household penetration, 2012\*

#### Brand leader characteristics

#### Key purchase measures

Figure 71: Key purchase measures for the top brands of canned/bottled corn, by household penetration, 2012\*

#### Canned/bottled green beans

# Consumer insights on key purchase measures—canned/bottled green beans

#### Brand map

Figure 72: Brand map, selected brands of canned/bottled green beans buying rate, by household penetration, 2012\*

#### Brand leader characteristics

#### Key purchase measures

Figure 73: Key purchase measures for the top brands of canned/bottled green beans, by household penetration, 2012\*

## Canned/bottled green peas

### Consumer insights on key purchase measures—canned/bottled green peas

#### Brand map

Figure 74: Brand map, selected brands of canned/bottled green peas buying rate, by household penetration, 2012\*

#### Brand leader characteristics

# Key purchase measures

Figure 75: Key purchase measures for the top brands of canned/bottled green peas, by household penetration, 2012\*

# Appendix - Market Drivers

#### Consumer confidence

Figure 76: University of Michigan's index of consumer sentiment (ICS), 2007-13

#### Unemployment

Figure 77: US unemployment rate, by month, 2002-13

Figure 78: US unemployment and underemployment rates, 2007-13

Figure 79: Number of employed civilians in US, in thousands, 2007-13

#### Food cost pressures

Figure 80: Changes in USDA Food Price Indexes, 2011-14

# Obesity

Figure 81: American adults, by weight category as determined by body mass index (BMI), 2008-June 20, 2013

### Childhood and teen obesity—highest in decades

Figure 82: Prevalence of obesity among children and adolescents aged 2-19, 1971-2010

## Racial, ethnic population growth

Figure 83: US population by race and Hispanic origin, 2008, 2013, and 2018

Figure 84: Households with children, by race and Hispanic origin of householder, 2012

## Shifting US demographics

Figure 85: US population, by age, 2008-18

Figure 86: US households, by presence of own children, 2002-12



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## Appendix – Other Useful Market Size Tables

Figure 87: Total US sales and forecast of fruit and vegetables, by segment, at current prices, 2008-18

Figure 88: Total US sales and forecast of fruit, by category, at current prices, 2008-18

Figure 89: Total US sales and forecast of vegetables, by category, at current prices, 2008-18

Figure 90: Total US sales and forecast of vegetables, by category, at current prices, 2008-18 (continued)

Figure 91: MULO sales of frozen fruit, by leading companies, rolling 52 weeks 2012 and 2013

Figure 92: MULO sales of canned fruit, by leading companies, rolling 52 weeks 2012 and 2013

Figure 93: MULO sales of canned vegetables, by leading companies, rolling 52 weeks 2012 and 2013

Figure 94: MULO sales of beans, by leading companies, rolling 52 weeks 2012 and 2013

Figure 95: MULO sales of fresh cut salads, by leading companies, rolling 52 weeks 2012 and 2013

#### Appendix – Other Useful Consumer Tables

Figure 96: Total servings of vegetables eaten each day, by occasion, August 2013

Figure 97: Total servings of fruits eaten each day, by occasion, August 2013

Figure 98: Total servings of vegetables eaten each day, by occasion (nets), August 2013

Figure 99: Total servings of fruits eaten each day, by occasion (nets), August 2013

Figure 100: Total servings of vegetables eaten each day, by occasion, by gender, August 2013

Figure 101: Total servings of vegetables eaten each day, by occasion, by age, August 2013

Figure 102: Total servings of vegetables eaten each day, by occasion, by household income, August 2013

Figure 103: Total servings of vegetables eaten each day, by occasion, by race/Hispanic origin, August 2013

Figure 104: Fruit and vegetable purchases by type and format, August 2013

Appendix – Information Resources Inc. Builders Panel Data Definitions

Information Resources Inc. Consumer Network Metrics

Appendix – Trade Associations

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