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"Drinking culture has long played a major role in students' social lives. However, there are signs that times are changing, with one in five students saying that they do not drink alcohol at all, while an even higher proportion show interest in more alcohol-free social events."

- Jack Duckett, Senior Consumer Lifestyles Analyst

### This report looks at the following areas:

This paves the way for the leisure and retail sectors to rethink their approach when it comes to engaging with this cohort, such as by playing a more supportive role for their mental and physical health needs.

- Student drinking culture dries up
- Student mental health: offering a helping hand

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### **Table of Contents**

#### **Overview**

What you need to know

Report scope

### **Executive Summary**

Demographic Overview

Student numbers return to growth

Figure 1: Students by level of study, 2000/01 to 2016/17

Brexit sparks rise in EU student numbers

University gender gap reaches record levels

Student finances hold up well

The consumer

Learning boosts opportunities for earning

Figure 2: Top reasons for going to university, October 2018

An opportunity for student mental health campaigns

Figure 3: Attitudes towards aspects of student life, October 2018

Students keep alcohol costs to minimum

Figure 4: Student expenditure on a monthly and weekly basis (Mean spend), October 2018

Modern students more practical than the stereotype suggests ...

Figure 5: Student confidence in carrying out domestic tasks, October 2018

Over a fifth of students keep active every day

Figure 6: Frequency of selected activities, October 2018

What we think

### **Issues and Insights**

Student drinking culture dries up

The facts

The implications

Student mental health: offering a helping hand

The facts

The implications

### **Demographic Overview – What You Need to Know**

Student numbers return to growth

Brexit sparks rise in EU student numbers

University gender gap reaches record levels

Student fees under review

Student finances hold up well

Living situation



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### **Demographic Overview: Students**

#### Student numbers return to growth

Figure 7: Students by level of study, 2000/01 to 2016/17

### Brexit sparks rise in EU student numbers

Figure 8: HE student enrolments, by domicile, 2012/13 to 2016/17

#### University gender gap reaches record levels

Figure 9: HE student enrolments, by gender, 2012/13 to 2016/17

#### Gender stereotypes persist

Figure 10: HE student enrolments, by course type and gender, 2016/17

Figure 11: US Ad Council "She Can Stem" campaign, September 2018

### **Demographic Overview: Student Finances**

### Student fees under review

#### Student finances hold up well

Figure 12: How students describe their current financial situation, October 2018

Figure 13: How students describe their current financial situation, by gender, October 2018

#### Living situation

Figure 14: Current living situation, by duration at university, October 2018

### The Consumer - What You Need to Know

Learning boosts opportunities for earning

The important social aspect of student life

Students struggle to get enough sleep

An opportunity for student mental health campaigns

Student life no longer centres on heavy drinking

Boosting student recycling habits

Confidence levels align with gender roles

A more grown-up approach towards student life

Over a fifth of students keep active every day

### **Reasons for Going to University**

### University still about learning ...

Figure 15: Top reasons for going to university, by gender, October 2018

### ... But also the prospects of a career boost

Figure 16: Top reasons for going to university, October 2018

### Boys learn to boost earnings

Figure 17: Men and Boys Coalition, November 2018

The important social aspect of student life

### **Attitudes towards Student Lifestyles**

### Students struggle to get enough sleep

Figure 18: Attitudes towards aspects of student life, October 2018

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Figure 19: Sleep 101 initiative, August 2018

### A desire for more mental health support

Figure 20: Attitudes towards aspects of student life, by gender, October 2018

### An opportunity for student-focused mental health campaigns

Figure 21: LEGO 'Need an escape?' campaign, October 2018

Student drinking culture on the wane

### **Student Spending Habits**

### Housing costs dominate student spending

Figure 22: Students' expenditure on rent and mobile phone on a monthly basis (mean spend), October 2018

Figure 23: Students' expenditure on rent on a monthly basis (mean spend), by university region, October 2018

### Student food and drink spend approaches family average

Figure 24: Weekly term time expenditure (mean spend), October 2018

### Opportunities for low- and no-alcohol drinks market

Figure 25: Weekly term time expenditure on alcohol (mean spend), by age and gender, October 2018

Figure 26: Heineken "Now You Can" campaign, July 2018

#### **Confidence in Carrying out Domestic Tasks**

### Modern students more practical than the stereotype suggests ...

Figure 27: Confidence in carrying out domestic tasks, October 2018

### ... Albeit confidence in their recycling habits may be misplaced

Figure 28: Garnier and dosomething.org 'Rinse, Recycle, Repeat' campaign, March 2018

### Confidence levels align with gender roles

Figure 29: Proportion of students "not very confident" or "not at all confident" (NET) carrying out selected domestic tasks, by gender, October 2018

Students prove less confident when it comes to managing their finances

### **Frequency of Activities**

### A more grown-up approach towards student life

Figure 30: Frequency of selected activities, October 2018

### Over a fifth of students keep active every day ...

### ... But female students continue to lag behind

Figure 31: Frequency of selected activities – exercise, by gender, October 2018

### Linking exercise and mental health

Figure 32: David Lloyd Gym's 'Vitamin Me' class, October 2018

### Is student drinking culture on the wane?

Figure 33: How frequently students drink alcohol, by gender, October 2018

### Appendix - Data Sources, Abbreviations and Supporting Information

### Abbreviations

Consumer research methodology

### **Appendix - Demographic Overview**

Figure 34: Female – Trends in HE student enrolments, by course type, 2014/15-2016/17

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Figure 35: Male – Trends in HE student enrolments, by course type, 2014/15-2016/17

Figure 36: All students – Trends in HE student enrolments, by course type, 2014/15-2016/17

Figure 37: Trends in levels of HE enrolments, by sex, 2014/15-2016/17

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