

Report Price: £3170.69 | \$3990.00 | €3696.39

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.



"Three misconceptions about senior consumers: assuming they tend to live the old fashioned way and thus think less about improvement and would pay more for premium or advanced product features just because they can afford and not recognising the diversity of the senior consumers in terms of their values and pursuits."

Alina Ma, Senior Research Analyst

# This report looks at the following areas:

- Working past retirement age to support the offspring
- Caring for the senior's emotional wellbeing
- Accommodating to seniors' special shopping habits
- Marketing communications should target not only senior consumers but also their children

#### Covered in this Report

This Report interviews people aged 55-74 (born between 1961-1942) in China and explores their lifestyles and values they believe. For the purpose of this Report, the word 'seniors' and the phrase 'senior citizens' are used to refer to this demographic.

This Report defines a group of SS (Sophisticated Seniors), who represent a significant, sophisticated consumer group who are wealthy, educated, have passions and aspirations for life and are the potential trendsetters or opinion leaders within the senior demographics.

- They need to have a higher level of income: a household income of RMB 12,000 per month.
- They need to have a higher level of education: senior high or above.
- Lastly, they also need to meet several key lifestyle criteria, chosen by Mintel, to represent
  a significant measure of consuming power and aspiration, as well as reflecting a certain
  level of cultural and lifestyle sophistication: choosing three or more items from the
  following seven activities they have done in the past 12 months, ie doing exercise
  regularly, using a smart phone/tablet, spending time on hobbies, going out and making
  new friends, watching online videos regularly, attending live performances at least twice,
  travelling aboard.

Accordingly, those who fail to meet the above criteria will be defined as Non-SS (Non-Sophisticated Seniors). There are 132 SS (accounting for 17% of total sample) and 668 Non-SS (accounting for 83% of total sample).

# BUY THIS REPORT NOW

**VISIT:** store.mintel.com

**CALL:**EMEA
+44 (0) 20 7606 4533

Brazil 0800 095 9094

+1 (312) 943 5250

+86 (21) 6032 7300

APAC +61 (0) 2 8284 8100

**EMAIL:** reports@mintel.com

**DID YOU KNOW?** 

This report is part of a series of reports, produced to provide you with a more holistic view of this market



Report Price: £3170.69 | \$3990.00 | €3696.39

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

## **Table of Contents**

#### **Overview**

What you need to know

Covered in this Report

#### **Executive Summary**

The consumer

#### Tapping the potential of Chinese seniors, beyond health

Figure 1: Activities on which over-55s like to spend more time in the next 12 months, December 2016

#### Yet to take actions for chronic health issues

Figure 2: Health issues and different solutions, December 2016

#### Healthy living is not considered to be difficult

Figure 3: Health belief and trust on online information, December 2016

Figure 4: Eating behaviours and preferred food choices, December 2016

Figure 5: Perception on nutrition, December 2016

Figure 6: Opinions about staying young, December 2016

Figure 7: Role of physical examinations, December 2016

# Definition for "healthy food": less is the best

Figure 8: Important factors to define a healthy food, December 2016  $\,$ 

#### Healthy diet: routines and ingredients are both important

Figure 9: Ways to achieve a healthy diet, December 2016

# Traditional channels remain the highest relevance

Figure 10: Changes in shopping channels in the past 12 months, December 2016

# Conventional but more open-minded

Figure 11: Desired image to the outside world in word cloud, December 2016

#### Three types of seniors

Figure 12: Consumer segmentation based on their attitudes towards life, December 2016

What we think

#### **Issues and Insights**

Working past retirement age to support the offspring

The facts

The implications

Caring for the senior's emotional wellbeing

The facts

The implications

Accommodating to seniors' special shopping habits

The facts

The implications

BUY THIS REPORT NOW VISIT: store.mintel.com

**CALL:** EMEA +44 (0) 20 7606 4533 | Brazil 0800 095 9094 Americas +1 (312) 943 5250 | China +86 (21) 6032 7300



Report Price: £3170.69 | \$3990.00 | €3696.39

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

Marketing communications should target not only senior consumers but also their children

The facts

The implications

#### **Demographic Overview**

Changing to a more complex demographic picture

A significant proportion of young seniors are not protected by pension

Figure 13: Pension situation, by age and gender. December 2016

A considerable number of seniors stay in the workforce after retirement

Figure 14: Working status, by age and gender. December 2016

Figure 15: Comparison of working status of women aged 55-59 between 2015 and 2016, December 2016

A strong desire to financially support their children

Women, the unfairer sex?

Figure 16: Monthly personal income, by gender, December 2016

#### The Consumer - What You Need to Know

Being healthy, and more importantly, active

Rising opportunity in metal health improvement

Seeking familiarity and value-for-money options

Going with the basics

Traditional ways of selling rule

## **Life Priority**

#### Health is the top priority

Figure 17: Activities on which over-55s like to spend more time in the next 12 months, December 2016

Fun does not belong only to youths

Active aging

No more good sleep

Working out is popular among seniors

Sophisticated Seniors tend to live for themselves

Figure 18: Interested activities in the next 12 months, by consumer classification, December 2016

# **Health Issues and Solutions**

#### Physical pain is a key health indicator

Figure 19: Health issues, December 2016

Mental health is a ticking bomb

# Not very active in seeking treatments

Figure 20: Measures taken to deal with health issues, December 2016

Figure 21: Percentage of sufferers who take no measures for health issues, December 2016

Figure 22: Percentage of sufferers who take medicine for health issues, December 2016

Figure 23: Taking health supplement for health issues, December 2016

Females are more sensitive to illnesses

BUY THIS REPORT NOW VISIT: store.mintel.com

**CALL:** EMEA +44 (0) 20 7606 4533 | Brazil 0800 095 9094 Americas +1 (312) 943 5250 | China +86 (21) 6032 7300



Report Price: £3170.69 | \$3990.00 | €3696.39

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

Figure 24: Health issues, by gender, December 2016

#### Target certain diseases at an early age

Figure 25: Comparison of health issues in 2015 and 2016, by age, December 2016

#### Sophisticated Seniors are more health-conscious

Figure 26: Health issues, by consumer classification, December 2016

#### **Attitudes towards Diets and Wellness**

#### Not sweat over living healthily

Figure 27: Attitude towards health management, December 2016

#### Like to eat in and eat familiar food

Figure 28: Eating behaviours, December 2016

#### Just being familiar is not enough

#### Healthy diets beat all

Figure 29: Preferred food choices, December 2016

#### New meaning of "value for money"

#### Limited knowledge about nutrition

Figure 30: Perception on nutrition, December 2016

#### Sophisticated Seniors are more open to new health concepts

Figure 31: Perception on nutrition, by consumer classification. December 2016

Figure 32: Health management, by consumer classification. December 2016

# **Attitude towards Aging**

#### Polarised opinions about aging

Figure 33: Opinions about staying young, December 2016

# "Transforming aging" group: old is not a word in my dictionary

Figure 34: Interested activities, by consumer classification, December 2016

Figure 35: Perception on healthy eating, by consumer classification, December 2016

Figure 36: Perception on nutrition, by consumer classification, December 2016

Figure 37: Healthy eating habits and beliefs of transforming aging group when comparing to embracing old age group, December 2016

#### "Embracing old age" group: happy with traditional, familiar ways

Figure 38: Life meaning and priority, by consumer classification, December 2016

Figure 39: Perception on healthy eating, by consumer classification, December 2016

Figure 40: Healthy eating habits and beliefs, by consumer classification, December 2016

# A big impact of traditional culture and values on Sophisticated Seniors' view on aging

Figure 41: Attitudes towards aging, by consumer type, December 2016

# **Healthy Diet Claims**

#### Preferences are quite similar

Figure 42: Important factors to define a healthy food, December 2016

Less is the best

Natural beats organic



VISIT: store.mintel.com

**CALL:** EMEA +44 (0) 20 7606 4533 | Brazil 0800 095 9094 Americas +1 (312) 943 5250 | China +86 (21) 6032 7300



Report Price: £3170.69 | \$3990.00 | €3696.39

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

Slowness and moderation equal safety

Calorie concept is not widely accepted

Provenance does not make a big difference

Differences among demographics

Sophisticated Seniors are less into "added/more" claims

# **Healthy Eating Habits**

# Freshness is the key to achieve healthiness

Figure 43: Ways to achieve a healthy diet, December 2016

A good eating habit is of great importance

Impact of gender, age and income

Sophisticated Seniors don't have any special tricks to eat healthily

#### **Purchase Channels**

#### Supermarket and food markets are the key channels

Figure 44: Changes in shopping channels in the past 12 months, December 2016

Most desired features of retailers: location and value

Online channels got potential

Figure 45: Trust on online information, December 2016

Sophisticated Seniors are more open to modern ways of shopping

# **Ideal Image**

# Intend to hide from the crowd

Figure 46: Desired image to the outside world in word cloud, December 2016

# Living in the other people's eyes

Figure 47: Desired relationship with other people, December 2016

Desired images are different between genders

Sophisticated Seniors want to have a versatile life, rather than be more noticed and known

# **Psychographic Overview**

# Have a positive view on their lives

Figure 48: Any agreement (including strongly agree and agree) with the statement about attitude towards current life, December 2016

Figure 49: Strongly agree and agree on the statement that "it's a proud thing to stay healthy at my age", by grandchild's age, December 2016

# Will gradually adopt new things

Figure 50: Any agreement (including strongly agree and agree) with the statement about acceptance to new things, by gender, age and monthly household income, December 2016

#### Conflicting behaviour in give their children more leeway

Figure 51: Any agreement (including strongly agree and agree) with the statement about expectation on children, December 2016

# Polarised attitudes towards money spending

Figure 52: Any agreement (including strongly agree and agree) with the statement about future financial plans, December 2016

## **Consumer Segmentation**

#### Three types of over-55s

Figure 53: Consumer segmentation based on their attitudes towards life, December 2016

BUY THIS REPORT NOW

VISIT: store.mintel.com

**CALL:** EMEA +44 (0) 20 7606 4533 | Brazil 0800 095 9094 Americas +1 (312) 943 5250 | China +86 (21) 6032 7300



Report Price: £3170.69 | \$3990.00 | €3696.39

The above prices are correct at the time of publication, but are subject to change due to currency fluctuations.

# New experience seekers (新体验追求者): from anti-aging to smart aging

Figure 54: Acceptance to new things, by consumer segment, December 2016

Figure 55: Attitude towards current life, by consumer segment, December 2016

Figure 56: Expectation on children, by consumer segment, December 2016

Figure 57: Future financial plans, by consumer segment, December 2016

### Tradition followers (传统坚守者): my children's wellbeing matters most

Struggling thrivers (奋力追赶者): tired of matching up to the changes

Figure 58: Expectation on children, December 2016

Figure 59: Perception on finance management of struggling strivers, December 2016

#### Sophisticated Seniors tend to be New Experience Seekers

Figure 60: Consumer segmentation based on their attitudes towards life, by consumer type, December 2016

# **Appendix - Methodology and Abbreviations**

Methodology

Abbreviations

**EMAIL:** reports@mintel.com